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SAH MONTHLY

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PRESIDENT'S POST -- BY BAKER SALSBURY

The June Luncheon: What's the future of SAH? At our SAH Member luncheon at 12:00 p.m. on Wed., June 21, join us to hear from President, CEO (and SAH Member) Renée J. Bernasconi as she discusses the past, present and future of our organization. We have asked Renée to tell us about the origins of this extra-ordinary "at-home" institution and her motivations to pursue this mission. She will also tell us of her perceptions of our current programs and services. Most importantly, we will learn of plans for the future of this rapidly growing association, currently with 295 Members. What will it look like and how would it operate with say, 600 Members? As usual, please sign up for the luncheon (12:00 p.m.) and social hour with wine and soda preceding at 11:30 a.m. at the Top of the Stairs. Please email Betsy at elizabethhalligan@seaburylife.org. And, the first eight (8) Members who are interested may have a tour beginning at 10:30 a.m. Join us! -- *Baker Salsbury*



CAST YOUR VOTE! OUR REVISED BYLAWS ARE READY!

Two years ago, our cumbersome SAH Membership Association Bylaws were reduced from 22 pages to two and a half pages (whew)! Now it is time for further refinements. Shortly, you'll receive a special mailing accompanied by a memo from Ruth Mitman, our vice president, highlighting these proposed changes and additions. *Of special note*: We propose to enlarge our Executive Committee by expanding the number of At-Large members from two to six members. This change reflects both the dramatic increase in members, and more importantly, the widening geographic representation of new members across the state, particularly along the shoreline. So, you -- our Members -- take note: With the revised Bylaws, the Nominating Committee will begin its search this summer for new members. Please email Gemma Baker at gemmaebaker@sbcglobal.net if you are interested.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
				<p>1</p> <p>8:30 AM Men's Breakfast- MDR 10:00 AM Encore OPEN 10-3 10:00 AM Resident Workshop: OS 10:30 AM ComCom- ZM 1:00 PM Cribbage- 5th Floor GR 3:15 PM Prayer Shawl Ministry-VLR</p>	<p>2</p> <p>2:00 PM Together to Music- CAS 3:00 PM Storytellers- ZM</p>	<p>3</p> <p>9:00 AM Virtual Men's Mug-ZM 4:00 PM Drop-In Social- HP</p>
<p>4</p> <p>2:00 PM Holy Eucharist- CH 3:00 PM Movie-Maria: By Callas-HH</p>	<p>5</p> <p>12:00 PM Weight Winners- SW Dance Studio - SW 1:00 PM Open Studio- CAS 1:00 PM ALP- History of Radio-ZM 3:00 PM Mahjong in Game Room (Level Five - Commons) - Ga - So 3:30 PM Bridge- CAS</p>	<p>6</p> <p>9:00 AM Encore Donations - EN 1:00 PM ALP- Music- CH 4:00 PM Drop-In Social- HP 4:00 PM Processing Grief- CFS 4:00 PM Art Group-Atrium 6:00 PM Coin Club- BR</p>	<p>7</p> <p>9:00 AM Hospitality Committee- ZM 11:00 AM Christian Worship- VAR 11:30 AM Spirituality Reading Group- CFS 11:30 AM Spiritual Reading CFS 7:15 PM Movie- The In-Laws- HH</p>	<p>8</p> <p>10:00 AM Resident Workshop: OS 10:00 AM ALP Annual Meeting-CH 1:00 PM Cribbage- 5th Floor GR 3:15PM Prayer Shawl Ministry- VLR 4:00 PM Art Gallery Opening 4:00 PM Performing Arts Committee- CAS</p>	<p>9</p> <p>10:30 AM SAHEC Monthly Meeting BR 11:00 AM Shabbat Service- CH 2:00 PM Together to Music- CAS 2:00 PM Poets & Writers-ZM</p>	<p>10</p> <p>9:00 AM Virtual Men's Mug-ZM 4:00 PM Drop-In Social- HP</p>
<p>11</p> <p>2:00 PM Holy Eucharist- CH 3:00 PM Movie-The In-Laws- HH</p> 	<p>12</p> <p>11:00 AM Real Art Ways Lecture 1:00 PM Open Studio- CAS 3:00 PM Mahjong in GR (Level Five - Commons) 3:30 PM Bridge- CAS 7:00 PM Sing A Long - TOS</p>	<p>13</p> <p>9:00 AM Encore Donations - EN 9:30 AM Health Services Mtg-ZM 11:00 AM Trails Committee- GVR 1:00 PM Coin Club- BR 2:00 PM Together to Music- CAS 4:00 PM Drop-In Social- HP 4:00 PM Processing Grief- CFS 4:00 PM Threshold Choir-CH</p>	<p>14</p> <p>10:30 AM Residents Council- CH 11:00 AM Holy Eucharist- VAR 11AM-2PM- Elos Hibachi Food Truck- Hilltop 2:00 PM Elizabeth Lane Library Lecture- CH 3:30 PM Low Vision Support Group-HH 7:15 PM Movie- Prizzi's Honor- HH</p>	<p>15</p> <p>10:00 AM Encore OPEN 10-3 10:00 AM Resident Workshop: OS 1:00 PM Cribbage- 5th Floor GR 3:00 PM Meet & Greet - TOS 3:15 PM Prayer Shawl Ministry-VLR</p>	<p>16</p> <p>2:30 PM Diabetes Group-MR 3:30 PM Finance & Budget- BR</p>	<p>17</p> <p>9:00 AM Virtual Men's Mug-ZM 4:00 PM Drop-In Social- HP</p>
<p>18</p> <p>2:00 PM Holy Eucharist- CH 3:00 PM Movie-Prizzi's Honor-HH</p>	<p>19</p> <p>10:00 AM Dining Committee- ZM 12:00 PM Weight Winners- SW DS 1:00 PM Open Studio- CAS 3:00 PM Mahjong in Game Room (Level Five - Commons) 3:30 PM Bridge- CAS</p>	<p>20</p> <p>9:00 AM Encore Donations -EN 10:00 AM Garden & Greenhouse-ZM 2:00 PM Together to Music- CAS 4:00 PM Drop-In Social- HP 4:00 PM Processing Grief- CFS 7:15 PM Foreign Film Movie Night- Marriage, Italian Style- HH</p>	<p>21</p> <p>10:00 AM Roger Niland Basic Drawing Class- CAS 11:00 AM Christian Worship- VAR 11:30 AM Spirituality Reading Group-CFS 12:00 PM SAH Luncheon -MDR 1:00 PM Sports & Games Committee 7:15 PM Movie- The Third Man-HH</p>	<p>22</p> <p>10:00 AM Resident Workshop: OS 1:00 PM Cribbage- 5th Floor GR 3:15PM Prayer Shawl Ministry- VLR</p>	<p>23</p> <p>10:00 AM Flower and Decoration Committee- CAS 2:00PM Founder's Day Celebration- CH 2:30 PM French Conversation- HP 7:15 PM Katie Lansdale & Zoe Lansdale Concert - CH</p>	<p>24</p> <p>9:00 AM Virtual Men's Mug-ZM 4:00 PM Drop-In Social- HP</p>
<p>25</p> <p>2:00 PM Holy Eucharist- CH 3:00 PM Movie-The Third Man-HH</p>	<p>26</p> <p>10:00 AM Library Comm- CAS 1:00 PM Open Studio- CAS 3:00 PM Mahjong in Game Room (Level Five - Commons) 3:30 PM Bridge- CAS</p>	<p>27</p> <p>9:00 AM Encore Donations - EN 9:00 AM Buildings & Grounds-ZM 2:00 PM Together to Music- CAS 4:00 PM Drop-In Social- HP 4:00 PM Processing Grief- CFS</p>	<p>28</p> <p>10:00 AM Roger Niland Basic Drawing Class- CAS 11:00 AM Holy Eucharist- VAR 11:00 AM Caregiver's Support Group- HP 2:00 PM Community Forum-CH 7:15 PM Movie- The Band Wagon-HH</p>	<p>29</p> <p>10:00 AM Encore OPEN 10-3 - EN 10:00 AM Resident Workshop: OS 1:00 PM Cribbage- 5th Floor GR 3:15 PM Prayer Shawl Ministry-VLR</p>	<p>30</p> <p>BR- Board Room CFS- Center for Spirituality DS- Dance Studio GR- Game Room HH- Heritage Hall HP- Hearthside Parlor MDR- Main Dining Room MS- Music Studio OS- Open Shop TOS- Top of the Stairs VAR- Views Activity Room VLR- Views Living Room ZM-Zoom</p>	

SAH MONTHLY

SURVEY RESPONSES: I NEED HELP AT HOME!

SURVEY

A common theme from the recent SAH Member Survey was the need for home maintenance services, or as one Member wrote, *"I need a property manager!"* For those seeking the assistance of an electrician, painter, landscaper or other services, look no further than our *Member Service Directory* on the SAH Member Portal. Each of these trusted specialists have been nominated by a SAH Member. For broader services such as property management, note this example from one of our Members, Debra Pasquale:

- *For over 35 years, White & Katzman Property Services have provided Connecticut homeowners with help on repairs, remodeling and routine maintenance. For an hourly rate, I've used them for roof raking, changing high-top lightbulbs and smoke detector batteries, and installing railings in my bathroom and long flights of stairs. You may contact Paula at 860-610-0160 ext. 125 or visit www.wkpropertieservices.com for more information.*

CHURCH HOME OF HARTFORD FOUNDER'S DAY CELEBRATION

Come celebrate Church Home of Hartford's 147th Anniversary on Fri., June 23, 2023 at 2:00 p.m. in The Bishops' Chapel! President & CEO Renée J. Bernasconi will introduce the Sesquicentennial Planning Committee, recognize Seabury's earliest Residents, and share plans for the 150th Celebration in 2026. A festive reception will follow the brief presentation out on the Terrace Courtyard!

SAH QUESTIONS OR COMMENTS?

Baker Salisbury, MPH, MSW, MHSA
President -- SAHEC Membership Association
bakersal-mph99@comcast.net

NEXT MONTHLY MEETING

Fri., June 9, 2023 | 10:30 a.m. | Board Room



WELCOME NEW MEMBERS!

Paula Johnson
Joan Lavender
Nancy Crouch