

If you have an employee you would like to see highlighted in September's Employee Spotlight, please contact Jasmine Mills at Jasmine-mills@seaburylife.org



Volunteers are still needed for the Hub! We need friendly volunteers to staff the Hub. Hours are from 10:00am-3:00pm - you pick the hours you can work! If interested, please let Heather Cahill know. She can be found in the Seabury Charitable Foundation Office or email her at heathercahill@seaburylife.org.



David Eberly

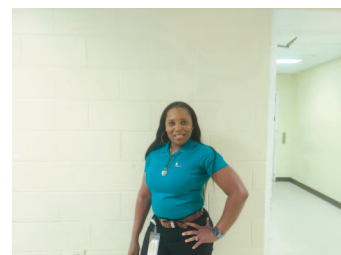
David has been blind since birth and started playing piano by ear around age 3. In third grade, he learned to read Braille music. He took music lessons at the Overbrook School for the Blind in Philadelphia, and attended the Oak Hill School for the Blind in Hartford.

He is a Magna Cum Laude graduate of the Hartt School, University of Hartford and has a bachelor's degree in Music with an Emphasis in Piano. He played in the Al Jarvis Orchestra and was a member of Pulse from 1979 to 1992; the Sam Passco Orchestra from 1989 to 2016; the Jerry Carrillo Orchestra from 1978 to 2014. He has been an active member of the Hartford Men of Harmony Barbershop Chorus (formerly Insurance City Chorus), since 1985. He played a concert at the Hartford Jazz Society, performed jazz and classical music on WWUH, and has been a guest DJ on Jazz Programs.

David will be performing in the Chapel on Thursday, August 4th at 2pm in the Chapel!

Employee Spotlight!

Marjorie may be the name on her badge, but because of her impeccable style, grace & work ethic, her coworkers call her "Hollywood". Marjorie is a very hard worker and is willing to help whenever she can. She always has a smile on her face and her positivity is infectious. There is no task



Marjorie Stewart



Errol Lee

too big for Errol. He is one to complete all of his assignments without any complaints. Errol will also seek his own tasks and will take ownership for the areas he is responsible for. Errol's personality is a light within itself. He is so positive and optimizes what Seabury is about. Marjorie & Errol, thank you for dedicating yourselves to the Seabury residents and delivering 5-Star service everyday!



# Seabury MONTHLY

www.seaburylife.org

AUGUST 2022



**(860) 286-0243**  
200 Seabury Drive  
Bloomfield, CT 06002

**Resident Services Staff**  
**(860) 286-0243**

Matt McGowan  
**AVP, Res. & Mem. Svcs.**  
(860)243-4032

Jasmine Mills  
**Event & Programs Coordinator**  
(860)286-4285

Cameron Welch  
**Event Logistics & Tech Support Coordinator**  
(860)243-6058

Karen Frawley  
**Front Desk Coordinator**  
(860)286-0243

**Important Phone Numbers**  
**Security**  
(860)243-6045

**Hartford HealthCare**  
(860)380-5150

**Seabury Nurse**  
(860)243-6071

(NON-EMERGENCY)

**Where's the Fun?**



Rashmi Sharma

You loved her Tea Presentation so much that I had to bring her back! Rashmi Sharma will be giving the presentation "Women's Wear from India: a cultural exposé".

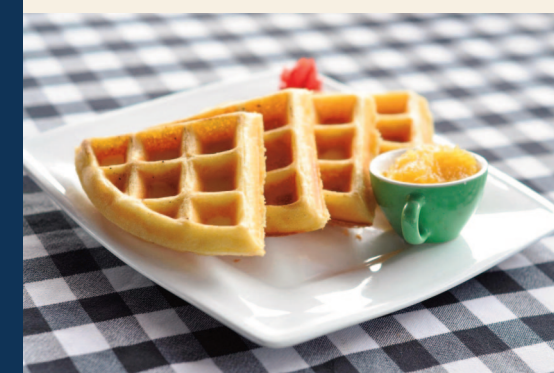
This is a vibrant, colorful presentation on traditional women's dresses from a culturally diverse country of India. She will take the attendees on a pictorial journey to four historically rich regions in India. Actual garments from these four regions that the audience can touch, feel, and try on will be available. She will demonstrate how some of these dresses are worn and narrate beautiful cultural stories of everyday life and old traditions. In today's globally influenced modern world that has latest innovation and technology on hand, she will give examples of how people are continuing to keep old fashioned traditions of weaving, embroidering, & hand making of these garments.

Come see Sharma on Thursday August 11th at 2pm in Heritage Hall!



Ross Tucker Band

Come enjoy the musical stylings of the Ross Tucker Band! This will be a Jazz concert you will not want to miss. They will be performing on Tuesday August 9th at 7:15pm in the Chapel!



**Women's Breakfast is Coming Back!**

After many years of the Men having all the fun, Jasmine is bringing Women's Breakfast Back in September! Stay tuned for more details!





# AUGUST 2022

| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday  |  |
|--|--|--|---|--|---|---|--|
| <b>200 Seabury Drive<br/>Bloomfield, CT<br/>06002</b><br><br><b>(860) 286-0243</b><br><b>www.seaburylife.org</b> | <b>1</b><br>8:30 Men's Breakfast MDR<br>12:00 Weight Winners SWET<br>1:00 Open Studio CAS<br>2:00 Chorus CH<br>3:00 Mahjong in Game Room (Level Five - Commons)<br>3:30 Bridge CAS | <b>2</b><br>9:00 Encore Donations EN<br>9-11:30am<br>4:00 Processing Grief SP<br>4:00 Drop-In Social HP  | <b>3</b><br>9:00 Hospitality Committee ZO<br>11:00 Christian Worship VCR<br>3:30 Movie - Coal Miner's Daughter CH   | <b>4</b><br>10:00 Resident Workshop: Open Shop<br>2:00 David Eberly CH<br>4:00 Gallery Opening TOS   | <b>5</b><br>2:00 Tea at TOS TOS<br>3:00 Storytellers ZO<br>4:00 10-Minute Plays HH  | <b>6</b><br>9:00 Virtual Men's Mug ZO<br>4:00 Drop-In Social HP     |  |
|  | <b>7</b><br>2:00 Holy Eucharist CH<br>3:30 Movie - Coal Miner's Daughter HH  | <b>8</b><br>1:00 Open Studio CAS<br>2:00 Chorus CH<br>3:00 Mahjong in Game Room (Level Five - Commons)<br>3:30 Bridge CAS  | <b>9</b><br>9:00 Encore Donations EN<br>9-11:30am<br>9:30 Health Services ZO<br>11:00 Trails Committee ZO<br>1:00 ALP ZO<br>1:00 Coin Club BR<br>4:00 Processing Grief SP<br>4:00 Drop-In Social HP<br>7:15 Ross Tucker Band CH | <b>10</b><br>10:30 Resident Council ZO<br>11:00 Holy Eucharist AR<br>2:00 ComCom ZO<br>2:30 Olga Vinokur CH<br>3:30 Low Vision Support Group HH<br>3:30 Movie - Coal Miner's Daughter HH<br>4:00 Spirituality Reading Group SP | <b>11</b><br>10:00 Resident Workshop: Open Shop<br>10:00 Encore OPEN 10-3 EN<br>2:00 Rashmi Sharma HH<br>4:00 Performing Arts Committee CAS | <b>12</b><br>11:00 Shabbat Service CH<br>2:00 Poets and Writers CAS | <b>13</b><br>9:00 Virtual Men's Mug ZO<br>4:00 Drop-In Social HP |
|  | <b>14</b><br>2:00 Holy Eucharist CH<br>3:30 Movie - Coal Miner's Daughter HH   | <b>15</b><br>10:00 Dining Committee HH<br>12:00 Weight Winners SWET<br>1:00 Open Studio CAS<br>2:00 Chorus CH<br>3:00 Mahjong in Game Room (Level Five - Commons)<br>3:30 Bridge CAS<br>7:00 Sing-A-Long TOS | <b>16</b><br>9:00 Encore Donations EN<br>9-11:30am<br>10:00 Garden & Greenhouse ZO<br>4:00 Processing Grief SP<br>4:00 Drop-In Social HP  | <b>17</b><br>10:00 e-voc-a-tive draw-ing CAS<br>11:00 Christian Worship AR<br>3:30 FG Book Club HH<br>3:30 Movie - Coal Miner's Daughter HH  | <b>18</b><br>10:00 Resident Workshop: Open Shop<br>3:00 Caregiver's Support Group HP  | <b>19</b><br>2:00 Tea at TOS TOS<br>3:00 Women Together ZO          | <b>20</b><br>9:00 Virtual Men's Mug ZO<br>4:00 Drop-In Social HP |
| <b>21</b><br>2:00 Holy Eucharist CH<br>3:30 Movie - Coal Miner's Daughter HH                                     | <b>22</b><br>10:00 Library Comm CAS<br>1:00 Open Studio CAS<br>2:00 Chorus CH<br>3:00 Mahjong in Game Room (Level Five - Commons)<br>3:30 Bridge CAS                               | <b>23</b><br>9:00 Encore Donations EN<br>9-11:30am<br>9:00 Buildings & Grounds ZO<br>1:00 ALP ZO<br>4:00 Processing Grief SP<br>4:00 Drop-In Social HP   | <b>24</b><br>10:00 e-voca-tive draw-ing CAS<br>11:00 Holy Eucharist AR<br>2:00 Community Forum CH<br>3:30 Movie - Coal Miner's Daughter HH<br>4:00 Spirituality Reading Group SP  | <b>25</b><br>10:00 Resident Workshop: Open Shop<br>10:00 Encore OPEN 10-3 EN   | <b>26</b><br>10:00 Flower Cmte Mtg. CAS<br>2:30 French Conversation HP  | <b>27</b><br>9:00 Virtual Men's Mug ZO<br>4:00 Drop-In Social HP    |  |
| <b>28</b><br>2:00 Holy Eucharist CH<br>3:30 Movie - Coal Miner's Daughter HH                                     | <b>29</b><br>1:00 Open Studio CAS<br>2:00 Chorus CH<br>3:00 Mahjong in Game Room (Level Five - Commons)<br>3:30 Bridge CAS   | <b>30</b><br>9:00 Encore Donations EN<br>9-11:30am<br>4:00 Processing Grief SP<br>4:00 Drop-In Social HP   | <b>31</b><br>11:00 Christian Worship AR<br>3:30 Movie - Coal Miner's Daughter HH  |  |   |   |  |

### Location Key

|      |                             |
|------|-----------------------------|
| 5TH  | 5th Flr across from Library |
| ATR  | Atrium                      |
| B    | Bistro                      |
| BL   | Bistro Lounge               |
| BC   | Business Center             |
| BR   | Board Room                  |
| SP   | Center of Spirituality      |
| 918  | Channel 918                 |
| 919  | Channel 919                 |
| CH   | Chapel                      |
| CAS  | Community Activity Space    |
| DS   | Dance Studio                |
| ES   | Encore Shop                 |
| GR   | Game Room                   |
| GV   | Garden View                 |
| HP   | Hearthside Parlor           |
| HH   | Heritage Hall               |
| HT   | Hilltop                     |
| L    | Library                     |
| LB   | Lobby                       |
| MDR  | Main Dining Room            |
| MR   | Media Room                  |
| NAT  | Natatorium                  |
| NL   | North Lounge                |
| OFF  | Offsite                     |
| PS   | Pilates Studio              |
| SWBR | South Wing Britton Room     |
| SWD  | South Wing Dance Studio     |
| TR   | Terrace Room                |
| TOS  | Top of Stairs               |
| AR   | Views Activity Room         |
| VDR  | Views Dining Room           |
| VFS  | Views Fitness Studio        |
| VL   | Views Library               |
| VP   | Views Parlor                |
| VTV  | Views TV Area               |
| VLR  | Views Living Room           |
| ZO   | Zoom                        |