

HUB HOURS

MON-FRI

10AM-3PM

SATURDAY

9AM-11AM

SUNDAY-CLOSED

WINDSOR FEDERAL

SAVINGS HOURS

TUESDAYS

9AM-NOON

BISTRO HOURS

MON-FRI

11AM-1:30PM

4:30PM-6:30PM

SATURDAY

11AM-1:30PM

SUNDAY-CLOSED

MARKETPLACE

MON-FRI

9AM-4PM

SATURDAY

11AM-1:30PM

MAIN DINING ROOM

TUESDAY-FRIDAY

5PM-7PM

SATURDAY BUFFET

5PM-7PM

SUNDAY BRUNCH

11AM-1:30PM

SNEAK PEEK! into May 2026

Tuesday, May 5, David Eberly (Pianist)

Thursday, May 19, Tenpenny Bounce (Jazz)

Saturday, May 30, USCG Band

HEALTH SERVICES TOURS: The Views

Thursday, March 12 at 1:30 pm

The 2nd Thursday of every month at 1:30 pm, there will be tours available to one of the three health services areas: SNF (May), The Waterman (June)

Meet in the main lobby.

Earth Day Events

Monday 4/20 - 3:30pm Bill McKibben Lecture in Chapel

Wednesday 4/22 11am-11:45am Get ready to garden workout! Hilltop Garden

Rain Location: Yoga Studio *Must be able to move independently in grass*

Friday 4/24 10am-1pm Collections: Special Recycling Event on the Terrace

Rain Location: Terrace Room

GIFT SHOP BY DOOR 24

Open Mondays from

10:30 am to 2:00pm

UCONN Adult Learning Program

April Classes

Geography of Africa, Life after Lift-Off and Space Art
Geography for Armchair Travelers and Movie Buffs.

UCONN ALP/ \$65 a semester See ALPHorn
and alp.uconn.edu for class dates, times, and locations

RESIDENT ENGAGEMENT TEAM

Melissa Beauchemin, Director - 860-243-6065

Heather Cahill, VP - 959-255-6461

Ramon Flores, Events Coordinator - 860-286-4285

Coletta Innocent, Transportation Coordinator - 860-286-5668

Leah Mckie, Receptionist-860-286-6050

Bob Morrissey, Driver-860-286-0243

Cleveland Williams, Off Campus Experience Coordinator - 860-992-2795



SEABURY MONTHLY

WWW.SEABURLIFE.ORG



April 2026

Proof of the Pudding

Thursday, April 9, at 7:15 PM in the Chapel

Yale University's premier SSAA jazz and swing a cappella group. Founded in 1975, Proof was created to open space for women in the then-male-dominated Yale a cappella scene — only six years after women were first admitted to the university.



Bill McKibben Lecture

Monday, April 20, at 2:00 PM in the Chapel.

Bill McKibben is co-founder of Third Act, which mobilizes people over 60 for action on climate and justice. He's the author of The End of Nature and 20 other books, and has received numerous honors, including the Right Livelihood Award and Gandhi Peace Prize.

Hartt Saxophone Studio

Thursday, April 23, at 7:15PM in the Chapel

Come enjoy as the students of The Hartt Saxophone Studio perform, and show their artistic growth to The Seabury community.

Liberty Bank Financial Exploitation Presentation with Debra Carson

Monday, April 27, at 1:00 PM in Heritage Room

- Come learn about Financial exploitation
- Financial Abuse (by someone known)
 - Financial Fraud (by a stranger)

Special Series! Up & Off the Floor! 8 weeks.

Fridays April 10- May 29th at 1:15 PM

Welcome back former intern Ashima who will be leading this class. This class teaches practical techniques and exercises to safely get down and off the floor. This will be held in Heritage Room.



Tara Murphy Drum Circle

Tuesday, April 23, at 3:30 PM in the Chapel

Music and movement is often the medicine to inspire people with positive energy and renewed zest for life. Come and enjoy yourself as we drum our cares away.

Seabury Showcase

Friday April 24 7:15

Saturday April 25 2:00 PM

Come see the best of Seabury talent in skits, musical performances and humor.

***To allow space for all, please choose one show.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BP-Bistro Parlor (4) BR-Board Rm (EW 4) BT-Britton Room (SW 5) CAC-Cultural Arts Corridor (4) CAS-Community Activity Space (4) CFS-Center for Spirituality (SW 3) CH-Chapel (SW 3)	CR-Clock Room (5) CS-Case Rm (SW 6) EN-Encore (WW 3) GR-Game Room GS-Gift Shop at Door 24 (3) GV-Garden View Room (3) HR-Heritage Room (3) MDR-Main Dining Room (4) MR-Music Room (3)	RW-Resident Workshop (3) SW DS-South Wing Dance Studio (SW 3) TOS-Top of the Stairs (4) TR-Terrace Room (3) VAR-Views Activity Room (4) VLR-Views Living Room (4) ZM-Zoom	1 9:00 AM Hospitality Committee-HR 11:00 AM Holy Eucharist—CH 3:30 PM FG Book Club— HR 4:00 Passover Seder—CAS (Sign up outside of CAS) 7:15 PM Movie-Gentlemen Prefer Blondes - CH	2 8:30 AM Men's Breakfast-MDR 10:00 AM Encore Open 10:00 AM Open Workshop-RW 11:00 AM Maundy Thursday worship —CH 12:00 PM Chaplain Lunch-Bistro 1:00 PM Chimes-HR 1:00 PM Cribbage-5th FL GR 3:15 PM Prayer Shawl Min.-VLR	3 9:00 AM Comm Comm-CS (6th Floor SW) 10:00 AM Geissler's-Grocery Run 11:00 AM Good Friday —CH 2:00 PM Good Friday Stations of the Cross—CH 3:00 PM Storytellers-HR 4:00 PM Drop-in Social-TOS 7:00 PM Games-CAS	4 9:00 AM Men's Mug-TR
5 2:00 PM Easter Sunday-CH 2:00 PM Holy Eucharist-CH 3:00 PM Movie-Gentlemen Prefer Blondes - HR	6 10:00 AM Trip toTarget 10:30 AM Gift Shop by Door 24 Open 12:00 PM Weight Winners-HR 1:00 PM Open Studio-CAS 1:00 PM Opera Club— CH 2:00 PM Chorus Rehearsals-MR 2:00 PM Mahjong in GR Lvl 5 3:15 PM Bridge-CAS	7 9:00 –11:00 AM Encore Donations-EN 9:00 AM Bank Open 2:00 PM Cordelia's Support Group —CFS 4:00 PM New Artist Reception— BP 4:00 PM Processing Grief-CFS 4:00 PM Drop-in Social-TOS 6:00 PM Coin Club-HR	8 10:30 AM Resident's Council-CH 3:30 PM Low Vision Support-HR 7:15 PM Movie-HAMNET -CH	9 10:00 AM Open Workshop-RW 12:00 PM Chaplain Lunch-Bistro 1:00 PM Chimes-HR 1:00 PM Cribbage-5th FL GR 1:30 PM Health Services Tour-The Views 2:00 PM French Conversation-CR 3:00 PM Performing Arts Committee-BR 3:15 PM Prayer Shawl Min.-VLR 7:15 PM Yale Proof of the Pudding— CH	10 10:00 AM Stop & Shop/CVS-Grocery Run 10:30 AM SAHMC Monthly Meeting-BR 11:00 AM Shabbat Program-CH 1:15 PM Up & Off the Floor! -HR 4:00 PM Drop-in Social-TOS 7:00 PM Games-CAS	11 9:00 AM Men's Mug-TR
12 2:00 PM Holy Eucharist-CH 3:00 PM Movie-HAMNET -HR	13 10:00 AM New Residents' Reception -C 10:00 AM Library Committee-CAS 10:30 AM Gift Shop by Door 24 Open 1:00 PM Open Studio-CAS 1:00 PM Opera Club— CH 2:00 PM Chorus Rehearsals-MR 3:00 PM Finance & Budget-BR 2:00 PM Mahjong in GR Lvl 5 3:15 PM Bridge-CAS	14 9:00-11:00 AM Encore Donations-EN 9:00 AM Bank Open 9:30 AM Health Services-HR 11:00 AM Trails Committees-BR 1:00 PM AHCC-Bistro 2:00 PM Dining Services-CAS 3:30 PM Scripts Alive— CAS 2:00 PM Cordelia's Support Group —CFS 4:00 PM Processing Grief-CFS 4:00 PM Drop-in Social-TOS 7:15 PM HSO Wind Quintet —CH	15 3:15 PM Scholarship-CAS 11:00 Caregiver's Support Group— with Dr. Fogg—CFS 7:15 PM Movie-QUIZ SHOW -CH	16 8:30 AM Women's Breakfast-MDR 10:00 AM Encore Open 10:00 AM Open Workshop-RW 12:00 PM Chaplain Lunch-Bistro 1:00 PM Chimes-HR 1:00 PM Cribbage-5th FL GR 3:15 PM Prayer Shawl Min.-VLR	17 10:00 AM Geissler's-Grocery Run 1:15 PM Up & Off the Floor! -HR 4:00 PM Drop-in Social-TOS 7:00 PM Games-CAS	18 9:00 AM Men's Mug-TR
19 2:00 PM Holy Eucharist-CH 3:00 PM Movie-QUIZ SHOW -HR	20 10:30 AM Gift Shop by Door 24 Open 12:00 PM Weight Winners-HR 1:00 PM Open Studio-CAS 1:00 PM Opera Club— HR 2:00 PM Bill McKibben Lecture —CH 2:00 PM Chorus Rehearsals-MR 2:00 PM Mahjong in GR Lvl 5 3:15 PM Bridge-CAS 3:30 PM Poets & Writers-GV 7:00 PM Sing-A-Long -TOS	21 9:00 –11:00 AM Encore Donations-EN 9:00 AM Bank Open 11:00 AM Gardens & Greenhouse-BR 11:00 AM Self-Care For Caregivers SAH Only-CFS 2:00 PM Cordelia's Support Group —CFS 4:00 PM Visual Art-CAS 4:00 PM Processing Grief-CFS 4:00 PM Drop-in Social-TOS	22 10:30 AM Community Forum-CH 11:00 AM Get Ready to Garden Workout! Hilltop Garden 3:30 PM Better Hearing Group-HR 7:15 PM Movie-BEFORE THE FLOOD -CH	23 10:00 AM Open Workshop-RW 12:00 PM Chaplain Lunch-Bistro 1:00 PM Chimes-HR 1:00 PM Cribbage-5th FL GR 2:00 PM French Conversation-CR 2:30 PM Catholic Mass-CH 3:15 PM Prayer Shawl Min.-VLR 7:15 PM Hartt Saxophone Studio-CH	24 10:00 AM Collections: Special Recycling Event - Terrace 10:00 AM Stop & Shop/CVS-Grocery Run 10:15 AM Flowers & Decorations-CAS 1:15 PM Up & Off the Floor! -HR 3:00 PM Breast Cancer Support Grp-Britton RM 4:00 PM Drop-in Social-TOS 7:00 PM Games-CAS 7:15 PM Seabury Showcase— CH	25 9:00 AM Men's Mug-TR 2:00 PM Seabury Showcase— CH
26 2:00 PM Holy Eucharist-CH 3:00 PM Movie-BEFORE THE FLOOD -HR	27 10:30 AM Gift Shop by Door 24 Open 1:00 PM Open Studio-CAS 1:00 PM Opera Club— CH 1:00 PM Liberty Bank Fraud Presentation-HR 2:00 PM Chorus Rehearsals-MR 2:00 PM Mahjong in GR Lvl 5 3:15 PM Bridge-CAS	28 9:00– 11:00 AM Encore Donations-EN 9:00 AM Bank Open 9:00 AM Building & Grounds-HR 2:00 PM Cordelia's Support Group —CFS 4:00 PM Processing Grief-CFS 4:00 PM Drop-in Social-TOS	29 7:15 PM Movie-WHO WE ARE NOW -CH	30 10:00 AM Open Workshop-RW 10:00 AM Encore Open 12:00 PM Chaplain Lunch-Bistro 1:00 PM Chimes-HR 1:00 PM Cribbage-5th FL GR 3:15 PM Prayer Shawl Min.-VLR		