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### GARDEN TOUR FOR SAH MEMBERS!



*Black Cohosh*

SAH Members Baker & Carol Salsbury of Tolland participate in the national Garden Conservancy's "Open Days" program. This year, they are featuring the gardens at Bear Run, their 6.5-acre estate above Lake Shenipsit in Tolland. For descriptions of the program and gardens, log on to the Conservancy's website: <https://www.gardenconservancy.org/open-days/garden-directory/bear-run>.

This summer, the tour is open to the public on Sun., June 19 from 10:00 a.m. - 4:00 p.m. with required reservation on their website. The photo, above right, is one of the Salsburys' favorites; the Black Cohosh.

However, the Salsburys are extending a **PRIVATE INVITATION FOR SAH MEMBERS ONLY** for the following Saturday; June 25, from 2:00 p.m. to 6:00 p.m., with wine and soft drinks served on the sun porch from 5:00 p.m. to 6:00 p.m. for those who'd like to socialize a bit. For information, directions and parking instructions, email Baker at: [bakersal-mp99@comcast.net](mailto:bakersal-mp99@comcast.net).

### BRIAN HARRIS — DIRECTOR OF RESIDENT SERVICES

To register for an event in the calendar, or for more information about programs on campus, please contact Brian Harris at 860-243-6065 or at [brianharris@seaburylife.org](mailto:brianharris@seaburylife.org).



**EARTH DAY  
CONTEST WINNER**

### OZZI CONTAINER WINNER!

On Fri., April 22 — Earth Day — Seabury was notified that its video submission on the use of OZZI reusable containers in Culinary, was a WINNER! And so, Seabury will receive \$1,000 in "OZZI Bucks" to spend on new containers, in addition to winning a recycled cutlery set!

Windsor Federal is open on Tuesdays from 9:00 a.m. to 12:00 p.m.



As a reminder, the next SAH Member Association Executive Committee meeting will take place on Fri., May 13, 2022 at 10:30 a.m. in the Board Room. SAH Members with questions or concerns are encouraged to attend the meeting or communicate with one of their SAHEC officers. Since Seabury still requires a COVID-19 screening in the Main Lobby, please park near the Main Entrance, check in and then proceed up the stairs or elevator, and down the hall, on Level 4, to the Board Room. If you have any questions, please contact At-Large SAHI Board Liaison Debra Pasquale at [dkpasquale@comcast.net](mailto:dkpasquale@comcast.net) or 860-305-8712. Please note; COVID-19 and/or no new business, may result in the meeting switching to ZOOM, or canceled, which would be announced in advance.



## UPCOMING EVENTS ON CAMPUS!



R. Bruce Donald

### Why Build Multi-Use Greenways?

*Implications for Connecticut and Beyond*

Presented by: R. Bruce Donald - East Coast Greenway Alliance  
Tues., May 31, 2022 at 10:00 a.m. in Heritage Hall

In this presentation, Bruce Donald will explain comprehensive research that investing in bicycle/pedestrian infrastructure has numerous benefits including public health, reduced transportation costs, increased access to reliable transportation, tourism, improved local economy, reduced user mortality rates, and environmental benefits. Solutions include developing a comprehensive pedestrian and bicycle network, as well as improving access to these facilities by all of Connecticut's residents and its visitors. Investing in bicycle infrastructure is at the forefront of twenty-first-century economic development. Bruce is the Tri-State Coordinator for the East Coast Greenway Alliance. A member of the Association of Pedestrian and Bicycle Professionals, he leads greenway advocacy efforts in Conn., N.Y. and N.J. In 2014, Bruce was appointed Chairman of the Governor's Connecticut Greenways Council, which coordinates all state stakeholders in planning, implementing, and funding the greenway system. He serves on many other boards and was recognized by the Connecticut General Assembly in a 2016 Official Citation as a regional force in bicycle and pedestrian advocacy. A graduate of Middlebury College in Vermont with a BA in political science and from Trinity College with an MA in history, he is the author of many financial, investment, and historical articles and a book, *Manhood and Patriotic Awakening in the American Civil War*, in 2008.

### Story Map Presentation

We have a very special opportunity coming up for you. On Fri., May 20 at 1:00 p.m., Chapel, we will have a presentation by a Bloomfield High School Senior, Ethan Morander,

from the Harris AgriScience Center. Those of you who have been at Seabury for three years or more may remember the presentation that we had here in the chapel from a previous member of Harris AgriScience who described his

experience constructing two bat houses in the Seabury Resident Shop under the supervision and guidance of George Limbrunner. That project was a partnership between Harris AgriScience, the Shop Committee and the Trails Committee and was very well received by a large audience in the Chapel. The multimedia presentation next month will be the result of a partnership between Harris, the Trails Committee, and the UConn Natural Resources Conservation Academy.



Ethan Morander — at right



# MAY 2022

## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

<b>1</b> 2:00 Holy Eucharist CH	<b>2</b> 9:00 Men's Breakfast MDR 10:30 ALP: India (Hybrid) CH 12:00 Weight Winners SWET 1:00 Open Studio CAS 2:00 Chorus CH 3:00 Mahjong in Game Room (Level Five - Commons) 3:30 Bridge CAS	<b>3</b> 9:00 Encore Donations EN 9-11:30am 10:00 ALP: Comic Poet CH 1:00 ALP ZO 1:00 Encore Committee BR 7:15 Ed Cummings CH	<b>4</b> 9:00 Hospitality Committee ZO 10:00 ALP: Deep Sea ZO 4:00 Processing Grief SP 6:00 Movie - Cabaret HH	<b>5</b> 10:00 Resident Workshop: Open Shop 10:00 Encore OPEN 10-3 EN 10:30 ALP: Movie Buffs ZO 11:30 Silent Meditation SP 1:00 Chimes (Gold) HH 1:00 ALP: CC Meeting ZO 2:00 Chimes (Blue) HH	<b>6</b> 9:30 ALP: Hikes (offsite) 3:00 Storytellers ZO 4:00 10-Minute Plays HH	<b>7</b> 9:00 Virtual Men's Mug ZO	
<b>8</b> 2:00 Holy Eucharist CH 6:00 Movie - Cabaret HH	<b>9</b> 10:30 ALP: India (Hybrid) CH 1:00 Open Studio CAS 2:00 Chorus CH 3:00 Mahjong in Game Room (Level Five - Commons) 3:30 Bridge CAS 7:00 Sing Along TOS	<b>10</b> 9:00 Encore Donations EN 9-11:30am 9:30 Health Services ZO Committee 10:00 ALP: Comic Poet CH 11:00 Trails Committee ZO 4:00 Spirituality Reading SP	<b>11</b> 10:30 Resident Council ZO 2:00 ComCom ZO 3:30 Low Vision Support Group HH 4:00 Spirituality Reading SP 6:00 Movie - Maiden HH	<b>12</b> 10:00 Resident Workshop: Open Shop 11:30 Silent Meditation SP 1:00 Chimes (Gold) HH 1:00 ALP: E & M Meeting ZO 2:00 Chimes (Blue) HH 4:00 Performing Arts Committee CAS	<b>13</b> 10:30 SAHEC Monthly Meeting BR 2:00 Tea at TOS TOS 7:15 Chorus Concert CH	<b>14</b> 9:00 Virtual Men's Mug ZO	
<b>15</b> 2:00 Holy Eucharist CH 6:00 Movie - Maiden HH	<b>16</b> 10:00 Dining Committee HH 10:30 ALP: India (Hybrid) CH 12:00 Weight Winners SWET 1:00 Open Studio CAS 2:00 Chorus CH 3:00 Mahjong in Game Room (Level Five - Commons) 3:30 Bridge CAS 7:15 New World Trio CH	<b>17</b> 9:00 Encore Donations EN 9-11:30am 10:00 Garden & Greenhouse ZO 10:00 ALP: Comic Poet CH 1:00 ALP ZO 1:00 Coin Club BR 4:00 Bible Study SP	<b>18</b> 3:30 FG Book Club HH 4:00 Scholarship Committee BR 4:00 Bible Study SP 6:00 Movie- A Place in the Sun HH	<b>19</b> Encore Appreciation Day! 10:00 Resident Workshop: Open Shop 10:00 Encore OPEN 10-3 EN 11:30 Silent Meditation SP 1:00 Chimes (Gold) HH 2:00 Chimes (Blue) HH 3:00 Caregiver's Support Group HP	<b>20</b> 11:00 Shabbat Service CH 3:00 Women Together ZO	<b>21</b> 9:00 Virtual Men's Mug ZO 10:00 CT Invasive Plant Working Group "Walk, Talk, Cut" Program (Trails)	
<b>22</b> 10:00 CT Invasive Plant Working Group "Walk, Talk, Cut" Program (Trails) RAIN DATE 2:00 Holy Eucharist CH 6:00 Movie- A Place In The Sun HH	<b>23</b> 10:00 Library Comm CAS 10:30 ALP: India (Hybrid) CH 1:00 Open Studio CAS 2:00 Chorus CH 3:00 Mahjong in Game Room (Level Five - Commons) 3:30 Bridge CAS	<b>24</b> 9:00 Encore Donations EN 9-11:30am 9:00 Buildings & Grounds ZO 10:00 ALP: Refugees CH 4:00 Art Group ATR	<b>25</b> 2:00 Community Forum CH 4:00 Spirituality Reading SP Group 6:00 Movie - Searching for Bobby Fisher HH	<b>26</b> 10:00 Resident Workshop: Open Shop 10:00 Conversations Program CH 11:30 Silent Meditation SP 1:00 Chimes (Gold) HH 1:00 ALP: BOD Meeting BR 2:00 Chimes (Blue) HH	<b>27</b> 9:30 ALP: Hikes (offsite) 10:00 Flower and Decoration Comm. CAS 2:00 Tea at TOS TOS 2:30 French Conversation HP	<b>28</b> 9:00 Virtual Men's Mug ZO	
<b>29</b> 2:00 Holy Eucharist CH 6:00 Movie- Searching for Bobby Fisher HH	<b>30</b> 1:00 Open Studio CAS 2:00 Chorus CH 3:00 Mahjong in Game Room (Level Five - Commons) 3:30 Bridge CAS	<b>31</b> 9:00 Encore Donations EN 9-11:30am 1:00 ALP ZO 4:00 Bible Study SP					

### Location Key

5TH	5th Flr across from Library
ATR	Atrium
B	Bistro
BL	Bistro Lounge
BC	Business Center
BR	Board Room
SP	Center of Spirituality
918	Channel 918
919	Channel 919
CH	Chapel
CAS	Community Activity Space
DS	Dance Studio
ES	Encore Shop
GR	Game Room
GV	Garden View
HP	Hearthside Parlor
HH	Heritage Hall
HT	Hilltop
L	Library
LB	Lobby
MDR	Main Dining Room
MR	Media Room
NAT	Natatorium
NL	North Lounge
OFF	Offsite
PS	Pilates Studio
SWBR	South Wing Britton Room
SWD	South Wing Dance Studio
TR	Terrace Room
TOS	Top of Stairs
AR	Views Activity Room
VDR	Views Dining Room
VFS	Views Fitness Studio
VL	Views Library
VP	Views Parlor
VTV	Views TV Area
VLR	Views Living Room
ZO	Zoom