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February 25, 2022

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Priceless 12 pages

SEABURY INVESTS IN GREEN TECHNOLOGY



Bloomfield Mayor Danielle Wong, Town Manager Stanley Hawthorne, Robert Isner from DEEP, Seabury President & CEO Renée J. Bernasconi, Seabury Board Chair The Rev. Erl G. "Puck" Purnell, Seabury Resident The Rev. Dr. Davida Foy Crabtree and dozens of Seabury residents and staff (photo on the left) celebrated Thursday the installation in the facility of a new commercial-grade, EcoRich 300 Food Composter.

Seabury became the first continuing care community in the country to purchase an

See SEABURY page 6

WARHAWKS FALL TO WARRIORS



Jaysean Williams
By Woodrow Dixon



Davion Kerr

title. Bloomfield played Warriors tough for the first two quarters and were down only 33-30 at halftime.

However, in the second half Windsor outscored the Warhawks 58-43 to seal the victory.

Bloomfield was led in scoring by senior Lake McLean, who finished with a season, career and game high 26 points, and he pulled down 10 rebounds and added four

See WARHAWKS page 7

Bloomfield (16-4) held its own against a taller Windsor (16-3) team for two quarters this past Tuesday evening February 22.

However, the Warriors took control of the game during the second half to come away with a 91-73 victory over the Warhawks in the 2021-2022 regular season finale for both teams.

The Windsor victory also gave them sole possession of the 2021-22 CCC North Division

BLOOMFIELD'S COBBLER JOHN MONTEFUSCO CELEBRATES 65 YEAR ANNIVERSARY



By Howard Frydman

A "cobbler" is one who makes or mends shoes or other leather goods. Mr. John Montefusco, owner of "John's Shoe Repair", is a cobbler extraordinaire who has been mending folks' shoes for the past 65 years at his small shop at 12 Mountain Avenue, here in the beautiful hamlet of Bloomfield, Connecticut. In fact, folks come from all over New England to have this one-of-a-kind craftsman repair a loose heel or a floppy sole.

See COBBLER page 6



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Edward Jones**

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This year's tax-filing deadline of April 18 is not that far off, but you still have time to make some moves that could favorably affect your tax returns. So, you may want to consider making some tax-smart contributions.

You have until the April

18 filing deadline to contribute to an IRA, or to open one for the 2021 tax year. When you invest in a traditional IRA, your earnings can grow on a tax-deferred basis and your contributions may be tax deductible, depending on your income level. And as a result of recent legislation, you can now fund a traditional IRA past age 70½, as long as you have earned income.

If you invest in a Roth IRA, your contributions aren't tax deductible, but your earnings can grow tax free if you don't take withdrawals until you're at least 59½ and you've had your account for five years. For the 2021 tax year, you can put up to \$6,000 in an IRA, or \$7,000 if you're 50 or older.

If you were eligible to contribute to a health savings account (HSA) last year, you can also contribute to that for the 2021 tax year, up to the April 18 deadline. An HSA has triple tax advantages: Your contributions are made with pre-tax dollars, so they can reduce your taxable income for the year; your earnings grow tax-free; and

your withdrawals are tax-free, provided the money is used for qualified medical expenses. For the 2021 tax year, you can contribute up to \$3,600 to an HSA as an individual, or \$7,200 for a family. And if you are 55 or older, you can contribute an extra \$1,000 to your HSA.

And, as you know, one of the big advantages of an HSA is that it is not subject to "use it or lose it" rules – you can roll over your savings from year to year. As such, an HSA can be a valuable account for helping you build resources for retirement, when your health care costs will undoubtedly go up.

In looking beyond the 2021 tax year, you may want to consider other ways to make tax-smart contributions. For example, in addition to contributing to your IRA and HSA, you may have access to a 401(k) or similar employer-sponsored plan. In 2022, you can put in up to \$20,500 to your 401(k), or \$27,000 if you're 50 or older. And, if your employer allows it, you can exceed these limits by making after-tax contributions. Also, if you need to save for education, you might want to consider a 529 education savings plan, which offers some tax advantages.

To learn more about how your contributions, in various forms, can affect your taxes, consult with your tax advisor. The more you know, the better your decisions.

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LOCAL BUSINESS

DUNCASTER HOSTS PRESS EVENT SHOWCASING EFFECTIVENESS OF COVID-19 MEASURES



By Vanessa Giannasi

Director of Foundation and Community Relations Duncaster Connecticut's Governor, the Honorable Ned Lamont, visited Caleb Hitchcock Health Center at Duncaster this week for a Press event highlighting how much the State of Connecticut has learned about how to control and stop the spread of COVID-19 and its variants.

Governor Lamont noted that nursing homes are much safer today than they were in the spring of 2020. He credited that to a few things, including getting residents and staff vaccinated and giving nursing homes needed support. As a result, Lamont noted that the data showed that nursing homes were in a much better place today. "Even in later waves of COVID-19, nursing

home deaths did not increase. This is proof that we have learned. In each wave of COVID-19, Connecticut has done better," Lamont said.

Ami Desai, Chief Operating Officer and Administrator at Caleb Hitchcock Health Center at Duncaster had this to say, "Today, we are two years stronger, and we have many to thank for that. Most especially our partners at the State who have supported us with PPE, testing resources, information, and consultation. The Governor and the Department of Public Health have been right by our side," said Desai, "Duncaster is successfully using the valuable knowledge it gained in the first two years of the pandemic. Today, we are even better prepared for whatever the future may bring."

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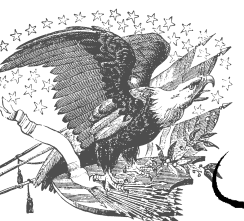
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GREEN NEWS

REDUCE * REUSE * RECYCLE

BLOOMFIELD'S CONSERVATION ENERGY & ENVIRONMENT COMMITTEE

By Claudia Gwardyak

REDUCE - ELECTRICITY

Geissler's Supermarket has been awarded a Sustainable Food Retail Certification through Ratio Institute whose mission is to help food retailers succeed with strategic sustainability.

The Sustainable Food Retail Certification program helps food retailers achieve operational excellence and meet sustainability goals by benchmarking performance, reducing costs, and increasing margins.

Geissler's website announces that its certification demonstrates that over 5.7 million Kwh is now being saved per year by the seven stores in the Geissler chain. Saving that much electricity is

equivalent to reducing greenhouse gases released by the stores by 4,072 metric tons of CO2 or the equivalent of 886 passenger vehicles driven for one year.

REUSE - BUILDING MATERIALS, APPLIANCES, FURNITURE

Habitat for Humanity's ReStore is a home improvement and donation center that sells new and gently used furniture, home accessories, building materials, and appliances to the public at a fraction of the retail price. All ReStore proceeds are used to build homes, community, and hope in Hartford & Tolland County. Habitat's Hartford ReStore is located at 500 Cottage Grove Road in Bloomfield.

RECYCLE - TEXTILES

Bloomfield offers three convenient locations for recycling textiles. 95% of all textiles in any condition can be recycled.

- Town Hall, 800 Bloomfield Ave
- Human Service Center,

330 Park Ave

- Wintonbury Library, 1015 Blue Hills Av

Samples of items that can be recycled are:

Shoes: heels, pumps, sandals, boots, work boots, dress boots, snow boots, sneakers, cleats, slippers, flip flops

Clothing: tops, sweaters, sweatshirts, dresses, tank tops, blazers, pants, jeans, sweat pants, skirts, shorts, slacks, undergarments, socks, t-shirts, slips, pajamas, coats

Accessories: hats, pocket-books, belts, gloves, duffelbags, ties, scarves, totes, bathrobes

Linens: sheets, blankets, draperies, pillows, dish towels, table linen, comforters, throw rugs, placemats

Stuffed animals

PLASTIC BAGS AND FILM

Looking for a place to recycle plastic bags and film? Stop and Shop has recycling containers right by the front entrance near the bottles and cans recycling shed.

YOU CAN HAVE YOUR OWN SPRING



The weather forecast is pretty grim for this weekend, with winter probably staging a return. But you can have your own spring inside! Our friend Linda Alexander sent us this photo of sunshine and optimism, and it will put a smile to every nature-lover's face. Photo by Linda Alexander

INFLATION???

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CIVIC ORGANIZATIONS

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By Lion Cindy Daniels
District 23B Leo Chair

The Windsor Lions have served the Windsor Community for 70 years and have teamed with Munson's Handcrafted Chocolates, voted "Connecticut's Best" year after year for an amazing fundraiser! Since 1946, Munson's has offered only the highest quality chocolate, made locally. The Windsor Lions will use 100% of the proceeds from this unique fundraiser to support the Windsor community. In order to guarantee only the finest traditional chocolate and specialty Easter items, you may order online from February 15th to March 23rd. only. All orders



will be available for pick up on the Windsor Town Green, at our Windsor Lions Annual Plant Sale, on Thursday, April 14th thru Saturday, April 16th. Thank you! Please contact Cindy Daniels, cldressage959@gmail.com with any questions.

The link to the site where you can place your order is provided below. Please share this with your friends, family members, neighbors, etc. so they can place their orders by March 23rd.

<https://windsor-lions-foundation-windsor-ct.square.site/>

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LIONS CLUBS SPONSOR BLOOD DRIVES

By Phyllis Perry

Global Service Team coordinator,
Lions District 23B

Our Lions Club Blood Drive just got BIGGER for a longer duration! Instead of one local club sponsoring a blood drive targeting their neighbors, to address the nationwide shortage of blood, Lions clubs in all 8 Connecticut counties have banded together in a statewide challenge to host a community blood drive from Feb 1 through April 30. Remember our motto is "We Serve."

This national blood crisis provides a perfect reason to get out of the house and do something positive for the community during this time of social isolation. While Types O positive and O negative may be the most needed blood types, right now ALL blood types are urgently needed to help end the blood crisis. According to @RedCross, winter is "one of the most difficult times of year to collect enough blood products to meet patient needs." Needs vary - from cancer, transplant and sickle cell patients to trauma victims and those with serious illnesses and blood disorders.

So why is donating blood so important? Well, simply put, giving blood saves lives. Just one donation or one pint of blood can save up to three lives and can really help people who are struggling. Healthy adults who are at least 17 years old, and at least 110 pounds may donate about a pint of blood - the most common form of donation -

every 56 days, or every two months. Blood centers are taking extra precautions to ensure donors and staff are protected from contracting the Coronavirus (COVID-19).

Traditionally, there is always a demand for all types of blood, so your blood will never go to waste and not be needed. "Donating blood is one of the best things you can do for the community and for other people. Most people never save one life, so being able to save three lives is really impactful," said Pam Mainiero, Global Service Team coordinator for CT Lions.

This past year has been hard on everyone, so the least people can do to give back and help others is to participate in a blood drive if they are able to. By giving blood, participants are

GIVE BLOOD



SAVE LIFE

RED CROSS

selflessly supporting people who are struggling. With this year being nothing but tough, now is the most vital and important time to help out and contribute to helping others.

To find a convenient blood drive, visit

www.redcrossblood.org

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French 75 will provide the live music. Expect to dance like you're in New Orleans when the sounds of trumpet, clarinet, tuba, banjo, drums and vocals take the stage. Shrove Monday is part of the traditional English Shrovetide celebrations of the week before lent and with diverse carnival celebrations which take place in many parts of the Christian world. Old St. Andrew's Church is located at 59 Tariffville Rd in Bloomfield.

www.oldstandrewschurch.org

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SEABURY INVESTS IN GREEN TECHNOLOGY



From Page One

- EcoRich, researched by its residents, and gifted by the Seabury Charitable Foundation. Having an EcoRich Composter onsite will divert more than 2,100 lbs. of organic waste per week from landfills or incinerators. At the same time, it will generate more than 210 lbs. of compost weekly, enabling Seabury to regenerate the campus's intensively farmed land, improving soil and gardens. In addition to reducing waste and improving onsite landscaping and home gardening, Seabury plans to engage staff, residents and Seabury At Home members to offer compost for lawns and gardens across the region.

In recent years, Seabury has made substantial investments in the quality of life on campus, from a state-of-the-art fitness center and spa to high-end cuisine and cultural events. But they're finding that Baby Boomer Residents are equally passionate about environmental sustainability—and these Residents' initiatives are helping to put Seabury on the cutting edge of green technology and innovation in the senior living field.

Other environmental investments and innovations at Seabury in recent years include a self-sufficient geothermal system that currently handles 100% of the cooling and heating load of Seabury's South Wing, as well as a solar system that has generated enough power to illuminate 110,000 LED light bulbs for one year. Seabury also employs a reusable container system by OZZI.

Seabury is the first privately-owned Life Plan Community for

adults 50 and over in the United States to receive a Green Globes designation. The designation is a result of Seabury's commitment to employing sustainable building practices with minimal ecological impact, including energy performance and reduction in water consumption.

Seabury has also received a Filta Environmental Impact Award for their efforts and the on-campus initiatives have been recognized by Sen. Richard Blumenthal, D-Conn.

"Seabury's admirable commitment to tackling the climate crisis will yield significant benefits, spurring residents to create a more sustainable community and planet," Sen. Blumenthal says. "I applaud the entire Seabury community for their dedication to a healthier and more sustainable environment."

"At Seabury, Administration, Residents, Members and staff are conscientious about the impact we make on the environment, beginning on our campus and in our community," says Seabury President & CEO Renée J. Bernasconi. "Our Residents have created an environmental action community group of over 50 members strong and we team up on sustainability initiatives."

BLOOMFIELD'S COBBLER JOHN MONTEFUSCO CELEBRATES 65 YEAR ANNIVERSARY

From Page One

- "I am a true cobbler. I am the last of the old-time "craftsmen" states Mr. Montefusco. "Nowdays, everything is disposable, but a good pair of shoes should last a very long time - just like the cobbler who repairs them" joyfully states Mr. Montefusco.

"I am this year 82 years of age and still working every single day, that is a wonderful testament to one's trade. In fact, it was my Uncle Antonio, in my home town of Naples, Italy, who taught me the family trade when I was just 17 years of age. I came to the USA in 1959 and settled here in Connecticut. My original shoe repair shop has moved several times over the years, from Copaco Center, to Wintonbury Mall and now to the Bloomfield Mini Mall on Mountain Avenue where I have been here for the past 21 years", reminisced Mr. Montefusco.

The honorable Sydney Schulman, former Mayor of the Town of Bloomfield, on the anniversary of John Montefusco remarks, "John the shoemaker is a magician! He can take a raggedy, worn pair of shoes and turn them into a pair you'd be proud to wear to a formal affair. But, for my family over 30 years or so, he has worked his magic on belts, handbags and other leather items. Hope he stays healthy for 100 more years. Happy Anniversary John!"

Isaac Suttar owner of "Isaac's Bagel Café", also situated at the Bloomfield Mini Mall, states, "John is a great guy - a true Bloomfield Treasure and a wonderful friend. Folks forget that not only does John repair shoes but he is also a locksmith duplicating keys. Something that I desperately needed a few years back when I inadvertently locked myself out of the



Photos: (top) John Montefusco doing his magic. (below) Former Mayor Syd Schulman congratulates John for his anniversary. Photos by Howard Frydman

house. I phoned John, and within 20 minutes, he prepared me a new set of house keys and I was able to get into my home".

We know that the entire town of Bloomfield, Connecticut celebrates this local "Treasure of a Man" and appreciates all is hard steadfast work as the "Legendary

Bloomfield Cobbler - Mr. John Montefusco".

Please stop by to see John and wish him a joyous Anniversary. John's Shoe Repair is located at the Bloomfield Mini Mall, 12 Mountain Avenue, Bloomfield, Connecticut phone 860-519-1547.

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BHS' WYATT ANDERSON INVITED TO PERFORM IN PRESTIGIOUS MUSICAL FESTIVAL



By Aubree Salters

BHS Visual and Performing Arts Coordinator Bloomfield High School student, Wyatt Anderson, has been selected to participate in the New England Music Festival Association Festival from March 17-19, 2022. This festival features vocalists and instrumentalists from various high schools in Connecticut that exemplify musical excellence. Wyatt is the first Bloomfield High School student to ever participate in this festival. The goal of the NEMFA organization is to provide opportunities for Connecticut high school students to participate in solo and ensemble festivals that encourage a lifelong appreciation for music. The festival will be held at Lewis S. Mills High School in Burlington, CT. Tickets for the performance can be purchased by visiting the website

<https://www.nemfa.org>

We know that Wyatt will represent Bloomfield and we are proud to support him!

WARHAWKS FALL TO WARRIORS

From Page One

- assists.

McLean also fired in four (4) three-pointers.

Freshman Jaysean Williams tossed in 14 points, grabbed four rebounds and handed out three assists.

Sophomore Davion Kerr tallied 17 points, recorded 11 rebounds, handed out two assists and had a game high five blocked shots.

Windsor was led by Tyler Betsey who scored a team high 24 points (including two-three pointers), and he was comple-

mented on offense by teammate Prince Samuels, who poured in 17 points.

Three other Warriors scored in double figures; both Rashawn Tibby and Raymond Rodriquez scored 12 points each and Quinn Floyd added 11.

Both teams started play in the 16 team CCC boys basketball tournament last night with the higher seeded teams hosting first round games.

The winners of last night first round games will play quarter final rounds games at

Enfield High School this coming Saturday, Feb. 26.

The semi-finals (Tues. Mar.1) and the finals (Thurs. Mar.3) will also be played at Enfield High School

Boys Basketball Tournament

- Thurs., Feb. 24, 2022- 1st Rounds @ higher seeds
- Saturday, Feb. 26 - 1/4 Finals @ Enfield
- Tuesday, March 1- Semi-Finals @ Enfield
- Thurs., March 3 - Finals @ Enfield

RESULTS OF THE 2022 CIAC STATE OPEN INDOOR TRACK AND FIELD CHAMPIONSHIPS

By Woodrow Dixon

The Bloomfield High School girls indoor track and field team put up a strong effort to bring home the State Open Indoor Track and field Championship last Saturday, February 19, but had to settle for a fifth place tie with CCC rival Windsor. Both teams finished with an overall total of 24 points. Warhawks senior and four year member of the girls track team D'Jior Delisser accounted for 16 of Bloomfield's overall total of 24 points. Delisser was crowned the champion in the Girls High Jump recording a jump of 5-05.00 giving the Warhawks 10

points. Delisser also contributed an additional six points to the team by placing third in the Girls 55m Dash with a time of 7.31 finishing ahead of Conard's Audrey Kirkutis, who entered the event as the number one seed. Kirkutis finished third in placed tie with Shaelyn Murphy from Maloney. The Warhawks remaining eight points came from the Girls 4X200 and Girls 4X400 relay teams.

The girls 4X200 relay team placed third posting a time of 1:48.50 contributing six points to Bloomfield's overall total.

The team was comprised of the following members; Dream

Wilson, Laniyah Henderson, Aria Gray and Sianna Lloyd. The Warhawks girls 4X400 relay team placed fifth with a time of 4:10.82 picking up two points.

The four members of that team were; Aisha Williams, Aria Gray, Laniyah Henderson and Kiyah Williams. For the Bloomfield boys team, John Milner-Jones, was the only athlete to place and score points for the team.

He placed fifth in the Boys Shot Put recording a toss measured at 47-01.75 for the Warhawks boys only two points of the meet.

LETTER TO THE EDITOR



By JMichelle Adams
BDTC Chair
A RESPONSE

Tollie Miller is an active member of the Bloomfield Democratic Town Committee. For that reason, it is important to respond to her media articles alleging serious mismanagement, by me, Chair of the BDTC, of the recently held Democratic Caucus in Bloomfield.

Her article contains numerous inaccuracies. The FACTS as were presented in the hearing held by the State Central Committee, must be told to ALL Democrats in Bloomfield.

The notice of the Caucus said that there would be no virtual attendance and that the meeting would have to be held on site. IT DID NOT IN ANY WAY, SHAPE, MANNER, OR FORM MENTION THAT VOTING WOULD NOT BE PERMITTED FROM CARS.

As testified at the hearing, COVID precautions would have to been taken.

I did not submit five (5) names that could have been printed on the ballot, when they were given to me. I owned up to my error at the hearing, specific instructions were given as to the submitting of the names for the Caucus which was not adhered to by the senders. At the time they were given to me, I had contracted COVID and was trying to get through significant symptoms of the virus. All five individuals were nominated from the floor and had their names on the white board along with other names nominated from the floor. This was an acceptable procedure. State Central Committee opinion did NOT say, as Ms. Miller says, "being one of the printed names on the ballot is advantageous."

The phrases left out of that comment is "For example, it is arguable that being one of the printed names on the ballot is more advantageous than being

on the white board and needing to have the voters write your name onto the ballot." That is why people were asked to come to the front of the auditorium and read the names and take a picture of it to prevent a pile-up...Covid precautions.

Note that several individuals who were on the pre-printed ballot did not make it to the elected slate of 65.

Ms. Miller also neglected to mention that the running of the CAUCUS was not the responsibility of the CHAIR of the DTC (me) but everything to do the ELECTED Permanent CHAIR Mr. Kevin Hussain who was elected by Ms. Tollie Miller and other Democrats in favor of him from the floor during the Caucus.

I HAD ABSOLUTELY NO AUTHORITY, ALL OF WHICH LAY IN THE HANDS OF THE PERMANENT CHAIR, KEVIN HUSSEIN. He knew what he was undertaking when he accepted the Election to Permanent Chair, and when I asked him if he "had a plan" he proclaimed "Yes, I have a plan."

It is simply not true that the permanent Chair did not know that the Registrar was going to permit people in their cars to vote. At the hearing, it was testified that, while he was not told of the decision of the Registrar when the decision was made, the Permanent Chair did indeed know that voting from the cars was being permitted and NEVER OBJECTED AT ALL.

Ms. Miller also did not mention that only one person voted from the car and that about five others came to the door of the auditorium and gave their ballots to the Registrar to place in the ballot box, which he did in front of and without objection of the Permanent Chair.

The Caucus was NOT mismanaged in the planning. Ms. Miller has not point out one single "mismanagement" allegation in our planning other than telling people they could not vote from their cars, which simply is inaccurate and untrue.

Curbside VOTING is permitted in elections so as not to disenfranchise any voter unable to enter a polling location...

The State Central Committee panel found that; THE PERMANENT CHAIR HAD THE AUTHORITY TO ENSURE THAT THE PROCESS WAS FAIR.

MR. KEVIN HUSSAIN FILED THIS COMPLAINT, A COMPLAINT THAT LARGELY LANDS AT HIS FEET.

ESTATE LAW MATTERS

SOCIAL SECURITY SURVIVOR BENEFITS NOW AVAILABLE TO LGBTQ COUPLES



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Prior to 2015, committed LGBTQ couples did not have the right to marry. Many couples, together for a lifetime, shared bank accounts, purchased a home jointly and sometimes, co-parented one or more children. Despite living in a proven committed relationship, these couples could not receive Social Security survivor's benefits. Only after the Supreme Court granted same-sex couples the right to marry in 2015 were couples eligible for survivor benefits.

Helen Thornton and her partner, Marjory Brown, were together for 27 years without benefit of marriage because it only became legal in 2015. When Ms. Brown died, Ms. Thornton attempted to apply for Social Security survivor benefits but was denied, despite the mountain of evidence of a committed

relationship.

She filed a lawsuit against the Social Security Administration, Thornton v. Commissioner of Social Security, to demonstrate how long-term LGBTQ couples were denied equal rights under the law. The suit dragged on for years, but Ms. Thornton was persistent and eventually collected Social Security survivor benefits. Providing evidence of a committed relationship is straightforward. The survivor must provide evidence that the couple could have married if same-sex marriage had been legal. Joint bank accounts, mortgages, a commitment ceremony, or photos are some ways to demonstrate a committed relationship.

Ely v. Saul, a class action suit filed by a committed gay couple, was filed because the surviving spouse took the advice of his financial adviser and applied for survivor's benefits to delay his own Social Security benefits until age 70. The individual was denied because the couple had been married less than 9 months.

The Social Security Administration changed its policy because of Ely v. Saul and awarded the individual not only monthly survivor benefits but also sent him a one-time, six-figure retroactive payment.

Advocates for the LGBTQ community are concerned that many surviving same-sex partners or spouses don't know that they are now eligible for survivor's benefits. Their hope is that the hope the Social Security

Administration will conduct more public outreach.

To date, the Administration identified 700 people who were previously denied survivor's benefits; they were notified of their eligibility to have their cases reviewed as members of Ely or Thornton classes. Even with a second notice only 100 survivors have applied for benefits. The process of applying for survivor's benefits can begin immediately, regardless of when their partners or spouses died.

They can start the process now, regardless of how long ago their partners or spouses died. Lambda Legal has posted information to guide applicants.

For more information, scan the code below.



SENIOR LIFE

WINDSOR LOCKS SENIOR CENTER

The Windsor Locks Senior Center has several events planned for February. Mark your calendars.. Don't miss out on the fun, join us by calling 860-627-1425 x2

UCONN HUSKIES GAME:

February 27th \$75pp. Trip includes motor coach transportation Tours of Distinction Tour Director, Reserved Seats/Admission to Gampel Pavilion. It's Senior Day! Watch the Championship Lady Huskies take on Providence. (you will need to bring your proof of vaccination along with a phot i.d., or a negative Covid test, taken within 72 hours of the game.)(*there are no ADA seats available for this game) Call Sherry 860-627-1426 to sign up !

FAT TUESDAY TRIVIA FUN

Let's celebrate Mardi Gras with some team trivia competition. Tuesday, March 1st 12:30 Joe Marinone will be the master of ceremonies with Tuesday Trivia fun. Wear your Mardi Gras mask and beads and "laissez les bon temps rouler" call to sign up.

BIG MONEY BINGO & StPatrick's Day Fun Thursday March 17th. Cards are \$5 a packet and \$2 coverall. More info to be announced in the March Newsletter!

NEW PROGRAM: ASK THE PHYSICAL THERAPIST

David Chessen from ACCESS PT will be at the Senior Center the 3rd Thursday of the month to answer your questions. As a physical therapist, David can discuss a wide range of conditions such as neck and low back pain, knee and hip issues but also work on walking and balance issues that some may have.

Some other areas include vestibular impairments including vertigo and dizziness as well as neurological conditions such as Parkinson's. David stated, "he is looking forward to seeing you in the community and the clinic." Please call for an appointment

BAKING WITH MARY

Monday March 7th 10 am. Senior Centers talented baking instructor Mary Campbell is planning a special surprise for the March class. More info to follow in the March News

We welcome new patients!



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Astascia Smith

Program Director
Bloomfield Center Mental Health &
Life Enrichment Program

Why is your heart in senior care?

My experience with the elderly population has been great - this served as a motivation to advocate, work with and provide the best services to such a vulnerable group of people. It warms my heart to see the smiles on their faces and to know that they are well supported and cared for.

What do you look forward to accomplishing in your new role?

My goal is to broaden the scope and view on mental health, the elderly population and to ensure that the services provided will enrich the lives that I encounter.

Bloomfield
Center for Nursing & Rehabilitation

SENIOR LIFE

WINDSOR SENIOR CENTER

March is Diabetes Awareness Month, a time dedicated to creating awareness about the 'silent killer' that more than 34.2 million Americans are at risk of. To help bring awareness, the Windsor Senior Center will welcome back April Flores, Nutritionist and Owner of Northern CT Nutrition Counseling on Wednesday, March 9 at 1:00 PM - 2:00 PM, to host the final session of her three-part series on health and nutrition. March's program will focus on Diabetes Nutrition. This program is FREE to participants, thanks to the generosity of Windsor residents, Donna Cassidy and Mark McVeigh. Please register online or call 860-285-1992.

March is also Fraud Prevention Month, so be sure to join our friends from Assisted Living Services, Inc. as they deliver a Scam Prevention presentation. Learn about new and old scams that target seniors. Learn ways to avoid becoming a victim of fraud. Join us for this FREE informational session during Coffee Connection on Tuesday, March 8 from 10:00 AM - 11:00 AM. Register online or by calling 860-285-1992.

On Thursday, March 17, we will celebrate the Luck o' the Irish from 10:30 AM to noon. Join us for some serious Irish fun with music, games, raffles, trivia, green beverages, light refreshments, and more. Be sure to "get your green on", and you may win a prize for Best St. Paddy's Day outfit. Free. Register online or by calling 860-285-1992 by March 12. CRT Lunch is also available by signing up at 860-285-1843.

Mosaic Workshop

On Mondays, March 14 and 28, from 1:00 to 2:00 PM, experience a unique and fun Mosaic Workshop in the Senior Lounge. This is a two-part class with artist Elizabeth Thomas. She will instruct on how to lay tile, broken plate fragments, and other materials on a 6"x6" surface to achieve a beautiful image. Bring a plate to break if you'd like it as part of your art piece. In part two of the session, after the glue has dried, you will be instructed on grouting your art piece. Sponsored by Nikki Lee of William Raveis Real Estate. Free to participants. Space is limited. Register online.

Historical Presentation Dentistry

On Wednesday, March 23, from 1:00 to 2:30 PM, in partnership with the Windsor Historical Society, we present Dentistry and Windsor's Horace Hayden Connection at the Windsor Senior Center. Presented by Dr. Leonard Hellerman on the subject of dentistry and its Windsor connection - specifically about Horace Hayden, a Windsor native who co-founded and served as the first president of the first dental college in the world. Free. Call 860-688-3813 to register.

Veteran's Coffee Hour - Join leader Wayne Rioux for coffee with fellow area veterans on the last Thursday of each month from 8:30 AM to 10:00 AM. Enjoy coffee, conversation and a monthly "hot topic".

The Windsor Senior Center will also be offering many evening and weekend trips in March. Check out our February newsletter online, in local stores, or at the Senior Center for more info!

BLOOMFIELD SENIOR CENTER

FROM SENIOR CENTER STAFF

As of press-time, the Town Manager had lifted the town wide mask mandate. While masks are now discretionary at the Senior Center, we encourage our visitors to continue wearing them. Please note: for anyone participating in the AARP Tax Aide Program, masks are mandatory. Tax Aide volunteers will not be able to help anyone who is unmasked. We ask that everyone be considerate of each other's decisions as to whether they wear masks. Also, now that social distancing rules have also been relaxed, we ask that you please be respectful of everyone's personal space.

The West Hartford-Bloomfield Health District is offering COVID-19 booster shot clinics at their 580 Cottage Grove Road location on Wednesdays and Thursdays by appointment only. Their phone number is 860-561-7900. We will continue to share

updated information as it becomes available to us.

If you have questions or concerns, or just want to say hello, please feel free to call us at 860-243-8361 any time between 9:00 am and 5:00 pm Monday-Friday.

CAREGIVER & BEREAVEMENT SUPPORT GROUPS

If you are a caregiver or are coping with the loss of a loved one, we invite you to join us at 1:30 pm on the first Wednesday of each month at the Senior Center. Assuming responsibility for the care of a family member with health or memory problems often begins with the challenge of learning our way through the health-care system. Sadly, but not infrequently, it progresses to learning about the grief process. One way of coping is by talking and sharing with others who have had similar experiences. Facilitators are Social Worker Lucille Morisse & Librarian Mara Whitman. We currently plan to meet in person once again on March 2. Please call the Senior Center to register.

AARP TAX AIDE

AARP Tax-Aide is offering free income tax preparation at

the Alvin & Beatrice Wood Human Services Center through April 6. Schedule your appointment* and then pick up your info packet and questionnaire. Bring the completed questionnaire and all your tax documents to your appointment for the tax aide volunteer to review while you wait (approximately 30 minutes). If everything is in order, you will be given a second appointment (either later the same day, or the following Wednesday) to come back and pick up your completed returns. Once again, there will be minimal face-to-face contact. Please call 860-243-8361 with any questions or to schedule your appointment. *We currently have a limited number available. **FACE MASKS ARE REQUIRED TO PARTICIPATE IN THIS PROGRAM.**

ST. PATRICK'S DAY DRIVE-THRU LUNCH

We're partnering with Bloomfield Center for Nursing & Rehabilitation to bring you a St. Patrick's Day grab'n'go corned beef sandwich lunch between 11:30 and 12:30 pm on Wed., Mar. 16. Drive up, stay in your car, and get a lunch to take home and enjoy. Sign up in the Senior Center to get your ticket (while supplies last). You must present the ticket to receive the lunch.

THE AGING MASTERY PROGRAM® IN CT

The next 10-class program will begin on Mon., April 4. Each

interactive session will run from 10:30 am-12:00 noon. Textbook/resource guide is yours to keep and offers a wealth of information. Guest speakers, tips for "aging gracefully," treats and surprises; graduation ceremony. PRICE: \$10.00 residents; (\$20.00 non-residents). Space is limited. The Aging Mastery Program® is a program of the National Council on Aging and is funded in CT by the Anthem Foundation, coordinated by CCC, and sponsored in part by the CT Community Foundation.

MOTHER'S DAY . . . MARK YOUR CALENDAR

We are going to celebrate

Mother's Day on Monday, May 2, with a served buffet lunch in the ballroom of the beautiful Simsbury Inn. PRICE: \$35.00. Payment due with registration. Limited space available. Sign up on or after March 1.

WELLNESS SCREENINGS

Beginning Tuesday, March 8, weekly individual wellness screenings will be open to any Bloomfield adult who would like to participate. Services provided would include blood pressure, temperature, blood sugar and weight checks. A West Hartford-Bloomfield public health nurse will be available from 10:30 am- 1:00 pm.

INCLEMENT WEATHER

In case of inclement weather, please call us (860-243-8361) or

check local tv stations to find out about cancellations. There are no CRT lunches if schools are canceled. If classes at the Senior Center are canceled, makeup sessions will be scheduled, if possible. Please call the Senior Center if you have any questions.

ACTIVE LIVING PROGRAMS

The State Unit on Aging & North Central Area on Aging have 3 upcoming telephone workshops planned. Each workshop consists of six 1-hour sessions with a trained Live Well leader: Live Well with Diabetes, 10:00 am, starting March 7; Live Well with Chronic Conditions, 10:00 am, starting March 15; and Live Well with Chronic Pain, 2:00 pm, starting March 31. Register at least 1 week in advance (so class materials may be sent to you) by email to carley.taft@ncaaact.org or by phone (860-724-6443, ext. 224).

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MUST GO!
GIANT
DVD SALE 3/5/22**

Come browse our selection of previously used DVDs and Blu-rays. From classics to blockbusters, we've got it all!

Saturday, March 5 from 10 AM - 2:30 PM

365 Windsor Ave, Windsor, CT 06095 | 860-247-8960

WILSON

Special Storytime

Read Across America Day!

WINDSOR Public Library

Wednesday, March 2 at 10:30am
Join us for stories, songs, rhymes, and activities for children ages 0-5.

Registration required, register at www.windsorlibrary.com

**A Conversation with
Marty McMahon**

Monday, March 14
From 6:30 to 7:30 PM

Meeting Room 1 at the Main Library

www.windsorlibrary.com/

WINDSOR Public Library

BLOOMFIELD PUBLIC LIBRARY

Heidi L. Sacchitella
Youth Services Librarian
Prosser Public Library

**Feb. 28
5:00 PM**
PREMEDITATED MYRTLE
BY ELIZABETH C. BUNCE

**TWEEN
BOOK
CLUB**

Registered participants may pick up a free copy of the book while supplies last.

Register for your Zoom link
BLOOMFIELD PUBLIC LIBRARY | BPLCT.ORG

VIRTUAL PROGRAM

Meditation

Wednesdays at 1:30PM

In partnership with Seabury

Sign up at bplct.org, click "Event Calendar"

**TECH TIME
WITH MARC EDRIKH**

February 28, 2022
at 6:30 pm

JOIN US AS WE ANSWER YOUR QUESTIONS REGARDING ALL TYPES OF TECHNOLOGY INCLUDING COMPUTERS (DESKTOP, LAPTOP, TABLET), CELL PHONES, AND MORE!!

CALL (860)243-9721 OR
GO ONLINE TO REGISTER!

VIRTUAL PROGRAM

**Women Artists
of the Wadsworth Atheneum Tour**

**WADSWORTH ATHENEUM
MUSEUM OF ART**

Thursday, March 3 at 6:30PM

BPL Celebrates Women's History Month

Sign up at bplct.org, click "Event Calendar"

BPL

Miss Mara's Storytime

**Tune-in to watch
facebook Live**

*...or watch
recording later!*

Featured Illustrator Of The Month Is
Nadine Bernard Westcott

Feb. 28th
@ 10:30

BPL

**Windsor Locks Library
Decorate a Mitten Cookie!**

COME TO THE LIBRARY TO DECORATE YOUR OWN MITTEN COOKIE!
TUESDAY, MARCH 1ST
10:30AM - 3:00PM AND 4:00PM - 6:30PM
BEST FOR AGES 4-8. FIRST COME, FIRST SERVED
NO REGISTRATION REQUIRED.

VIRTUAL PROGRAM

How to Write Your Own Obit

With Jamie Passaro, dear person obits

Wednesday, March 2 at 2PM

Sign up at bplct.org, click "Event Calendar"

BPL

VIRTUAL PROGRAM FOR ADULTS

GREAT DECISIONS

Tuesdays at 2PM

January 25
February 8
February 15
March 1
March 15
March 29
April 19
May 3

PRESENTER: DR. JENNIFER D. WOOD

This program is a partnership between Bloomfield Public Library and Seabury

Sign up at bplct.org, click "Event Calendar"

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Art & Events

MUSIC AT THE RED DOOR PRESENTS CHORAL MUSIC FOR THE SOUL: DARKNESS INTO LIGHT AND PIPES ALIVE! MARCH 5 & 6

Join Music at The Red Door, hosted by St. John's Episcopal Church in West Hartford, for a weekend full of beautiful music. On Saturday, March 5, at 3 p.m. Choral Music for the Soul: Darkness into Light will feature The St. John's Choir School & Adult Choir. On Sunday, March 6, at 12:30 p.m. the Pipes Alive! series continues featuring Angela Salcedo.

These events are free of charge and open to the public, with a suggested donation of \$20. Both in-person seating and livestream viewing are available. Donations are gratefully accepted and registration for in-person attendance is recommended. Registration to view the livestream is not required.

Darkness into Light, includes excerpts from

Mozart's Requiem, choral, and solo instrumental music, and contemplative readings. Joining St. John's Choir School and Adult choir are violinist Leonid Sigal, organist Edward Clark, narrator John Nowacki, and choirmaster Scott Lamlein. This concert is a meditation on our journey through the darkness of the pandemic and the hope and light that is to come.

Pipes Alive! featuring Angela Salcedo continues the series of half-hour organ concerts featuring the St. John's magnificent Austin Pipe organ. This program includes works by Bach, Hampton, Vienne, and Böely.

Learn more about this event as well as other upcoming events at www.reddoormusic.org/events



Second Layer

Conversations through Canvas by B.D. Stellmacher

March 19 - April 23, 2022

Opening Weekend:

Saturday, (Meet The Artist), March 19, 10am - 4pm
Sunday, March 20, 11am - 4pm



40 Mechanic St.
Windsor, CT 06095
windsorartcenter.org

'HARMONY' BY BLOOMFIELD PUBLIC SCHOOLS AT DUNCASTER GALLERY, MAR. 22 - APR. 1



A mixed medium exhibition that showcases highlights of student work from each of the Bloomfield Schools will be presented by Duncaster Gallery at the end of March

Work has been chosen from the 2021-2022 school year and was created by Artists from Bloomfield High School, Global Experience Magnet School, Carmen Arace Middle School, Metacomet and Laurel Elementary Schools.



These works explore line, shape, color, space, theme, texture, and contrast.

"These artists found ways to express themselves while letting the themes of each piece of art work together from within," Duncaster officials noted. "We feel that are is a terrific tool to teach how to work together in Harmony."

The exhibition will be open to the public but please note Duncaster campus COVID-19 precautions: Visitors should arrive to our 30 Loeffler Road Aquatic & Fitness Center entrance for screening where they must show proof of vaccination OR a negative COVID-19 test result dated within 5 days of your visit.

CHAD

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