

**Hartford Healthcare  
Clinic:**  
860-380-5150  
**For a Seabury Nurse  
Consultation (non-  
emergency schedul-  
ing):**  
860-243-6071



**Seabury 10-Minute Plays**

For those who may be interested in participating in Seabury's 10-Minute Plays, we will be holding an informational meeting on Friday, November 12th at 3:00 pm in Heritage Hall. For those who are unfamiliar, a ten-minute play is a short story that offers a great way to practice performing and writing for the theater. It's usually a vignette in a series of plays but lasts no longer than ten minutes. If anyone is interested in attending, please contact Meredith for more information.

**"Maintain Don't Gain This Holiday Season"**

Join Fitness on November 15th at 1:00 on Zoom to learn some tips, tricks and strategies for weight management this holiday season. The Zoom link will be in the resident cubby.



**Event Descriptions**



*Campbell Harmon*

On Tuesday, November 2nd at 7:15 pm in the Chapel, Campbell Harmon will perform a one-hour program with dramatic performances of The Tell-Tale Heart and The Raven. Campbell speaks in character as Poe with the audience about the author's life, his death, and his profound influence on American literature; dispelling the myths that have surrounded his legacy to show how his works continue to affect us today. Registration is required. Please contact Meredith for more information.

On Saturday, November 13th at 2:30 PM in the Chapel, Donald H. Werner will be delivering some readings from his latest book, "The Magic of Their Singing". It is a musical autobiography of Donald Werner's life with humorous, as well as, serious memories. Registration is required. Please contact Meredith for more information.



*Donald H. Werner*



*Dimensional Dance*

contact Meredith for more information.

On Tuesday, November 16th at 2:15 pm in the Chapel, Dimensional Dance will perform *Dance of the Duets with One Drop*, *The Prudence Crandall Duet*, and excerpts of the Nutcracker with their talented artists Matisse Madden and Jus Hues. Registration is required. Please

On Saturday, November 20th at 10:00 am in the Chapel, we will have a Tellabration event featuring storyteller and musician Martha Bishop. Tellabration is a storytelling phenomenon, made up of dozens of storytelling happenings all over the world. Registration is required. Please contact Meredith for more information.



*Martha Bishop*



# Seabury MONTHLY

www.seaburylife.org

NOVEMBER 2021



**(860) 286-0243**  
200 Seabury Drive  
Bloomfield, CT 06002

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**VP Resident & Member  
Svc.**  
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**Director of Resident Svc.**  
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Meredith West

**Events & Programs  
Coordinator**  
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Jodi Morrissey

**Activity & Trip Coordinator**  
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**Important Phone Numbers**

**Security**  
(860)243-6045

**Hartford Health Care**  
(860)380-5150

**Seabury Nurse  
Consultation**  
(Non-Emergency)  
**(860)243-6071**

**Veteran's Day Celebration & Sadie Hawkins**



*Veteran's Day*

In honor of all our Veterans, the Hartford Symphony Orchestra's String Quartet will be performing a special concert on November 11th at 2:30 pm in the Chapel. The Hartford Symphony Orchestra is one of Connecticut's premier musical organizations whose mission is to enrich lives and the community through great music. Registration is NOT required. For more information, please contact Meredith.

Sadie Hawkins Day is coming to Seabury! On Friday, November 12th, a Special Dogpatch Supper will be served. This time the gals get to invite the guys. Only fellers that sign up get to be invited, so sign up, Guys! Don Noel will be recruiting at Mug Club and there will be a sign-up sheet next to CAS. When you are invited, you are encouraged to accept all invitations, because, you know the ratio and we don't want any hurt feelings. This is for Singles and Married Couples. What could go wrong?



*Saddie Hawkins*



**Clay Building Class**

On Thursday, November 18th at 2:00 pm in CAS, Gleidyra Rivera will demonstrate different ways to shape and create clay which you will get to take home and enjoy! Spots are limited for this class, so please contact Meredith to sign up.



## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

**200 Seabury Drive  
Bloomfield, CT  
06002**

**(860) 286-0243**

**www.seaburylife.org**

**7**  
10:00 Seabury Chapel Prays 918  
2:00 Seabury Chapel Prays 918

**14**  
10:00 Seabury Chapel Prays 918  
2:00 Seabury Chapel Prays 918

**21**  
10:00 Seabury Chapel Prays 918  
2:00 Seabury Chapel Prays 918

**28**  
Hanukkah  
10:00 Seabury Chapel Prays 918  
2:00 Seabury Chapel Prays 918

**1**  
10:00 All Saint's Day Mass CH  
1:00 Open Studio CAS  
1:00 ALP: Creative Write ZO  
2:00 Chorus CH  
3:30 Bridge CAS

**8**  
10:00 ALP: Crashes/Crisis ZO  
1:00 Open Studio CAS  
2:00 Chorus CH  
3:30 Bridge CAS

**15**  
10:00 Dining Committee ZO  
10:00 ALP: Crashes/Crisis ZO  
1:00 Open Studio CAS  
1:00 Maintain Don't Gain This Holiday Season ZO  
2:00 Chorus CH  
3:30 Bridge CAS

**22**  
10:00 Library Comm CAS  
10:00 ALP: Crashes/Crisis ZO  
1:00 Open Studio CAS  
2:00 Chorus CH  
3:30 Bridge CAS

**29**  
Hanukkah  
10:00 ALP: Crashes/Crisis ZO  
1:00 Open Studio CAS  
2:00 Chorus CH  
3:30 Bridge CAS

**2**  
9:00 Encore Donations 9-11:30am EN  
1:00 ALP ZO  
1:00 Encore Committee Meeting BR  
1:00 ALP: Artistes Gard ZO  
2:00 Chimes HH  
**7:15 Campbell Harmon CH**

**9**  
9:00 Encore Donations 9-11:30am EN  
9:30 Health Services Committee ZO  
10:30 ALP: Brooks & Rich ZO  
11:00 Trails Comm Meeting ZO  
1:00 ALP: Wadsworth ZO  
2:00 Chimes HH

**16**  
9:00 Encore Donations 9-11:30am EN  
10:00 Garden & Greenhouse ZO  
10:30 ALP: Brooks & Rich ZO  
1:00 ALP: Wadsworth ZO  
2:00 Chimes HH  
**2:15 Dimensional Dance CH**

**23**  
9:00 Encore Donations 9-11:30am EN  
9:00 Buildings & Grounds ZO  
10:30 ALP: Brooks & Rich ZO  
1:00 ALP: Wadsworth ZO  
2:00 Chimes HH  
3:30 Better Hearing Group HH

**30**  
Hanukkah  
9:00 Encore Donations 9-11:30am EN  
10:00 ALP: Beethoven ZO  
1:00 ALP ZO  
2:00 Chimes HH

**3**  
9:00 Hospitality Comm Zoom Meeting  
1:00 Community Eucharist CH  
1:30 Meditation ZO

**10**  
10:30 Resident Council ZO  
1:00 Community Eucharist CH  
1:30 Meditation ZO  
2:00 ComCom ZO

**17**  
10:00 ALP: Tombs ZO  
1:00 Community Eucharist CH  
1:30 Meditation ZO  
2:00 Community Forum ZO  
3:30 Scholarship Committee Meeting BR  
3:30 FB Book Club HH

**24**  
1:00 Community Eucharist CH  
1:30 Meditation ZO

**4**  
9:00 ALP: Curriculum Meeting ZO  
10:00 Encore OPEN 10-3 EN  
10:00 Resident Workshop: Open Shop MR  
10:00 ALP: AI ZO  
1:00 Chimes (Gold) HH  
1:00 ALP: Curriculum Meeting ZO  
2:00 Chimes (Blue) HH

**11**  
10:00 Resident Workshop: Open Shop MR  
10:00 ALP: AI ZO  
11:00 Trails Committee Meeting ZO  
1:00 Chimes (Gold) HH  
2:00 Chimes (Blue) HH  
**2:30 Veterans Day Concert CH**  
4:00 Performing Arts CAS

**18**  
10:00 Resident Workshop: Open Shop MR  
10:30 ALP: Grace Hopper ZO  
1:00 Chimes (Gold) HH  
1:00 ALP: Board of Directors ZO  
2:00 Chimes (Blue) HH  
2:00 Clay Building with Gleidymer Rivera CAS

**25**  
Thanksgiving  
10:00 Resident Workshop: Open Shop MR  
1:00 Chimes (Gold) HH  
2:00 Chimes (Blue) HH

**5**  
10:00 ALP: Black Death ZO  
3:00 Storytellers ZO

**12**  
2:00 Poets and Writers ZO  
3:00 10-Minute Play Informational Meeting HH

**19**  
10:00 Encore: Special Holiday Sale! OPEN 10-3 CH  
10:30 ALP: Movie Buffs ZO  
3:00 Women Together ZO

**26**  
10:00 Flower and Decoration Committee CAS  
11:00 Thanksgiving Day Service CH

**6**  
9:00 Virtual Men's Mug ZO

**13**  
9:00 Virtual Men's Mug ZO  
**2:30 Seabury Author Speaks: Donald Werner ZO**

**20**  
9:00 Virtual Men's Mug ZO  
**10:00 Tellabratons with Martha Bishop CH**

**27**  
9:00 Virtual Men's Mug ZO

### Location Key

5TH	5th Flr across from Library
ATR	Atrium
B	Bistro
BL	Bistro Lounge
BC	Business Center
BR	Board Room
SP	Center of Spirituality
918	Channel 918
919	Channel 919
CH	Chapel
CAS	Community Activity Space
DS	Dance Studio
ES	Encore Shop
GR	Game Room
GV	Garden View
HP	Hearthside Parlor
HH	Heritage Hall
HT	Hilltop
L	Library
LB	Lobby
MDR	Main Dining Room
MR	Media Room
NAT	Natatorium
NL	North Lounge
OFF	Offsite
PS	Pilates Studio
SWBR	South Wing Britton Room
SWD	South Wing Dance Studio
TR	Terrace Room
TOS	Top of Stairs
AR	Views Activity Room
VDR	Views Dining Room
VFS	Views Fitness Studio
VL	Views Library
VP	Views Parlor
VTV	Views TV Area
VLR	Views Living Room
ZO	Zoom



**Encore will be open on Nov 4th, and Fri, Nov 19th for a special holiday sale! Donations are open every Tuesday from 9-11 am. Masks required.**