



SEABURY MONTHLY

WWW.SEABURLIFE.ORG



APRIL 2025

ARTIST'S RECEPTION

April 2nd, 4:00 pm

A reception will be held in the Bistro Hallway to celebrate the artworks of Linda Isham.

ENTANGLED AND INGESTED

Wednesday, April 2nd, 9:00 am in CAS

Dr. Kat Owens, plastic pollution researcher, artist, & activist returns to Seabury for another sewing project! The Fin Whale will be her largest project yet. Come for a few minutes or stay for an hour – no sewing skills needed. Owens is a National Geographic Explorer, a Fulbright Nehru fellow, & a Professor at the Univ. of Hartford, CT.



NATIONAL LIBRARY WEEK

April 6-12

As Seabury celebrates National Library week, please share with your friends & neighbors what you have been reading! Any book that you have found interesting, please display them on your ledge. Then roam the hallways viewing & add to your reading list!

STOMPIN' BOOTS

Tuesday, April 8th, 1:00 pm, CAS

Come out and have some Stompn' good fun. Traditional line dancing is back! Chairs always available if a rest is needed.



NEW WORLD TRIO

Thursday, April 10th, 7:15 pm, Chapel

For more than three decades, the New World Trio has brought the excitement and intimacy of chamber music to live audiences throughout New England.

NEW BRITAIN MUSEUM OUTING

Wednesday, April 16th

9:30 am - 2:30 pm

Blue grass, green skies: American Impressionism & Realism from the Los Angeles County Museum of Art. Sign up outside CAS.

FINE ARTS & FLOWER SHOW

Saturday, April 26th

11:30 am - 2:00 pm

Join us on a trip to Wadsworth Atheneum Museum to see the breathtaking inspired artworks. Sign up outside CAS.

JOLLY BEGGARS

Thursday, April 24th, 7:15 pm in the Chapel

The Jolly Beggars, based out of CT, bring the rich tradition of Celtic folk music and storytelling to modern day audiences. Their traditional songs and musical arrangements have exposed many to the joys of Celtic music.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Best Wishes Easter</p> <p>May the gifts of Easter Cause you much delight.</p> <p>And the sun of Easter Make your pathway bright *r</p>		<p>1</p> <p>9:00 AM Encore Donations-EN 9:00 AM Bank Open 4:00 PM Processing Grief-CFS 4:00 PM Drop-in Social-TOS 6:00 PM Coin Club-HH</p>	<p>2</p> <p>9:00 AM Hospitality Committee-HH 9:00 AM Entangled & Ingested-CAS 11:00 AM Caregivers Support Grp-CFS 1:00 PM Stop & Shop/CVS-Grocery Run 3:30 PM Book Club-HH 4:00 PM New Artists Reception-Bistro Hall 7:15 PM Movie-Flow-CH</p>	<p>3</p> <p>8:30 AM Men's Breakfast-MDR 10:00 AM Encore Open 10:00 AM Open Workshop-RW 10:30 AM Com.com-ZM 11:00 AM Aging with Grace Workshop-CAS 12:00 PM Chaplain Lunch-Bistro 1:00 PM Chimes-HH 1:00 PM Cribbage-5th Flr GR 3:15 PM Prayer Shawl Min.-VLR</p>	<p>4</p> <p>10:00 AM Ocean State Trip 3:00 PM Storytellers-HH 4:00 PM Drop-in Social-TOS 4:00 PM Remembrance Gathering-AR 7:00 PM Games-CAS</p>	<p>5</p> <p>9:00 AM Men's Mug-TR</p>
<p>6 LIBRARY WEEK</p> <p>2:00 PM Holy Eucharist-CH 3:00 PM Movie-Flow-HH</p>	<p>7</p> <p>10:30 AM Gift Shop by Door 24 Open 12:00 PM Weight Winners-SW DS 1:00 PM Open Studio-CAS 1:00 PM Opera Club-CH 2:00 PM Chorus Rehearsal-MR 3:00 PM Mahjong in GR Lvl 5 3:30 PM Bridge-CAS</p> 	<p>8</p> <p>9:00 AM Encore Donations-EN 9:00 AM Bank Open 9:30 AM Health Services Comte-HH 11:00 AM Trails-BR 1:00 PM Stompin'Boots-CAS 1:00 PM AHCC-CFS 3:30 PM 10 Minute Plays-CAS 4:00 PM Threshold Choir-CH 4:00 PM Processing Grief-CFS 4:00 PM Drop-in Social-TOS</p>	<p>9</p> <p>10:30 AM Resident's Council-CH 1:00 PM Geisslers-Grocery Run 3:30 PM Low Vision Support-HH 7:15 PM Movie-Dangerous Liaisons-CH</p> 	<p>10</p> <p>10:00 AM Open Workshop-RW 11:00 AM Aging with Grace Workshop-CAS 12:00 PM Chaplain Lunch-Bistro 1:00 PM Chimes-HH 1:00 PM Cribbage-5th Flr GR 2:00 PM French Conversation-CR 3:00 PM Performing Arts Comm-BR 3:15 PM Prayer Shawl Min.-VLR 7:15 PM New World Trio-CH</p>	<p>11 SURVEYS DUE</p> <p>10:30 AM SAHMC Monthly Meeting-BR 11:00 AM Shabbat Program-CH 4:00 PM Drop-in Social-TOS 4:00 PM Remembrance Gathering-AR 7:00 PM Games-CAS</p>	<p>12</p> <p>9:00 AM Men's Mug-TR 2:00 PM Seabury Authors Speak-CH</p>
<p>13 PALM SUNDAY</p> <p>2:00 PM Palm Sunday Holy Eucharist-CH 3:00 PM Movie-Dangerous Liaisons-HH</p> 	<p>14</p> <p>10:00 AM Library Committee-CAS 10:30 AM Gift Shop by Door 24 Open 11:15 AM Get Down/Up Off Floor-SWDS 1:00 PM Open Studio-CAS 1:00 PM Opera Club-CH 2:00 PM Chorus Rehearsal-MR 3:00 PM Finance & Budget-BR 3:00 PM Mahjong in GR Lvl 5 3:30 PM Bridge-CAS</p>	<p>15</p> <p>9:00 AM Encore Donations-EN 9:00 AM Bank Open 11:00 AM Gardens & Greenhouse-BR 4:00 PM Passover Seder-CAS 4:00 PM Visual Arts-GS 4:00 PM Processing Grief-CFS 4:00 PM Drop-in Social-TOS 7:15 PM Foreign Film Series-CH</p>	<p>16</p> <p>9:30 AM New Britain Museum-offsite 9:30 AM Sports & Games-GV 11:00 AM Caregivers Support Grp-CFS 11:00 AM Holy Eucharist-CH 1:00 PM Stop & Shop/CVS-Grocery Run 3:00 PM Music for Reflection During Holy Week-CH 3:30 PM Scholarship-BR 7:15 PM Movie-Network-CH</p>	<p>17</p> <p>8:30 AM Women's Breakfast-MDR 10:00 AM Encore Open 10:00 AM Open Workshop-RW 11:00 AM Maundy Thurs Liturgy-CH 12:00 PM Chaplain Lunch-Bistro 1:00 PM Chimes-HH 1:00 PM Cribbage-5th Flr GR 3:15 PM Prayer Shawl Min.-VLR</p>	<p>18</p> <p>11:00 AM Good Friday Liturgy-CH 3:00 PM Tea in the Terrace Room 4:00 PM Drop-in Social-TOS 4:00 PM Remembrance Gathering-AR 7:00 PM Games-CAS</p>	<p>19</p> <p>9:00 AM Men's Mug-TR</p> 
<p>20 EASTER</p> <p>2:00 PM Easter Holy Eucharist-CH 3:00 PM Movie-Network-HH</p> 	<p>21</p> <p>9:30 AM Dining Committee-CAS 10:30 AM Gift Shop by Door 24 Open 12:00 PM Weight Winners-SW DS 1:00 PM Open Studio-CAS 1:00 PM Opera Club-CH 2:00 PM Chorus Rehearsal-MR 3:00 PM Mahjong in GR Lvl 5 3:30 PM Bridge-CAS 3:30 PM Poets and Writers-GV</p>	<p>22</p> <p>9:00 AM Encore Donations-EN 9:00 AM Bank Open 9:00 AM Building & Grounds-HH 4:00 PM Processing Grief-CFS 4:00 PM Drop-in Social-TOS</p>	<p>23</p> <p>10:30 AM Community Forum-CH 1:00 PM Geisslers-Grocery Run 3:30 PM Better Hearing Group-HH 7:15 PM Movie-Thelma-CH</p>	<p>24</p> <p>10:00 AM Open Workshop-RW 12:00 PM Chaplain Lunch-Bistro 1:00 PM Chimes-HH 1:00 PM Cribbage-5th Flr GR 2:00 PM French Conversation-CR 2:30 PM Catholic Mass-CH 3:15 PM Prayer Shawl Min.-VLR 7:15 PM Jolly Beggars-CH</p>	<p>25</p> <p>10:15 AM Flower & Decorating-CAS 3:00 PM Meet the Providers-CH 4:00 PM Drop-in Social-TOS 4:00 PM Remembrance Gathering-AR 7:00 PM Games-CAS</p> 	<p>26</p> <p>9:00 AM Men's Mug-TR 11:30 AM Wadsworth Atheneum Museum -offsite</p>
<p>27</p> <p>2:00 PM Holy Eucharist-CH 3:00 PM Movie-Thelma-HH 4:00 PM Labyrinth at Seabury-CH through Tuesday, 4/29 at 4:00 pm</p>	<p>28 Labyrinth-CH</p> <p>10:30 AM Gift Shop by Door 24 Open 1:00 PM Open Studio-CAS 1:00 PM Opera Club-CH 2:00 PM Chorus Rehearsal-MR 3:00 PM Mahjong in GR Lvl 5 3:30 PM Bridge-CAS 7:00 pm Sing-Along-TOS</p>	<p>29 Labyrinth-CH</p> <p>9:00 AM Encore Donations-EN 9:00 AM Bank Open 1:30 PM Fitness Interns Present-HH 4:00 PM Processing Grief-CFS 4:00 PM Drop-in Social-TOS 4:00 PM Labyrinth at Seabury Ends</p>	<p>30</p> <p>1:00 PM Stop & Shop/CVS-Grocery Run 1:00 PM Jane Austen Reading Gp-GVR 7:15 PM Movie-The Producers-CH</p>	<p>AR-Aronson SW 4th Fl BP-Bistro Parlor BR-Board Rm CAC-Cultural Arts Corridor CAS-Community Activity Space CFS-Center for Spirituality CH-Chapel CR-Clock Room on 5th floor East Wing</p>	<p>EN-Encore GR-Game Room GS-Gift Shop at Door 24 GV-Garden View Room HH-Heritage Hall MDR-Main Dining Room MR-Music Room</p>	<p>RW-Resident Workshop SW DS-South Wing Dance Studio TOS-Top of the Stairs TR-Terrace Room VAR-Views Activity Room VLR-Views Living Room ZM-Zoom</p>

HUB HOURS

MON-FRI
10AM-3PM
SATURDAY
9AM-11AM
SUNDAY
CLOSED

WINDSOR FEDERAL SAVINGS HOURS

TUESDAYS
9AM-NOON

BISTRO HOURS

MON-FRI
11AM-1:30PM
4:30PM-6:30PM
SATURDAY
11AM-1:30PM
SUNDAY
CLOSED

MARKETPLACE

MON-FRI
9AM-4PM
SATURDAY
11AM-1:30PM

MAIN DINING ROOM

TUESDAY-FRIDAY
5PM-7PM
SATURDAY BUFFET
5PM-7PM
SUNDAY BRUNCH
11AM-1:30PM

PERFORMANCE IDEAS

Please see the instructions on the Kiosk next to the HUB.

MEET THE PROVIDERS - DR. KELLY PATEL

Friday, April 25th 3:00 pm in the Chapel

Dr. Kelly Patel is with Hartford Healthcare Cardiovascular Medicine.

LABYRINTH

April 27 4:00 pm to April 29 4:00 pm in the Chapel

Labyrinth is a walking meditation in a quiet space at Seabury's Bishops' Chapel. Hosted by Spiritual Life and the Fitness Department.

21st Annual Golf With Purpose

Please join us on June 10, 2025 for a great day of golf, pickleball and camaraderie to benefit benevolent aid at Seabury. There are several ways for you to participate, whether you wish to play golf or pickleball, volunteer, donate to the silent auction or attend the dinner with friends. To register or find out more see Heather Cahill in the Seabury Charitable Foundation Office.



ARTISTS AT GIFT SHOP BY DOOR 24

- 4/7 - 10:30 am Linda Roberts; 12:00 pm Sonja Jones
- 4/14 - 10:30 am Sue Williams; 12:00 pm Bob Rosenberg
- 4/21 - 10:30 am Bob Sedivy; 12:00 pm Cynthia Lewis
- 4/28 - 10:30 am Doe Hentshel*; 12:00 pm BJ Hardersen

* Available for book signing.

REMEMBRANCE GATHERINGS

Every Friday, 4:00 pm in Aronson Room (4th floor South Wing)

Come share your remembrances of a Seabury resident that has passed away.

APRIL ALP CLASSES

- | | |
|-----------------|----------------------|
| 1 - 1:00 pm HH | 10 - 1:00 pm CH |
| 2 - 10:30 am ZM | 11 - 9:30 am OFFSITE |
| 3 - 1:00 pm CH | 21 - 1:00 pm CH |
| 4 - 10:00 am CH | 25 - 9:30 am OFFSITE |
| 4 - 1:00 pm CH | 28 - 1:00 pm CH |
| 8 - 10:00 am HH | 30 - 10:00 pm CH |

UConn ADULT LEARNING PROGRAM (ALP)

\$60/semester
For classes, times and locations, see <http://alp.uconn.edu>.

RESIDENT ENGAGEMENT TEAM

- Melissa Beauchemin, Director - 860-243-6065
- Judi Bowman, Front Desk Coordinator - 860-286-0243
- Heather Cahill, VP - 959-255-6461
- Ramon Flores, Events Coordinator - 860-286-4285
- Cleveland Williams, Off Campus Experience Coordinator - 860-992-2795