



SEABURY MONTHLY

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FEBRUARY 2023

RESIDENT SERVICES TEAM

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PRINCE MORTIMER LECTURE

SEABURY CELEBRATES BLACK HISTORY MONTH

JOHN MILLS' LECTURE BRINGS TO LIGHT THE LARGELY UNTOLD STORY OF PRINCE MORTIMER, AN ENSLAVED CONNECTICUT MAN, WHILE ALSO EVALUATING THE RIPPLE EFFECTS OF A PAST TIME.

MILLS TRACES HIS PERSONAL PATH IN DISCOVERING HIS TIES TO SLAVERY AND WHAT IT REVEALED ABOUT HIMSELF. COME LISTEN TO THIS FASCINATING STORY ON **THURSDAY FEBRUARY**

16TH AT 2PM IN THE CHAPEL!

MARDI GRAS!


JOIN US FOR A MARDI GRAS CELEBRATION YOU WILL NEVER FORGET! NEW ORLEANS STYLE CUISINE, A LIVE BAND & HURRICANE PUNCH WILL BE PROVIDED. BRING YOUR DANCING SHOES AND BEST MARDI GRAS MASK ON **TUESDAY FEBRUARY 21ST AT 2PM IN THE CHAPEL!**



DRIVING WHILE AGING

DRIVING IS SO MUCH MORE THAN GETTING FROM POINT A TO POINT B. IT REPRESENTS OUR INDEPENDENCE, FREEDOM AND CONTROL. LEARN WAYS TO SELF-REGULATE YOUR DRIVING PATTERN TO SAFELY REMAIN ON THE ROAD! COME LISTEN TO THIS INFORMATIVE LECTURE GIVEN BY **DR. RUTH MITMAN ON TUESDAY FEBRUARY 28TH AT 2PM IN THE CHAPEL!**

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><i>"We must never forget that Black History is American History"- Yvette Clarke</i></p>			<p>1</p> <p>9:00 AM Hospitality Committee- Zoom 11:00 AM Christian Worship- Views Activity Room 11:30 AM Spiritual Reading Group-Center for Spirituality 1:30 PM Roger Niland-CAS 3:30 PM FG Book Club-Heritage Hall 7:15 PM Movie- Tootsie- Heritage Hall</p>	<p>2</p> <p>10:00 AM Resident Workshop: Open Shop 10:30 AM ComCom- Zoom 10:30 AM Carol Ganick-CAS 1:00 PM Chimes Rehearsal- HH 3:15 PM Prayer Shawl Ministry- Views Living Room 4:00 PM Art Gallery Opening- Top of the Stairs HAPPY GROUNDHOG DAY!</p>	<p>3</p> <p>1:15 PM Bloomfield Public Schools Performance- Chapel 2:00 PM Tea-Time- Top of the Stairs 2:00 PM Together to Music- CAS 3:00 PM Storytellers- Zoom</p>	<p>4</p> <p>9:00 AM Virtual Men's Mug-Zoom 2:00 PM Bridget De Moura Trio Concert- Chapel 4:00 PM Drop-In Social- Hearthside Parlor</p>
<p>5</p> <p>2:00 PM Holy Eucharist- Chapel 3:00 PM Movie-Tootsie- Heritage Hall</p>	<p>6</p> <p>8:30 AM Men's Breakfast- MDR 12:00 PM Weight Winners- SW Dance Studio 1:00 PM Open Studio- CAS 2:00 PM Chorus- Music Studio 3:00 PM Mahjong in Game Room (Level Five - Commons) 3:30 PM Bridge- CAS</p>	<p>7</p> <p>9:00 AM Encore Donations 3:00 PM New Resident Rec-Chapel 4:00 PM Drop-In Social- Hearthside Parlor 4:00 PM Processing Grief- Center of Spirituality</p>	<p>8</p> <p>10:30 AM Residents Council- Chapel 11:00 AM Holy Eucharist- Views Activity Room 1:30 PM Roger Niland-CAS 3:30 PM Low Vision Support Group- Heritage Hall 7:15 PM Movie- If Beale Street Could Talk- Heritage Hall</p>	<p>9</p> <p>10:00 AM Encore OPEN 10-3 10:00 AM Resident Workshop: Open Shop 10:30 AM Carol Ganick-CAS 1:00 PM Chimes Rehearsal- HH 3:15 PM Prayer Shawl Ministry- Views Living Room 4:00 PM Performing Arts Committee- CAS</p>	<p>10</p> <p>10:30 AM SAHEC Monthly Meeting -- Board Room 11:00 AM Shabbat Service- Chapel 2:00 PM Together to Music- CAS</p>	<p>11</p> <p>9:00 AM Virtual Men's Mug-Zoom 4:00 PM Drop-In Social- Hearthside Parlor</p>
<p>12</p> <p>2:00 PM Holy Eucharist- Chapel 3:00 PM Movie-If Beale Street Could Talk- Heritage Hall</p>	<p>13</p> <p>1:00 PM Open Studio- CAS 2:00 PM Chorus- Music Studio 3:00 PM Mahjong in Game Room (Level Five - Commons) 3:00 PM Finance & Budget- Board Room 3:30 PM Bridge- CAS 7:00 PM Sing A Long- Top of the Stairs</p>	<p>14</p> <p>9:00 AM Encore Donations 9:30 AM Health Services Meeting-Zoom 1:00 PM Coin Club- Board Room 2:00 PM Paul Bissacia Concert-Chapel 3:30 PM 10 Minute Plays- Heritage Hall 4:00 PM Drop-In Social- Hearthside Parlor 4:00 PM Processing Grief- Center for Spirituality 4:00 PM May Threshold Choir- Chapel HAPPY VALENTINE'S DAY!</p>	<p>15</p> <p>11:00 AM Christian Worship- Views Activity Room 11:00 AM Dr. Harris Memorial-Chapel 11:30 AM Spirituality Reading Group-Center for Spirituality 1:30 PM Roger Niland-CAS 2:00 PM Sports & Games Committee- Garden View Room 3:30 PM Scholarship Committee- Board Room 7:15 PM Movie- Enough Said- Heritage Hall</p>	<p>16</p> <p>10:00 AM Resident Workshop: Open Shop 10:30 AM Carol Ganick-CAS 1:00 PM Chimes Rehearsal- HH 2:00 PM Prince Mortimer Lecture-Chapel 3:00 PM Caregiver's Support Group- HP 3:15 PM Prayer Shawl Ministry- Views Living Room</p>	<p>17</p> <p>2:00 PM Together to Music- CAS 2:30 PM Diabetes Group-MEDIA ROOM 3:00 PM Meet & Greet- Top of the Stairs</p>	<p>18</p> <p>9:00 AM Virtual Men's Mug-Zoom 4:00 PM Drop-In Social- Hearthside Parlor</p>
<p>19</p> <p>2:00 PM Holy Eucharist- Chapel 3:00 PM Movie-Enough Said- Heritage Hall</p>	<p>20</p> <p>10:00 AM Dining Committee- Zoom 12:00 PM Weight Winners- SW Dance Studio 1:00 PM Open Studio- CAS 2:00 PM Chorus- Music Studio 3:00 PM Mahjong in Game Room (Level Five - Commons) 3:30 PM Bridge- CAS HAPPY PRESIDENT'S DAY!</p>	<p>21</p> <p>9:00 AM Encore Donations 2:00 PM Mardi Gras Party- Chapel 4:00 PM Drop-In Social- Hearthside Parlor 4:00 PM Processing Grief- Center of Spirituality</p>	<p>22</p> <p>11:00 AM Ash Wednesday Service- Chapel 1:30 PM Roger Niland-CAS 2:00 PM Community Forum-Chapel 7:15 PM Movie- My Left Foot- Heritage Hall</p>	<p>23</p> <p>8:30 AM Women's Breakfast-MDR 10:00 AM Encore OPEN 10-3 10:00 AM Resident Workshop: Open Shop 10:30 AM Carol Ganick-CAS 1:00 PM Conversations- Chapel 1:00 PM Chimes Rehearsal- HH 3:15 PM Prayer Shawl Ministry- Views Living Room</p>	<p>24</p> <p>10:00 AM Flower and Decoration Committee- CAS 2:00 PM Together to Music- CAS 2:30 PM French Conversation- Hearthside Parlor 3:00 PM Black History Month Celebration Pop Up! - Chapel</p>	<p>25</p> <p>9:00 AM Virtual Men's Mug-Zoom 4:00 PM Drop-In Social- Hearthside Parlor</p>
<p>26</p> <p>2:00 PM Holy Eucharist- Chapel 3:00 PM Movie-My Left Foot- Heritage Hall</p>	<p>27</p> <p>10:00 AM Library Comm- CAS 1:00 PM Open Studio- CAS 2:00 PM Chorus- Music Studio 3:00 PM Mahjong in Game Room (Level Five - Commons) 3:30 PM Bridge- CAS 7:00 PM Sing A Long-TOS</p>	<p>28</p> <p>9:00 AM Encore Donations 9:00 AM Buildings & Grounds-Zoom 2:00 PM Ruth Mitman Talk-Chapel 4:00 PM Drop-In Social- Hearthside Parlor 4:00 PM Processing Grief- Center of Spirituality 4:00 PM Art Group</p>		<p>AARP tax assistance volunteers will offer free state and federal income tax preparation at the Marilyn Michelson Senior Center every Wednesday from 9:00 a.m. to 3:00 p.m. from February 8 through April 12, 2023. Please call 860-243-8361 to schedule your appointment and arrange to pick up your tax packet containing instructions and forms to be completed prior to your appointment.</p>		



SEABURY MONTHLY

NEW RESIDENTS!

BARBARA GOLDBERG
APARTMENT 3127
WILL BE MOVING TO
COTTAGE 333 IN
FEBRUARY
860-868-0889

JANE LOW
APARTMENT 3113
860-242-7095

COURTNEY CAREY
APARTMENT 1110
860-651-5113

JOAN JONES
APARTMENT 4163
860-527-0048



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FEBRUARY 2023

WHO'S PERFORMING?



PAUL BISSACIA
VALENTINE'S DAY PIANO PERFORMANCE
TUESDAY FEBRUARY 14TH
2PM
CHAPEL

LARRY GAREAU BAND
MARDI GRAS PERFORMANCE
TUESDAY FEBRUARY 21ST
2PM
CHAPEL



NIA ARTS
AFRICAN DRUM & DANCE
PERFORMANCE
FRIDAY FEBRUARY 24TH
3PM
CHAPEL
SEABURY CELEBRATES BLACK
HISTORY MONTH

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