

**HUB HOURS**

MON-FRI

10AM-3PM

SATURDAY

9AM-11AM

SUNDAY-CLOSED

**WINDSOR FEDERAL**

**SAVINGS HOURS**

TUESDAYS

9AM-NOON

**BISTRO HOURS**

MON-FRI

11AM-1:30PM

4:30PM-6:30PM

SATURDAY

11AM-1:30PM

SUNDAY-CLOSED

**MARKETPLACE**

MON-FRI

9AM-4PM

SATURDAY

11AM-1:30PM

**MAIN DINING ROOM**

TUESDAY-FRIDAY

5PM-7PM

SATURDAY BUFFET

5PM-7PM

SUNDAY BRUNCH

11AM-1:30PM

**SNEAK PEEK! into June 2026**

Monday, June 1 Dizziness in-service Jillian Kossbiel, PT, DPT (Speaker)

Tuesday, June 2 Hilltop Open House

Wednesday, June 3 Sesquicentennial Lecture by Renee Bernasconi

Thursday, June 11 Tamila Azadaliyeva (Pianist)

Thursday, June 25 Infinity Saxophone Quartet

**HEALTH SERVICES TOURS: SNF**

**Thursday, May 14 at 1:30 pm**

The 2nd Thursday of every month at 1:30 pm, there will be tours available to one of the three health services areas: The Waterman (June )The Views (July)

Meet in the main lobby.

**Thursday, May 14 at 10am in the Heritage Room**

H.O.P.E. Partners of Farming presents their Medical Equipment Closet. Learn about what types of equipment you can borrow.

**GIFT SHOP BY DOOR 24**

Open Mondays from  
10:30am to 2:00pm

**Gardens & Greenhouse  
Committee FYI**

All Plants Need to be out of the  
Greenhouse by Friday, May 15

**UConn Adult Learning Program**

**May Classes**

Geography for Armchair Travelers \* Hikes \* Spring Migration: Warblers and Bobolinks \* Birds & Wildlife of the Galapagos Islands \* The World's Religious Traditions: Buddhism & Hinduism UCONN ALP/ \$65 a semester

See **ALPHorn** and [alp.uconn.edu](http://alp.uconn.edu) for class dates, times, and locations

**RESIDENT ENGAGEMENT TEAM**

Heather Cahill, VP - 959-255-6461

Ramon Flores, Events Coordinator - 860-286-4285

Coletta Innocent, Transportation Coordinator - 860-286-5668

Leah Mckie, Receptionist-860-286-6050

Bob Morrissey, Driver-860-286-0243

Tiffany Smith, Director - 860-243-6065

Cleveland Williams, Off Campus Experience Coordinator - 860-992-2795



**SEABURY MONTHLY**

WWW.SEABURLIFE.ORG



May 2026



**David Eberly (Pianist)  
Tuesday, May 5, at 7:15pm  
in the Chapel**

David Eberly is a renowned pianist from the Greater Hartford area. Blind since birth David started playing piano by ear around age three.

**Coffee with Leadership**

**Tuesday, May 11, at 11:00am in Nelsons**

Join Heather Cahill, VP of Philanthropy & Engagement and Sam Vogt, VP of Human Resources. Come get all your questions answered and share your feedback.

Sign up outside the CAS.



**Tenpenny Bounce Jazz Band  
Tuesday, May 19, at 7:15pm  
in the Chapel**

Tenpenny Bounce has its roots in New Orleans, Chicago, and New York style jazz. With its lineup coming straight from the sounds of 1920's and 1930's era Jazz; trumpet, clarinet, trombone, bass saxophone, banjo, and tenor guitar. Tenpenny Bounce will get your toes tapping and transport you back to a bygone era of music.

**Special Series! Up & Off the Floor!**

**Fridays through May 29th at 1:15pm**

**In Heritage Room**

Welcome back former intern Ashima who will be leading this class. This class teaches practical techniques and exercises to safely get down and off the floor.

**DRAWING Six weeks from May 5 – June 9**

**Tuesdays 10:00am to 12pm in CAS**

\$120 includes materials

Come draw with us! Each week, we review the basics, loosen up with some stimulating exercises, and tackle new inspirations. Beginners through experienced artists there is a place for you in this class.

**The Seabury Musicians Guild**

**Friday May 15, at 7:15pm in the Chapel**

Come and enjoy the chorus and chimes ensembles for a delightful musical concert.

**VISUAL ARTS SPECIAL FILM PRESENTATION**

**May 20, 7:15pm Chapel &**

**May 24, 3:00pm Heritage Room**

**"BILL CUNNINGHAM NEW YORK"**

This documentary provides a visual feast and fun from the NYTimes celebrated photographer. "...a delicate, funny and often poignant portrait of a dedicated artist whose only wealth is his own humanity and unassuming grace." Rotten Tomatoes = 99%

**The United States Coast Guard Band**

**Chamber Players**

**Saturday, May 30, at 7:15pm in the Chapel**

The US Coast Guard Band Chamber Recital Series was established in 1977 as a musical initiative dedicated to showcasing the diverse talents of the US Coast Guard Band's musicians. Recitals feature chamber music performances, during which small ensembles present a wide range of classical and contemporary works. The performance highlights the technical skill and artistic expression of the musicians, while providing an engaging musical experience to audiences.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BP-Bistro Parlor (4) BR-Board Rm (EW 4) BT-Britton Room (SW 5) CAC-Cultural Arts Corridor (4) CAS-Community Activity Space (4) CFS-Center for Spirituality (SW 3) CH-Chapel (SW 3)	CR-Clock Room (5) CS-Case Rm (SW 6) EN-Encore (WW 3) GR-Game Room GS-Gift Shop at Door 24 (3) GV-Garden View Room (3) HR-Heritage Room (3) MDR-Main Dining Room (4) MR-Music Room (3)	RW-Resident Workshop (3) SW DS-South Wing Dance Studio (SW 3) TOS-Top of the Stairs (4) TR-Terrace Room (3) VAR-Views Activity Room (4) VLR-Views Living Room (4) ZM-Zoom		<b>1</b> 9:00 AM Comm Comm-CS (6th Floor SW) <b>10:00 AM Geissler's-Grocery Run</b> <b>1:15 PM Up &amp; Off the Floor! -HR</b> 2:00 PM Good Friday Stations of the Cross -CH 3:00 PM Storytellers-HR 4:00 PM Drop-in Social-TOS	<b>2</b> 9:00 AM Men's Mug-TR 10:30 AM Bocce Ball-Hilltop	
<b>3</b> 2:00 PM Holy Eucharist-CH 3:00 PM Movie- WHO WE ARE NOW -HR	<b>4</b> <b>10:00 AM Avon Walmart Run</b> 10:30 AM Gift Shop by Door 24 Open 12:00 PM Weight Winners-HR 1:00 PM Open Studio-CAS 1:00 PM Opera Club- CH 3:00 PM Mahjong in GR Lvl 5 3:15 PM Bridge-CAS	<b>5</b> 9:00 AM Encore Donations-EN 9:00 AM Bank Open 2:00 PM Cordelia's Support Group -CFS 4:00 PM Processing Grief-CFS 4:00 PM Drop-in Social-TOS 6:00 PM Coin Club-HR <b>7:15 PM David Eberly (Pianist)-CH</b>	<b>6</b> 9:00 AM Hospitality Committee-HR 11:00 AM Holy Eucharist-CH 3:30 PM FG Book Club- HR 7:15 PM Movie-FROM HERE TO ETERNITY -CH	<b>7</b> <b>8:30 AM Men's Breakfast-MDR</b> 10:00 AM Encore Open 10:00 AM Open Workshop-RW 11:00 AM Maundy Thursday worship -CH 12:00 PM Chaplain Lunch-Bistro 1:00 PM Chimes-HR 1:00 PM Cribbage-5th FL GR 3:15 PM Prayer Shawl Min.-VLR	<b>8</b> <b>10:00 AM Stop &amp; Shop/ CVS-Grocery Run</b> 10:30 AM SAHMC Monthly Meeting-BR 11:00 AM Shabbat Program-CH <b>1:15 PM Up &amp; Off the Floor! -HR</b> 4:00 PM Drop-in Social-TOS 7:00 PM Games-CAS	<b>9</b> 9:00 AM Men's Mug-TR 10:30 AM Bocce Ball-Hilltop
<b>10</b> 2:00 PM Holy Eucharist-CH 3:00 PM Movie- FROM HERE TO ETERNITY -HR	<b>11</b> <b>10:00 AM New Residents' Reception -CH</b> 10:00 AM Library Committee-CAS 10:30 AM Gift Shop by Door 24 Open <b>11:00 AM Coffee with Leadership-Nelson's</b> 1:00 PM Open Studio-CAS 1:00 PM Opera Club- CH 3:00 PM Finance & Budget-BR 3:00 PM Mahjong in GR Lvl 5 3:15 PM Bridge-CAS	<b>12</b> 9:00 AM Encore Donations-EN 9:00 AM Bank Open 9:30 AM Health Services-HR 11:00 AM Trails Committees-BR 1:00 PM AHCC-Bistro 2:00 PM Dining Services-CAS 3:30 PM Scripts Alive- CAS 2:00 PM Cordelia's Support Group -CFS 4:00 PM Processing Grief-CFS 4:00 PM Drop-in Social-TOS	<b>13</b> <b>10:30 AM Resident's Council-CH</b> 3:30 PM Low Vision Support-HR 7:15 PM Movie-YOU CAN COUNT ON ME -CH	<b>14</b> <b>10:00 AM Medical Equipment Presentation- HR</b> 10:00 AM Open Workshop-RW 12:00 PM Chaplain Lunch-Bistro 1:00 PM Chimes-HR 1:00 PM Cribbage-5th FL GR <b>1:30 PM Health Services Tour-SNF</b> 2:00 PM French Conversation-CR 3:00 PM Performing Arts Committee-BR 3:15 PM Prayer Shawl Min.-VLR	<b>15</b> <b>10:00 AM Geissler's-Grocery Run</b> <b>1:15 PM Up &amp; Off the Floor! -HR</b> <b>3:00 PM Resident Birthday Party- CAS</b> 4:00 PM Drop-in Social-TOS 7:00 PM Games-CAS <b>7:15 PM The Seabury Musicians Guild-CH</b>	<b>16</b> 9:00 AM Men's Mug-TR 10:30 AM Bocce Ball-Hilltop
<b>17</b> 2:00 PM Holy Eucharist-CH 3:00 PM Movie-YOU CAN COUNT ON ME -HR	<b>18</b> 10:30 AM Gift Shop by Door 24 Open 11:00 AM Gardens and Greenhouse Committee-BR 12:00 PM Weight Winners-HR 1:00 PM Open Studio-CAS 1:00 PM Opera Club- CH 3:00 PM Mahjong in GR Lvl 5 3:15 PM Bridge-CAS 3:30 PM Poets & Writers-The Views Parlor <b>7:00 PM Sing-A-Long -TOS</b>	<b>19</b> 9:00 AM Encore Donations-EN 9:00 AM Bank Open 11:00 AM Gardens & Greenhouse-BR 11:00 AM Self-Care For Caregivers <b>SAH Only-CFS</b> 2:00 PM Cordelia's Support Group -CFS 4:00 PM Visual Art-CAS 4:00 PM Processing Grief-CFS 4:00 PM Drop-in Social-TOS	<b>20</b> 3:15 PM Scholarship-CAS <b>7:15 PM Movie- Visual Arts Presents: "Bill Cunningham New York"- CH</b>	<b>21</b> <b>8:30 AM Women's Breakfast-MDR</b> 10:00 AM Encore Open 10:00 AM Open Workshop-RW 12:00 PM Chaplain Lunch-Bistro 1:00 PM Chimes-HR 1:00 PM Cribbage-5th FL GR 3:15 PM Prayer Shawl Min.-VLR	<b>22</b> <b>10:00 AM Stop &amp; Shop/ CVS-Grocery Run</b> 10:15 AM Flowers & Decorations-CAS <b>1:15 PM Up &amp; Off the Floor! -HR</b> 4:00 PM Drop-in Social-TOS 7:00 PM Games-CAS	<b>23</b> 9:00 AM Men's Mug-TR 10:30 AM Bocce Ball-Hilltop
<b>24</b> 2:00 PM Holy Eucharist-CH <b>3:00 PM Movie- Visual Arts Presents: "Bill Cunningham New York"-HR</b>	<b>25 Happy Memorial Day</b> 3:00 PM Mahjong in GR Lvl 5 3:15 PM Bridge-CAS	<b>26</b> 9:00 AM Encore Donations-EN 9:00 AM Bank Open 9:00 AM Building & Grounds-HR 2:00 PM Cordelia's Support Group -CFS 4:00 PM Processing Grief-CFS 4:00 PM Drop-in Social-TOS	<b>27</b> <b>10:30 AM Community Forum-CH</b> 3:30 PM Better Hearing Group-HR 7:15 PM Movie-CH	<b>28</b> 10:00 AM Open Workshop-RW 12:00 PM Chaplain Lunch-Bistro 1:00 PM Chimes-HR 1:00 PM Cribbage-5th FL GR 2:00 PM French Conversation-CR 2:30 PM Catholic Mass-CH 3:15 PM Prayer Shawl Min.-VLR	<b>29</b> 10:00 AM Geissler's-Grocery Run <b>1:15 PM Up &amp; Off the Floor! -HR</b> 4:00 PM Drop-in Social-TOS 7:00 PM Games-CAS	<b>30</b> 9:00 AM Men's Mug-TR 10:30 AM Bocce Ball-Hilltop <b>7:15 PM The United States Coast Guard Band Chamber Players</b>
<b>31</b> 2:00 PM Holy Eucharist-CH 3:00 PM Movie-WILL YOU EVER FORGIVE ME? -HR						