



Seabury MONTHLY

www.seaburylife.org

JANUARY 2022



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200 Seabury Drive
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PLEASE NOMINATE AN EXPERT!

Dear SAH Members:

Do you need a reliable electrician, cabinet maker, accountant, landscaper or roofer? To assist the Seabury staff in maintaining a directory of local professionals in a dozen or so different occupations, your SAH Executive Committee

now solicits your nominations! We're pretty sure most SAH Members have at least one skilled, reliable and trusted professional who has served your home and family well in the past. We ask that you share that valuable piece of knowledge with other Members in need. Simply send an email to Marc Zirolli at marczirolli@seaburylife.org with that person/company's contact information and any other pertinent description of their professional service (**PLEASE NOTE: It is your responsibility as the Member, to ensure that the person/company agrees to be so listed in this directory**).

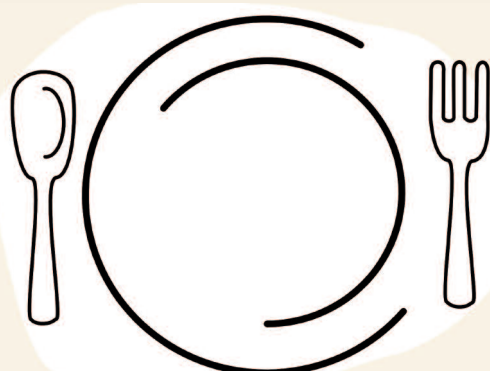


We will endeavor to have this new directory installed on the Portal during the coming year. Thank you for your attention and cooperation!

- Your SAH Membership Association Executive Committee

SCF ANNUAL APPEAL UPDATE

Thank you to all SAH Members who have made a gift to the 2021 Annual Appeal. More than 100 donors have given more than \$36,000 to date. The SCF was able to provide more than \$90,000 in benevolent aid to Residents and Members this past year, thanks in part to gifts from last year's efforts. It is not too late to make your gift. In other news; the composter has arrived at Seabury and a media event with government officials is being scheduled for mid-January. Stay tuned for more details!



Bistro & Main Dining Room

As a reminder, the Bistro & Main Dining Room are open to SAH Members for in-person dining or ordering ahead for pick-up. If you are interested in learning more about signing up for the Meal Portal, and to go through a training on Zoom, please contact Marc Zirolli at marczirolli@seaburylife.org.

“Board Games Day”
on Fri., Jan. 14 from
1:00 p.m. to 3:00 p.m.
in the CAS! Bring your
own board game and
drop on in! Registra-
tion is NOT required.



As a reminder, the next SAH Member Association Executive Committee Meeting will take place on Fri., Jan. 14, 2022 at 10:30 a.m. in the Board Room. SAH Members with questions or concerns are encouraged to attend the meeting or communicate with one of their SAHEC officers. Since Seabury still requires a COVID-19 screening in the Main Lobby, please park near the Main Entrance, check in and then proceed up the stairs or elevator, and down the hall, on Level 4, to the Board Room. If you have any questions, please contact At-Large SAH Board Liaison Debra Pasquale at dkpasquale@comcast.net or 860-305-8712. We look forward to seeing you there. Thank you!

UPCOMING EVENTS ON CAMPUS!

On Jan. 14, 2022 at 7:15 p.m. in the Chapel, The Blue River Jazz Band will perform. They will play America’s traditional, classic “hot” jazz from the early 20th century. For this performance, the duo will present selections made famous by Louis Armstrong and Fats Waller. Led by Chris Coulter, they will play and sing this timeless, fun music and also provide some historical background and anecdotes. Registration is required. Please contact Meredith West for more information.



The Blue River Jazz Band

On Jan. 18 at 2:15 p.m. in the Chapel, David Eberly will play a mix of pieces, including songs related to winter. David was born in 1952 and has been blind since shortly after his birth. He plays a variety of classical,



David Eberly

jazz, and popular music. He started playing piano by ear around age three and learned to read Braille music in third grade. He is now a Magna Cum Laude graduate of the Hartt School at UHart. His bachelor’s degree in 1976 was in Music with an emphasis on Piano. Registration is required. Please contact Meredith

for more information.

On Jan. 26 at 7:15 p.m. in the Chapel, Olga Vinokur will perform a program exploring the art of etudes by some of the greatest composers including Chopin, Rachmaninoff, and Liszt. Vinokur is an acclaimed pianist and a dynamic performer on the classical and contemporary music scene who has appeared in the US and internationally as a recitalist, with orchestra and chamber musicians in major venues including Carnegie Hall, Alice Tully Hall, Bargemusic, Merkin Hall, and more! Registration is required. Please contact Meredith for more information.



Olga Vinokur

** Meredith can be reached by phone at 860-286-4285 or by email at meredithwest@seaburylife.org.*





JANUARY 2022

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Location Key

- 5TH 5th Flr across from Library
- ATR Atrium
- B Bistro
- BL Bistro Lounge
- BC Business Center
- BR Board Room
- SP Center of Spirituality
- 918 Channel 918
- 919 Channel 919
- CH Chapel
- CAS Community Activity Space
- DS Dance Studio
- ES Encore Shop
- GR Game Room
- GV Garden View
- HP Hearthside Parlor
- HH Heritage Hall
- HT Hilltop
- L Library
- LB Lobby
- MDR Main Dining Room
- MR Media Room
- NAT Natatorium
- NL North Lounge
- OFF Offsite
- PS Pilates Studio
- SWBR South Wing Britton Room
- SWD South Wing Dance Studio
- TR Terrace Room
- TOS Top of Stairs
- AR Views Activity Room
- VDR Views Dining Room
- VFS Views Fitness Studio
- VL Views Library
- VP Views Parlor
- VTV Views TV Area
- VLR Views Living Room
- ZO Zoom

30 January
2:00 Holy Eucharist CH

31 January
1:00 Open Studio CAS
2:00 Chorus CH
3:00 Mahjong in Game Room (Fifth Floor)
3:30 Bridge CAS

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1
9:00 Virtual Men's Mug ZO

2
2:00 Holy Eucharist CH

3
1:00 Open Studio CAS
2:00 Chorus CH
3:00 Mahjong in Game Room (Fifth Floor)
3:30 Bridge CAS

4
9:00 Encore Donations EN
9-11:30am
1:00 Encore Committee BR

5
9:00 Hospitality Committee ZO
1:30 Meditation ZO

6
10:00 Resident Workshop: Open Shop
10:30 Memory Matters HH
1:00 Chimes (Gold) HH
2:00 Chimes (Blue) HH

7
3:00 Storytellers ZO
4:00 10-Minute Plays HH

8
9:00 Virtual Men's Mug ZO

9
2:00 Holy Eucharist CH

10
1:00 Open Studio CAS
2:00 Chorus CH
3:00 Mahjong in Game Room (Fifth Floor)
3:30 Bridge CAS

11
9:00 Encore Donations EN
9-11:30am
9:30 Health Services ZO
Committee
11:00 Trails Committee ZO
1:00 ALP ZO
1:00 Coin Club BR

12
10:30 Resident Council ZO
1:30 Meditation ZO
2:00 ComCom ZO
3:30 Low Vision Support HH
Group

13
9:30 ALP Preview Meeting ZO
10:00 Resident Workshop: Open Shop
10:00 Encore OPEN 10-3 EN
10:30 Memory Matters HH
1:00 Chimes (Gold) HH
2:00 Chimes (Blue) HH
4:00 Performing Arts CAS
Committee

14
10:30 SAHEC Monthly Meeting BR
11:00 Shabbat Service CH
1:00 Board Game Day CAS
2:00 Poets and Writers HP
5:00 Keep It Simple Seabury Mixer
7:15 Blue River Jazz Band CH

15
9:00 Virtual Men's Mug ZO

16
2:00 Holy Eucharist CH

17
10:00 Dining Committee HH
1:00 Open Studio CAS
2:00 Chorus CH
3:00 Mahjong in Game Room (Fifth Floor)
3:30 Bridge CAS

18
9:00 Encore Donations EN
9-11:30am
2:15 David Eberly CH

19
1:30 Meditation ZO
3:30 FG Book Club HH
3:30 Scholarship Committee BR

20
10:00 Resident Workshop: Open Shop
10:30 Memory Matters HH
1:00 Chimes (Gold) HH
2:00 Chimes (Blue) HH

21
10:30 Haven Open House CH
1:30 Diabetes Support HH
Group
3:00 Women Together ZO
7:00 Dance Party CAS

22
9:00 Virtual Men's Mug ZO

23
2:00 Holy Eucharist CH

24
10:00 Library Comm CAS
1:00 Open Studio CAS
2:00 Chorus CH
3:00 Mahjong in Game Room (Fifth Floor)
3:30 Bridge CAS

25
9:00 Encore Donations EN
9-11:30am
9:00 Buildings & Grounds ZO
1:00 ALP ZO
4:00 Art Group ATR

26
1:30 Meditation ZO
2:00 Community Forum CH
7:15 Olga Vinokur CH

27
10:00 Resident Workshop: Open Shop
10:00 Encore OPEN 10-3 EN
10:30 Memory Matters HH
1:00 Chimes (Gold) HH
1:00 ALP: BOD Meeting BR
2:00 Chimes (Blue) HH

28
10:00 Flower and Decoration Committee CAS
10:00 ALP: Mary Cassatt CH
(Hybrid)
1:00 ALP: Boil Republic ZO

29
9:00 Virtual Men's Mug ZO