

Please tune in to Channel 918 for the most up to date information.

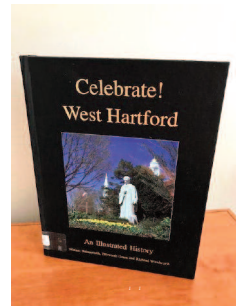


On January 23rd at 2pm, a community-wide memorial service will air on Channel 918.

This service will honor the memorial of all Seabury residents who have died since July of 2020 and will give those who are safely sheltering in place the opportunity to grieve as a community. Bulletins for this service will be delivered to on-campus boxes and a youtube link will be provided.

See Chaplain Jenn for details.

Event Descriptions



Richard Woodworth will be the "Seabury Authors Speak" next presenter on Sunday, January 17, 2021 at 2:00 p.m. His background is in journalist, was a managing editor, and finally, editor of The West Hartford News. Also, he and his wife travelled extensively around the eastern seaboard, writing and publishing tour guide books, of which some are in our Seabury Library. Also, his name, as a contributor, is on the cover of the book, "Celebrate! West Hartford".

My wife (Ruriko) and I have completed an all new one-hour concert program which we would be thrilled to perform for your Seabury residents!

The program includes:

Marcello Sonata in F Major for Viola and Piano

Clarke, "Passacaglia on an Old English Air"

Frank Sonata in A Major

Rachmaninoff, "Prelude" (piano solo)

Piazzolla, Tangos for Viola and Piano



The next COVID-19 testing event for IL Residents and SAH Members will be on January 7 from 1:00 - 3:00 p.m. and January 8 from 10:00 a.m. - 12:00 p.m. in the Chapel.

Thursday, January 7: Clinic Runs 1:00 - 3:00 p.m. Please come at your assigned time. Please do not come earlier (unless you have a time conflict).

- 1:00 p.m. - Last names beginning with the letters A-C
- 1:30 p.m. - Last names beginning with the letters D-F
- 2:00 p.m. - Last names beginning with the letters G-I
- 2:30 p.m. - Last names beginning with the letters J-L

Friday, January 8: Clinic Runs 10:00 a.m. to 12:00 p.m. Please come at your assigned time. Please do not come earlier (unless you have a time conflict).

- 10:00 a.m. - Last names beginning with the letters M-O
- 10:30 a.m. - Last names beginning with the letter P-R
- 11:00 a.m. - Last names beginning with the letter S-Z
- 11:30 a.m. - SAH Members



Seabury MONTHLY

JANUARY 2021



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200 Seabury Drive
Bloomfield, CT 06002

Resident Service Staff (860) 286-0243

Heather Stanton
VP Resident & Member
Services

860-243-6040

Tiffany Smith-Chisholm
Direct of Resident Srvc.

860-243-6065

Jodi Morrissey
Activity & Trip Coordinador

860-243-6035

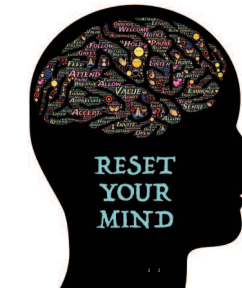
Important Phone Numbers

Maura Mazur
Transportation Coord.

860-243-6058

Security
860-243-6045

UConn Adult Learning Program



Hmmm, well, no. Not yet. For our own safety, we still can't conduct our Preview Meetings the way we used to. There won't be any in-person presentations, no coffee and danish, no rubbing elbows and shaking hands with other members; definitely no hugging, and no guest speaker. But you will

be able to see and hear many of the presenters who will be giving us a verbal glimpse of the 25 programs being offered via the Zoom platform this spring semester.

And what a semester it will be! Not only will our participation be easier with our Zoom learning curve diminished to a speed bump but take a look at the curriculum when you get your copy of the ALP Horn newsletter. Among the courses offered, we'll be learning about Islam, Macbeth, Art, Native Americans, Hinduism, Slavery, Birding, Sculpturing, Beethoven, Picasso, Writing, the Black Plague, and Comedy. And for all that and more, you'll be paying a "tuition" fee of \$45 as a Resident! There hasn't been a bargain like that since Filene's had a basement.

So relax in the comfort and safety of your own home, listen to the presenters, read the course descriptions, select the classes you want to attend, and register - using the mail-in registration form in the ALP Horn or the faster online registration process that will soon be available on this website.

And hope for good times ahead. Tuesday, January 12 at 10:00 a.m.



zoom

Zoom Meetings

You can also listen to zoom meetings via your landline phone. Please note telephone number at the end of each zoom invite.





Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Location Key

- 5TH 5th Flr across from Library
- ATR Atrium
- B Bistro
- BL Bistro Lounge
- BC Business Center
- BR Board Room
- SP Center of Spirituality
- 918 Channel 918
- 919 Channel 919
- CH Chapel
- CAS Community Activity Space
- DS Dance Studio
- ES Encore Shop
- GR Game Room
- GV Garden View
- HP Hearthside Parlor
- HH Heritage Hall
- HT Hilltop
- L Library
- LB Lobby
- MDR Main Dining Room
- MR Media Room
- NAT Natatorium
- NL North Lounge
- OFF Offsite
- PS Pilates Studio
- SWBR South Wing Britton Room
- SWD South Wing Dance Studio
- TR Terrace Room
- TOS Top of Stairs
- AR Views Activity Room
- VDR Views Dining Room
- VFS Views Fitness Studio
- VL Views Library
- VP Views Parlor
- VTV Views TV Area
- VLR Views Living Room



31 January
 10:00 Seabury Chapel Prays 918
 2:00 Seabury Chapel Prays 918

3
 10:00 Seabury Chapel Prays 918
 2:00 Seabury Chapel Prays 918

10
 10:00 Seabury Chapel Prays 918
 2:00 Seabury Chapel Prays 918

17
 2:00 Seabury Chapel Prays 918
 10:00 Seabury Chapel Prays 918
2:00 Seabury Authors Speaks Richard Woodworth Zoom

24
 10:00 Seabury Chapel Prays 918
 2:00 Seabury Chapel Prays 918

4
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918

11
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 10:00 Health Committee Zoom
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918

18
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 10:00 Dining Committee Zoom
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918

25
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918

5
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
 1:00 Encore Committee Meeting Zoom
 2:00 Chair Yoga @ Seabury 918

12
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 10:00 ALP Spring Preview ZO
 11:00 Trails Comm Meeting Zoom
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918

19
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918

26
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918

6
 8:15 25 Min Cardio with Matt 918
 9:00 Hospitality Comm. Meeting Zoom
 9:15 Fitness Video with Brian 918
 2:00 Chair Yoga @ Seabury 918

13
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 10:30 Resident Council ZO
 1:00 Fannie Book Group ZO
 2:00 Chair Yoga @ Seabury 918
 2:00 ComCom Zoom

20
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 2:00 Chair Yoga @ Seabury 918

27
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 2:00 Chair Yoga @ Seabury 918

7
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918
7:15 HSO's RM Wheeler Violin 918

14
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
3:00 Meditation Matter w/ Macie Swift 918
 2:00 Chair Yoga @ Seabury 918

21
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918

28
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918

1
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918
 3:00 Women Together Meeting Zoom

8
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918
 2:00 Poets and Writers Zoom

15
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918
 3:00 Women Together Zoom

22
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918

29
 8:15 25 Min Cardio with Matt 918
 9:15 Fitness Video with Brian 918
 11:00 Ervin Library Hours L
 2:00 Chair Yoga @ Seabury 918

2
 9:00 Virtual Men's Mug Zoom

9
 9:00 Virtual Men's Mug Zoom

16
 9:00 Virtual Men's Mug Zoom

23
 9:00 Virtual Men's Mug Zoom
2:00 Seabury Community Memorial Service 918

30
 9:00 Virtual Men's Mug Zoom