



Fitness: Improve Balance and Prevent Falls

Join us on 10/18 at 1:00 to learn about what causes falls and how to prevent them.



The Seabury Charitable Foundation Needs Your Help

Do you know the story behind The James Irvin Library, the bird prints on the main stairwell, or the John Mobley clock? The Seabury Charitable Foundation (SCF) would like to catalog these important stories before they are lost or forgotten.

We will keep as many stories as we collect in a book in the Library. With permission, we will also post some of these examples of generosity on the portal and on the SCF website. If you have a story to share, please contact Heather Cahill, Executive Director, Seabury Charitable Foundation at heathercahill@seaburylife.org or (959) 255-6461. Thank you!

Events



Fall Fest

Please join us on Friday, October 8th for a day filled with pumpkin giveaways, baby goats, banner decorating, games, and live music, and more! We will be celebrating the Fall Season up on the Hilltop from 1:00 - 3:00 pm. Registration is not required. Please contact Meredith for more information!



Holistic Day

On Friday, October 15th, we will have a Holistic Day on the Hilltop from 1:00 - 3:00 pm. With En Plein Air art, meditation, yoga, and more, you won't want to miss out! Registration is not required. Please contact Meredith for more information!

On Wednesday, October 20th at 7:15 pm in the Chapel, New World Trio will perform wide-ranging presentations of both classical and contemporary chamber music works are performed with consummate artistry. Registration is not required. For more information, please contact Meredith.

All residents are encouraged to join us on the Hilltop for a Halloween Costume Parade on Friday, October 29th at 1:00 pm. Location to be announced. Chris Hurlbert will also perform a magic show at 3:00 pm in the Chapel! Registration is not required.



New World Trio



Halloween Parade/Magic Show

The Seabury Authors' fall season will get off to a fabulous start with the just-published Emerging Views by our own Marye Gail Harrison. Come to be filled with delight as Marye Gail presents her emerging views on Saturday, October 16 at 2:30 p.m. Location to be announced closer to the date.



Seabury Author Speaks

Seabury Art Expo



Seabury Art Expo

Have you Heard?

The Seabury Art Group and the Marketing team are sponsoring ART EXPO 2021! It will happen on October 27th from 1 to 5 pm. The Expo will be held here at Seabury in the Terrace room and in the Chapel.

This will be an opportunity for the creatives here at Seabury to display and sell their work in the Terrace Room. Included are members of the Wood Working Shop, the Poets and Writers Group as well as the Art Group.

We will have local artists and artisans in the Chapel who will bring us interesting and exciting work to admire and purchase. There will be an internationally known fiber artist, a creator of beaded jewelry, blown glassmakers, a dressmaker of beautiful and unusual pieces, A fine art wood craftsman, both a watercolor artist and an acrylic landscape artist, and many more.

For those of you who look for unusual handmade items for gifting and for yourselves, this should be a fun time. The local artists and artisans will have the ability to accept your credit card, however, bring some cash and your checkbooks so you can support our resident artistic folks as well.

This will be a great way to start your Holiday shopping!



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Bloomfield, CT 06002

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Hartford Health Care

860-380-5150
Seabury Nurse Consultation
(Non-Emergency)
(860)243-6071

Hartford Healthcare Clinic
860-380-5150

For a Seabury Nurse Consultation (non-emergency scheduling):
860-243-6071



Routine Medical Transportation

Please fill out a Transportation Request work order on the portal or Front Desk. Medical transportation on Mon/Wed/Fri in Bloomfield, Hartford, and West Hartford and on Tues/Thurs in Avon and Farmington.





Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

31 October

10:00 Seabury Chapel Prays 918
2:00 Seabury Chapel Prays 918

**200 Seabury Drive
Bloomfield, CT
06002**

(860) 286-0243
www.seaburylife.org



Encore will be open on Oct 7th and 21st! Donations will be open every Tuesday from 9:00 to 11:30 am. Masks required.

1
9:30 ALP: Hikes ZO
2:15 Together to Music CAS
3:00 Storytellers ZO

2
9:00 Virtual Men's Mug ZO

3
10:00 Seabury Chapel Prays 918
2:00 Seabury Chapel Prays 918

4
1:00 Open Studio CAS
1:00 ALP: Creative Write ZO
2:00 Chorus CH
3:30 Bridge CAS

5
9:00 Encore Donations EN
9-11:30am
1:00 ALP ZO
1:00 Encore Committee BR
2:00 Chimes HH

6
9:00 Hospitality Comm ZO
1:00 Community Eucharist CH
1:00 ALP: Curriculum Meeting ZO
1:30 Meditation ZO

7
10:00 Encore OPEN 10-3 EN
10:00 ALP: Herbs & Spices ZO
10:00 Resident Workshop: MR
Open Shop
1:00 Chimes (Gold) HH
1:00 ALP: Monuments ZO
2:00 Chimes (Blue) HH

8
10:00 ALP: Black Death ZO
1:00 Fall Fest HT
2:00 Poets and Writers ZO
2:15 Together to Music CAS

9
9:00 Virtual Men's Mug ZO

10
10:00 Seabury Chapel Prays 918
2:00 Seabury Chapel Prays 918

11
1:00 Open Studio CAS
1:00 ALP: Creative Write ZO
2:00 Chorus CH
3:30 Bridge CAS

12
9:00 Encore Donations EN
9-11:30am
9:30 Health Services ZOOM
Committee
10:00 ALP: Amazing Women ZO
11:00 Trails Comm ZO
2:00 Chimes HH

13
10:30 Resident Council ZO
1:00 Community Eucharist CH
1:30 Meditation ZO
2:00 ComCom ZO
3:00 Low Vision Support HP
Group

14
10:00 Resident Workshop: MR
Open Shop
1:00 Chimes (Gold) HH
1:00 ALP: M & E Meeting ZO
2:00 Chimes (Blue) HH

15
10:00 ALP: Black Death ZO
1:00 Holistic Day HT
2:15 Together to Music CAS
3:00 Women Together ZO

16
9:00 Virtual Men's Mug ZO
**2:30 Seabury Author Speaks:
Marye Gail Harrison ZO**

17
10:00 Seabury Chapel Prays 918
2:00 Seabury Chapel Prays 918

18
10:00 Dining Committee ZO
1:00 Open Studio CAS
1:00 ALP: Creative Write ZO
1:00 Fitness: Improve ZO
Balance and Prevent Falls
2:00 Chorus CH
3:30 Bridge CAS

19
9:00 Encore Donations EN
9-11:30am
10:00 Garden & Greenhouse ZO
10:00 ALP: Amazing Women ZO
1:00 ALP ZO
2:00 Chimes HH
4:00 Art Group ATR

20
10:00 ALP: Election Law ZO
1:00 Community Eucharist CH
1:00 Sports & Games ZO
Committee Meeting
1:30 Meditation ZO
2:00 Community Forum ZO
3:00 FB Book Club HH
3:30 Scholarship Committee ZO
Meeting
7:15 New World Trio CH

21
10:00 Encore OPEN 10-3 EN
10:00 Resident Workshop: MR
Open Shop
1:00 Chimes (Gold) HH
2:00 Chimes (Blue) HH

22
Breast Cancer Awareness Day
9:30 ALP: Hikes ZO
10:00 ALP: Black Death ZO
10:00 Flower and Decoration Committee CAS
2:15 Together to Music CAS

23
9:00 Virtual Men's Mug ZO

24
10:00 Seabury Chapel Prays 918
2:00 Seabury Chapel Prays 918

25
10:00 Library Comm CAS
1:00 Open Studio CAS
1:00 ALP: Creative Write ZO
2:00 Chorus CH
3:30 Bridge CAS

26
9:00 Encore Donations EN
9-11:30am
9:00 Buildings & Grounds ZO
10:00 ALP: Amazing Women ZO
2:00 Chimes HH

27
10:00 ALP: Progeria ZO
1:00 Community Eucharist CH
1:00 Seabury Art Expo CH
1:30 Meditation ZO

28
10:00 Resident Workshop: MR
Open Shop
10:00 ALP: Opium Trade ZO
1:00 Chimes (Gold) HH
1:00 ALP: Board of Directors ZO
2:00 Chimes (Blue) HH

29
10:00 ALP: Black Death ZO
10:00 Flower and Decoration Committee CAS
1:00 Halloween Costume Parade
2:15 Together to Music CAS
3:00 Magic By Chris CH

30
9:00 Virtual Men's Mug ZO

Location Key

- 5TH 5th Flr across from Library
- ATR Atrium
- B Bistro
- BL Bistro Lounge
- BC Business Center
- BR Board Room
- SP Center of Spirituality
- 918 Channel 918
- 919 Channel 919
- CH Chapel
- CAS Community Activity Space
- DS Dance Studio
- ES Encore Shop
- GR Game Room
- GV Garden View
- HP Hearthside Parlor
- HH Heritage Hall
- HT Hilltop
- L Library
- LB Lobby
- MDR Main Dining Room
- MR Media Room
- NAT Natatorium
- NL North Lounge
- OFF Offsite
- PS Pilates Studio
- SWBR South Wing Britton Room
- SWD South Wing Dance Studio
- TR Terrace Room
- TOS Top of Stairs
- AR Views Activity Room
- VDR Views Dining Room
- VFS Views Fitness Studio
- VL Views Library
- VP Views Parlor
- VTV Views TV Area
- VLR Views Living Room
- ZO Zoom