Get ready to sing a long and go back to your playground days with the 3rd & 4th graders of Metacomet Elementary School! Prepare for what is guaranteed to be the cutest concert of the year as the Metacomet Traveling Choir sings an arrangement of Playground songs. Join us on Friday February 9th at 1:30pm in the Chapel!

WWW.SEABURYLIFE.ORG

BLACK HISTORY MONTH KICK OFF!
NiaArts Dance Group is back! Come celebrate the start of Black History Month with a spectacular show filled with singing, drums and traditional African dance! Tasty treats and beverages will be available in the Terrace room after the performance. Join us on Thursday February 1st at 2pm in the Chapel!

METACOMET TRAVELING CHOIR
Get ready to sing a long and go back to your playground days with the 3rd & 4th graders of Metacomet Elementary School! Prepare for what is guaranteed to be the cutest concert of the year as the Metacomet Traveling Choir sings an arrangement of Playground songs. Join us on Friday February 9th at 1:30pm in the Chapel!

MARDI GRAS POP UP!
It’s time to let loose and celebrate Fat Tuesday the right way! Come dressed to impress with an empty stomach and your dancing shoes! Tuesday February 13th 2pm Chapel

ROARING TWENTIES MIXER DINNER
The food may be hot, but the Gin is ice cold! Take a step back in time and celebrate this exciting decade! The reception starts at 4:30pm with the first of four seatings beginning at 5pm. Dressing for the occasion is optional, but it sure adds to the fun! Join us on Friday February 16th starting at 5pm in the MDR. Sign up in the Activities Book near CAS!

WWW.SEABURYLIFE.ORG
2:00 PM Holy Eucharist - CH
3:00 PM Movie- Beginners - HH
2:00 PM Weight Winners - SW DS
1:00 PM Open Studio - CAS
2:00 PM Chorus - MS
5:00 PM Mahjong in GR Lvl 5
3:30 PM Bridge - CAS

10:00 AM Andre Keitt BHM Storyteller - CH
11:00 AM Gospel of Luke - CF5
1:00 PM ALP- BioDiversity - CH
1:00 PM Roger Niland Class - CAS
3:00 PM Drop-In Social - HP
6:00 PM Coin Club - CAS
7:15 PM Eclectic - CH

2:00 PM Holy Eucharist - CH
3:00 PM Movie- Her Majesty, Mrs. Brown- HH
10:00 AM Library Common - CAS
1:00 PM Open Studio- CAS
2:00 PM Chorus - MS
3:00 PM Mahjong in GR Lvl 5
3:30 PM Finance & Budget - BR
3:30 PM Bridge- CAS
7:00 PM Sing A Long- TOS

9:00 AM Encore Donations - EN
9:30 AM Health Services Mtg-ZM
11:00 AM Chimes Rehearsal (B)- HH
1:00 PM- Roger Niland Class - CAS
2:00 PM Mardi Grass Pop Up! - CH
3:00 PM 10 Minutes Plays- HH
4:00 PM Drop-In Social- HP
4:00 PM Processing Grief- CF5
4:00 PM Threshold Choir- CH

2:00 PM Holy Eucharist - CH
3:00 PM Movie-Silver Lining Playbook- HH
10:00 AM Dining Committee- ZM
12:00 PM Weight Winners - SW DS
1:00 PM Open Studio- CAS
2:00 PM Chorus - MS
3:00 PM Mahjong in GR Lvl 5
3:30 PM Bridge- CAS

9:00 AM Encore Donations - EN
10:00 AM Garden & Greenhouse-ZM
11:00 AM Black Professionals at Seabury Panel Discussion- CH
11:00 AM Gospel of Luke- CF5
1:00 PM Roger Niland Class - CAS
4:00 PM Drop-In Social - HP
4:00 PM Processing Grief- CF5
4:00 PM Art Group TOS
7:15 PM Foreign Film Movie - HH

2:00 PM Holy Eucharist - CH
3:00 PM Movie-Reversal of Fortune- HH
1:00 PM Open Studio- CAS
2:00 PM Chorus- MS
5:00 PM Mahjong in GR Lvl 5
3:30 PM Bridge- CAS
7:00 PM Sing A Long- TOS

9:00 AM Encore Donations - EN
9:00 AM Buildings & Grounds- HH
11:00 AM Gospel of Luke - CF5
11:15 AM Healthy Feet - HH
1:00 PM ALP- BioDiversity- CH
1:00 PM Roger Niland Class - CAS
4:00 PM Drop-In Social- HP
4:00 PM Processing Grief- CF5

10:00 AM Men's Breakfast - MDR
10:00 AM Resident Workshop- OS
10:30 AM ALC- Harriet Beecher-ZM
12:00 PM Chaplains Luncheon- HH
1:00 PM Chimes Rehearsal (B) HH
2:00 PM Chimes Rehearsal (G)- HH
2:00 PM PMH Kick Off! - HH
1:15 PM Prayer Shawl Minstry- VLR

1:00 AM Andre Keitt in Social BioDiversity Professional Plays - HH
1:00 PM ALC- Harriet Beecher-ZM
1:00 PM Cribbage - 5th Flr GR
1:00 PM Chimes Rehearsal (G)- HH
2:00 PM Chimes Rehearsal (B)- HH
2:00 PM Meet & Greet- TR
3:00 PM Performing Arts Committee - CAS
3:15 PM Prayer Shawl Minstry - VLR
4:00 PM Monthly Resident Executive Team Social- TR
7:30 PM Choir Rehearsal - CH
HUB HOURS
MONDAY- FRIDAY
10AM-3PM
SATURDAY
9AM-11AM
SUNDAY
CLOSED

WINDSOR FEDERAL
SAVINGS HOURS
TUESDAYS
9AM-NOON

BISTRO HOURS
MONDAY-FRIDAY
11AM- 1:30PM
4:30PM-6PM
SATURDAY
11AM-1:30PM
MARKET PLACE
MONDAY-FRIDAY
9AM-4PM
SUNDAY 11AM-1:30PM

MAIN DINING ROOM
TUESDAY, WEDNESDAY
& FRIDAY 5PM-6PM
SATURDAY BUFFET
5PM-6PM
SUNDAY BRUNCH
11AM-1:30PM

FEBRUARY EVENTS
Men's Breakfast- Thursday February 1st 8:30am MDR
Black History Month Kick Off! - Thursday February 1st 2pm Chapel
Black History Month Storyteller Andre Keitt- Monday February 5th 10am Chapel
Eclectica Concert- Tuesday February 6th 7:15pm Chapel
Meet & Greet- Thursday February 8th 2pm Terrace Room
Metacomet Traveling Choir- Friday February 9th 1:30pm Chapel
Grand Tea in the Terrace Room- Friday February 9th 2pm Chapel
Special Saturday Movie “Oppenheimer”- Saturday February 10th 1pm Chapel
Sing A Longs- Monday February 12th & Monday February 26th 7pm TOS
Mardi Gras Pop-Up! - Tuesday February 13th 2pm Chapel
Resident’s Council Meeting- Wednesday February 14th 10:30am Chapel
Ash Wednesday Worship- Wednesday February 14th 1pm Chapel
Art Gallery Opening- Thursday February 15th 4pm Bistro Parlor
Ballet Theater Company Performance- Thursday February 15th 7:15pm Chapel
Roaring Twenties Mixer Dinner- Friday February 16th 5pm MDR
Seabury Authors Speak- Saturday February 17th 2:30pm Chapel
Black Professionals at Seabury Panel Discussion- Tuesday February 20th 11am Chapel
Foreign Film Night- Tuesday February 20th 7:15pm Heritage Hall
Women’s Breakfast- Thursday February 22nd 8:30am MDR
Conversations- Thursday February 22nd 1pm Chapel
Community Forum- Wednesday February 28th 2pm Chapel

ADULT LEARNING PROGRAM SCHEDULE
Biodiversity - Tuesday February 6th, 20th & 27th- 1pm Chapel
Movie Buffs - Wednesday February 7th- 10:30am Zoom
Civil War Monuments - Thursday February 8th- 10am Zoom
Sculpture - Thursday February 15th- 10am Zoom
Geography for Travelers - Friday February 16th & 23rd- 1pm Heritage Hall
Harriet Beecher Stowe - Thursday February 29th- 10am Zoom

NEW RESIDENTS!
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