

ICAA and NuStep name “Best in Wellness” senior living communities, community centers, and CEOs

VANCOUVER, BC – Nov. 8, 2022 – Since 2019, the International Council on Active Aging® (ICAA) and NuStep, LLC, have recognized the leading 25 senior living communities in North America as the “Best in Wellness” with the [ICAA NuStep Beacon Award](#). Of these, the top five also have earned the prestigious Pinnacle Award for exceptional, above-and-beyond performance.

This year, ICAA and NuStep have expanded the Pinnacle Award to include the top five winners in two additional categories: community centers (senior centers, parks & recreation facilities, adult day services) and wellness CEOs.

“As wellness has continued to grow in the active-aging industry, we are delighted to provide even more opportunities for organizations and executives to be honored for their influence and impact,” says Colin Milner, ICAA founder and CEO. “With the ongoing shift to wellness-based models, all of these distinguished award winners serve as shining examples that are leading the way.”

The 2022 ICAA NuStep Beacon and Pinnacle Awards were presented last week at the ICAA Conference, Leadership Summit & Expo in Orlando, Florida. Awards highlight communities that embrace wellness as a way of life by using wellness as a foundation, and partnering with residents, members, clients and staff to create relevant, meaningful opportunities that empower people to live better longer.

“Expanding these awards to include community centers spreads the encouraging news that wellness continues to move beyond senior living communities,” says Jane Benskey, marketing communications specialist at NuStep. “In addition, we’re now recognizing individual CEOs, who validate the value and purpose of a wellness-centered environment in their respective settings.”

2022 ICAA NuStep Beacon Award winners

1. Splendido At Rancho Vistoso (Tucson, Arizona)
2. John Knox Village of Florida (Pompano Beach, Florida)
3. Maravilla Santa Barbara (Santa Barbara, California)
4. Moorings Park Grande Lake (Naples, Florida)
5. Meadowood Senior Living (Worcester, Pennsylvania)
6. Moorings Park (Naples, Florida)
7. GenCare Lifestyle Seattle at Ballard Landmark (Seattle, Washington)
8. Tapestry Village Gate West (Toronto, Ontario, Canada)
9. Fellowship Village (Baskin Ridge, New Jersey)
10. Leisure World Arizona (Mesa, Arizona)

11. Arbor Terrace Naperville (Naperville, Illinois)
12. Royal Oaks (Sun City, Arizona)
13. Still Hopes Episcopal Retirement Community (West Columbia, South Carolina)
14. Moorings Park at Grey Oaks, (Naples, Florida)
15. Tapestry Arbutus Walk (Vancouver, British Columbia, Canada)
16. Tapestry at Victoria Harbour (Victoria, British Columbia, Canada)
17. Kavod Senior Life (Denver, Colorado)
18. Williamsburg Landing (Williamsburg, Virginia)
19. Galloway Ridge at Fearrington (Pittsboro, North Carolina)
20. Maravilla Scottsdale (Scottsdale, Arizona)
21. The Atrium at Navesink Harbor (Red Bank, New Jersey)
22. Westminster at Lake Ridge (Lake Ridge, Virginia)
23. Seabury (Bloomfield, Connecticut)
24. The Mather (Evanston, Illinois)
25. Matthews Glen (Matthews, North Carolina)

2022 ICAA NuStep Top 5 Pinnacle Award Winners – Senior Living

These top five communities are distinguished with the esteemed Pinnacle Award for their extraordinary achievements.

1. Splendido At Rancho Vistoso (Tucson, Arizona)
2. John Knox Village of Florida (Pompano Beach, Florida)
3. Maravilla Santa Barbara (Santa Barbara, California)
4. Moorings Park Grande Lake (Naples, Florida)
5. Meadowood Senior Living (Worcester, Pennsylvania)

2022 ICAA NuStep Top 5 Pinnacle Award Winners – Community Centers

New this year are community center winners, encompassing senior centers, parks & recreation facilities and adult day services.

1. The Center at Belvedere (Charlottesville, Virginia)
2. Older Persons' Commission (Rochester, Michigan)
3. Wylie Senior Recreation Center (Wylie, Texas)
4. Thrive55+ (Groton, Connecticut)
5. Joyce Raye Patterson 50+ Activity Center (Saint Joseph, Missouri)

2022 ICAA NuStep Top 5 Pinnacle Award Winners – Wellness CEOs

Also debuting this year is the wellness CEO category which commends leaders that have demonstrated outstanding dedication to fostering thriving wellness cultures.

1. Peter Thompson, The Center at Belvedere (Charlottesville, Virginia)
2. Mary Leary, Mather (Evanston, Illinois)
3. Lynne Katzmann, Juniper Communities (Bloomfield, New Jersey)
4. Kevin L. Burke, Paradise Valley Estates (Fairfield, California)
5. Ginger Anzalone, Vesta Property Services (Sun City, Florida)

For additional information about best practices of these award winners, consult the ICAA NuStep Beacon Award web site at <https://beaconaward.icaa.cc>.

About NuStep, LLC

NuStep, LLC designs, manufactures and distributes recumbent cross trainer exercise equipment. NuStep products, accessories and adaptive equipment empower users of virtually all functional abilities and fitness levels to engage in exercise that helps build strength, enhance independence and improve health outcomes. From 1998 to 2018, NuStep sponsored the Pinnacle Award to recognize senior communities and senior centers transforming lives through whole-person wellness programming. The award also served as a vehicle to educate and encourage senior organizations to integrate whole-person wellness into their programming.

About the International Council on Active Aging (ICAA)

ICAA is a professional association that leads, connects and defines the active-aging industry and supports professionals who aspire to develop wellness cultures for adults over 50. This support includes creating wellness environments, programs and services. The association is focused on active aging—an approach to aging that helps older adults live life as fully as possible within all dimensions of wellness—and provides its members with education, information, resources and tools. As an active-aging educator and advocate, ICAA has advised numerous organizations and governmental bodies.

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