



# SEABURY MONTHLY

WWW.SEABURLIFE.ORG

JULY 2024

## RESIDENT ENGAGEMENT TEAM

HEATHER CAHILL  
VICE PRESIDENT  
959-255-6461

MELISSA BEAUCHEMIN  
DIRECTOR  
860-243-6065

JUDI BOWMAN  
FRONT DESK COOR.  
860-286-0243

WILL SEAMAN  
RESIDENT TECH  
SUPPORT  
860-243-6058

WILBERTO LUGO  
DRIVER  
860-480-7046



## PATRIOTIC CELEBRATION SING—ALONG

Wednesday, July 3 7:15 pm

CHAPEL

*ALL VOICES  
WELCOME!*



## STOMPIN' BOOTS

Have you ever wanted to give line dancing a try? Seen it and thought, "That looks like fun!"? Come on out and join Stompin' Boots Tuesday, July 23rd from 2-3 pm for a fun-filled afternoon of line dancing. Learn some fun, easy line dances and get footloose and fancy free with us on the dance floor. No experience required. See you in the Chapel! Sign up at CAS.








**Ruriko Wheeler**, a pianist with the Hartford Symphony Orchestra. She plays beautiful music and has fun with interactive audience participation.

Enjoy classical music with her in the Chapel on July 18th at 7:15pm.

# IL Calendar

# July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 12:00 PM Weight Winners-SW DS 1:00 PM Open Studio-CAS 3:00 PM Mahjong in GR Lvl 5 3:30 PM Bridge-CAS 4:00 PM PM Art Gallery-BP	<b>2</b> 9:00 AM Encore Donations-EN 9:00 AM Bank Open 4:00 PM Drop-in Social-HP 4:00 PM Processing Grief-CFS 6:00 PM Coin Club-CAS	<b>3</b> 9:00 AM Hospitality Comm-HH 3:30 PM FG Book Club-HH 7:15 PM Movie BREACH-HH <b>7:15 PM Patriotic Sing-Along-CH</b>	<b>4</b> 10:00 AM Resident Workshop-OS 1:00 PM Cribbage-5th Flr GR 	<b>5</b> 3:00 PM Storytellers-ZM 4:00 PM Drop-in Social-HP	<b>6</b> 9:00 AM Men's Mug-TR 10:30 AM Together to Music-CAS
<b>7</b> 2:00 PM Holy Eucharist-CH 3:00 PM Movie BREACH-HH	<b>8</b> 10:00 AM Library Comm-CAS 1:00 PM Open Studio-CAS 3:00 PM Mahjong in GR Lvl 5 3:00 PM Finance & Budget-BR 3:30 PM Bridge-CAS 3:30 PM Poets & Writers-ZM 7:00 PM Sing-along –TOS	<b>9</b> 9:00 AM Encore Donations-EN 9:00 AM Bank Open 9:30 AM Health Services Mtg-ZM 11:00 AM Trails Comm-BR 4:00 PM Drop-in Social-HP 4:00 PM Processing Grief-CFS	<b>10</b> <b>10:30 AM Residents Council-CH</b> 11:00 AM Christian Worship-VAR 3:30 PM Low Vision Support-HH 7:15 PM Movie WILD-HH	<b>11</b> 10:00 AM Resident Workshop-OS 10:00 AM Encore OPEN 10-3 12:00 PM Chaplain Lunch-Bistro 1:00 PM Cribbage-5th Flr GR 3:00 PM Performing Arts Comm-CAS 3:15 PM Prayer Shawl Min.-VLR	<b>12</b> 10:30 AM SAHEC Monthly Mtg-BR 4:00 PM Drop-in Social-HP	<b>13</b> 9:00 AM Men's Mug-TR 10:30 AM Together to Music-CAS
<b>14</b> 2:00 PM Holy Eucharist-CH 3:00 PM Movie WILD-HH	<b>15</b> 10:00 AM Dining Comm-ZM 12:00 PM Weight Winners-SW DS 1:00 PM Open Studio-CAS 3:00 PM Mahjong in GR Lvl 5 3:30 PM Bridge-CAS	<b>16</b> 9:00 AM Encore Donations-EN 9:00 AM Bank Open 10:00 AM Garden & Greenhouse-ZM 4:00 PM Drop-in Social-HP 4:00 PM Processing Grief-CFS 6:00 PM Coin Club-CAS <b>7:15 PM Foreign Film Series-CH</b>	<b>17</b> 11:00 AM Caregivers Support-HP 12:00 PM SAH Luncheon-MDR 1:00 PM Sports & Games Comm-GR 3:30 PM Scholarship Comm-BR 7:15 PM Movie THE ARTIST-HH	<b>18</b> 10:00 AM Resident Workshop-OS 12:00 PM Chaplain Lunch-Bistro 1:00 PM Cribbage-5th Flr GR <b>1:30 PM Drawing Class-CAS</b> 3:15 PM Prayer Shawl Min.-VLR <b>7:15 PM Ruriko Wheeler,Pianist-CH</b>	<b>19</b> 4:00 PM Drop-in Social-HP 	<b>20</b> 9:00 AM Men's Mug-TR 10:30 AM Together to Music-CAS <b>8:15 AM Tanglewood Bus Trip</b>
<b>21</b> 2:00 PM Holy Eucharist-CH 3:00 PM Movie THE ARTIST-HH	<b>22</b> 1:00 PM Open Studio-CAS 3:00 PM Mahjong in GR Lvl 5 3:30 PM Bridge-CAS 	<b>23</b> 9:00 AM Encore Donations-EN 9:00 AM Buildings & Grounds-HH 9:00 AM Bank Open <b>2:00 PM Stompin' Boots - CH</b> 4:00 PM Drop-in Social-HP 4:00 PM Processing Grief-CFS	<b>24</b> <b>10:30 AM Community Form-CH</b> 11:00 AM Christian Worship-VAR 3:30 PM Better Hearing Group-HH 7:15 PM Movie ATONEMENT-HH	<b>25</b> 10:00 AM Resident Workshop-OS 10:00 AM Encore OPEN 10-3 12:00 PM Chaplain Lunch-Bistro 1:00 PM Cribbage-5th Flr GR 1:30 PM Drawing Class-CAS 2:30 PM Catholic Mass-CH 3:15 PM Prayer Shawl Min.-VLR	<b>26</b> 2:00 PM French Conversation-HP <b>3:00 PM The Philadelphia Eleven-CH</b> 4:00 PM Drop-in Social-HP	<b>27</b> 9:00 AM Men's Mug-TR 10:30 AM Together to Music-CAS
<b>28</b> 2:00 PM Holy Eucharist-CH 3:00 PM Movie ATONEMENT-HH	<b>29</b> 1:00 PM Open Studio-CAS 3:00 PM Mahjong in GR Lvl 5 3:30 PM Bridge-CAS	<b>30</b> 9:00 AM Encore Donations-EN 9:00 AM Bank Open 4:00 PM Drop-in Social-HP 4:00 PM Processing Grief-CFS	<b>31</b> 11:00 AM Christian Worship-VAR 7:15 PM Movie KLUTE-HH 	BP-Bistro Parlor BR-Board Rm CAS-Community Activity Space CFS-Center for Spirituality CH-Chapel EN-Encore GR-Game Room	HH-Heritage Hall HP-Hearthside Parlor MDR-Main Dining Room OS-Open Space TOS-Top of the Stairs TR-Terrace Room VAR-Views Activity Room	VLR-Views Living Room ZM-Zoom



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## HUB HOURS

MON-FRI  
10AM-3PM  
SATURDAY  
9AM-11AM  
SUNDAY  
CLOSED

## WINDSOR FEDERAL SAVINGS HOURS

TUESDAYS  
9AM-NOON

## BISTRO HOURS

MON-FRI  
11AM-1:30PM  
4:30PM-6PM  
SATURDAY  
11AM-1:30PM

## MARKETPLACE

MON-FRI  
9AM-4PM  
SUNDAY  
11AM-1:30PM

## MAIN DINING ROOM

TUES, WED, FRI  
5PM-6PM  
SATURDAY BUFFET  
5PM-6PM  
SUNDAY BRUNCH  
11AM-1:30PM

## JULY EVENTS

**PATRIOTIC SING-ALONG**-Wed. July 3rd, 7:15 pm  
**RESIDENTS COUNCIL**-Wed. July 10th 10:30 am  
**FOREIGN FILM SERIES**-Tues. July 16th 7:15 pm  
**DRAWING CLASS BEGINS**-Thurs. July 18th 1:30 pm  
**RURIKO WHEELER, PIANIST**-Thurs. July 18th 7:15 pm  
**TANGLEWOOD BUS TRIP**-Sat. July 20th 8:15 am  
**STOMPIN' BOOTS**-Tues. July 23rd, 2:00 pm-3:00 pm  
**COMMUNITY FORUM**-Wed. July 24th 10:30 am  
**THE PHILADELPHIA ELEVEN**-Fri. July 26th, 3:00 pm

THE STORY OF  
**THE  
PHILADELPHIA  
ELEVEN**

Thursday, July 26th, 3:00 pm, Chapel

Join us for a documentary that sheds light on eleven daring women who defiant act changed history. Celebrating the 50th anniversary of the ordination of women in the Episcopal Church.

**LEARN A NEW SKILL!**

**STRETCH YOUR IMAGINATION!**

**TAKE AN ART CLASS!**



A basic drawing class led by Francie Bergquist held on Thursdays for 6 weeks, starting July 18th; 1:30-3:30 pm. \$90 Class size limited to 10 participants.

Francie Bergquist is a Seabury At Home member. She had a show here about a year ago that was very well received. She is a well-known area artist and worked with in the West Hartford school system for many years developing their art program. This highly thought of program is still used today.