

Please check Channel 918, resident portal and community boards outside CAS for the most up-to-date information and changes!



Routine medical transportation is available. Please fill out a Transportation Request form, now found at the kiosk in CAS, The Views kiosk and also at the Front Desk in the Lobby. Completed forms should be returned to the Front Desk in the Lobby...NOT at the Clinic. Also, please call Maura to sign up for grocery shopping...NOT at the Clinic.

Medical Transportation on Mon/Wed/Fri in Bloomfield, Hartford and West Hartford and on Tues/Thurs in Avon, Farmington, Simsbury and Windsor

Any and all transportation questions or issues should be directed to Maura Mazur at (860) 243-6058

Event Descriptions



On Tuesday, March 3rd at 7:15pm in the Chapel, solo guitarist/vocalist Jeffrey Folmer will be performing live for our enjoyment.

On Friday, March 6th at 11pm in Heritage Hall, Dr. Coll lecture series will continue with a talk on

Remaining Independent "Staying Out Of The Circle". This talk will include gems on keeping yourself going and developing new self sustaining habits.

On Tuesday, March 10th, at 2:00pm in the CAS, Voter Registration/Absentee Ballot Clinic: Have you recently moved to Seabury, switched apartments, or are interested in changing your party affiliation? Are you going to be out of town on Primary Day (April 28th) or otherwise unable to get to the polls? Stop by the CAS and Jodi will answer questions and help with registration.

On Thursday, March 12th at 7:15pm in the Chapel, the Blue River Jazz Band will be performing America's traditional, classic, "hot" jazz and swing music from the early 20th century.

On Friday, March 13th at 9am in Heritage Hall, Bruce Donald will explain comprehensive research that investing in bicycle/pedestrian infrastructure has numerous benefits including public health, reduced transportation costs, increased access to reliable transportation, tourism, improved local economy, reduced user mortality rates, and environmental benefits.

On Monday, March 16th at 11am in the Chapel, Hartford Symphony Orchestra small ensemble will be performing live. Please come enjoy the beautiful sounds of strings on a Monday morning!

On Tuesday, March 17th at 7:15pm in the Chapel, welcome a St. Patrick's Day theme poetry reading about Irish ideals and values!

On Wednesday, March 18th at 11am, the Lunch Bunch is heading out to Rein's Deli. Sign up to join us for some authentic New York Style Deli. Meet in Front Lobby. We will return by 2 pm!

On Wednesday March 18th at 3pm in CAS, come out and enjoy Board Game Day. Play classic board games with other Seabury residents. Come alone or with a friend!

On March 24th at 7:15pm in the Chapel, Celtic Concert: Peregrine Road joins us for a musical performance like no other!



Seabury MONTHLY

www.seaburylife.org

MARCH 2020



(860) 286-0243
200 Seabury Drive
Bloomfield, CT 06002

Resident Services Department

(860) 286-0243
Heather Stanton
VP Resident & Member Srvc.
860-243-6040

Tiffany Smith-Chisholm
Direct Of Resident Srvc.
860-243-6065

Rashawn Vassell
Event and Program Cord.
860-286-4285

Jodi Morrissey
Activity & Trip Cord.
860-243-6035

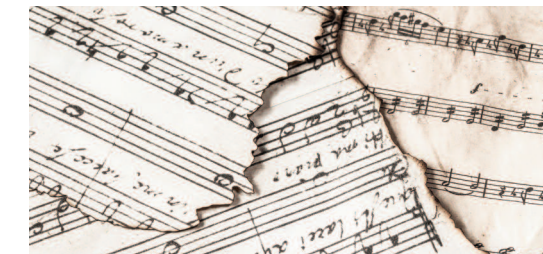
Important Phone Numbers
Important Phone Numbers
Transportation Coordinator

Maura Mazur
860-243-6058

Security
860-243-6045

Clinic
860-243-6080

SPRING BEGINNINGS



Afternoon Musicale
Thursday, March 19th 3PM Chapel

Come hear some of our talented residents in concert! The Men's Barbershop Octet, piano duet, A capella chorus, Synergy Instrumental Quartet, vocal solos and duets, The Ukulele Band - and

introducing a new Seabury song by Dick Wenner! Don't miss it!

Live Rehearsal of 'EVERY BRILLIANT THING'
Friday, March 6th 1PM Chapel

Join actor Chad Jennings and director Eric Ort for a 90 minutes rehearsal of the TheaterWorks production of EVERY BRILLIANT THING, a comic, life-affirming, interactive play one-man show that will be presented at TheaterWorks March 12th - 22nd. Given the interactive writing of the piece, it will grow and profit from having rehearsals with new audience members each time. Your presence will provide both a window into the rehearsal process, a sneak preview of the show and invaluable help to the actor and director. If you would like to attend, please plan to come at the beginning and stay through the whole rehearsal(1pm-2:30pm).

**THEATER
WORKS
HARTFORD**



UCONN WOMEN'S BBALL

The AAC CONFERENCE
TOURNAMENT
MAR 6 (FRI) - MAR 9 (MON)

NCAA TOURNAMENAT
Selction Show - (MON) March 16
First Round- (FRI) 3/20 or (SAT) 3/21





Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1
10:30 Chapel CH
7:15 NO MOVIE

2
1:00 Open Studio CAS
1:00 ALP: Creative Writing GV
1:00 Chorus MS
3:00 MahJongg GR
3:00 Meditation SP
6:45 Duplicate Bridge CAS
7:00 UConn vs. South Fla. HH

3
9:00 Bank Opens
10:00 ALP: Hartford's Restaurant Scene HH
1:00 Encore Comm. HP
2:00 Bereavement Support SP
3:00 Knit 'N' Stitch HP
4:30 Drop-In Social HP
7:15 Solo
Guitarist/Vocalist:
Jeffrey Folmer CH

4
9:00 Hospitality Comm CAS
1:00 Fannie's Book Group TR
NO Critic's Circle
4:00 Seabury Artists Group
7:00 Cribbage CAS
7:15 Movie: LUST FOR LIFE CH

5
9:00 Bank Opens
10:00 ALP: Industrial Revolution II CH
10:15 Community Hymns VLR
w/Chaplain Jenn
1:00 Chimes Practice CAS
1:00 Trip: Conard High Musical**

6
10:00 iPad Class BC
11:00 Dr. Coll's Lecture: HH
12:00 Conversational French GR
1:00 Trip: Stop & Shop**
1:45 Tea TOS
2:15 Together to Music CAS
3:00 Poets & Writers HP
7:00 Bridge CAS

7
9:00 Men's Mug Club TR
10:30 ISOD Steering Comm. GV
2:00 AAC Quarters: UConn HH
4:30 Drop-In Social HP
7:15 Movie: HARVARD BEATS YALE CH

8 Daylight Saving Time starts
10:30 Chapel CH
4:00 AAC Semis: UConn HH
7:15 NO MOVIE

9
10:00 Health Comm. HH
1:00 Open Studio CAS
1:00 ALP: Creative Writing GV
1:00 Chorus MS
3:00 MahJongg GR
6:45 Duplicate Bridge CAS
7:00 AAC Championship: UConn HH

10 Purim
9:00 Bank Opens
11:00 Trails Comm. GV
12:30 Coin Club B
2:00 Bereavement Support SP
2:00 Voter Registration/Absentee Ballot Clinic CAS
3:00 Knit 'N' Stitch HP
4:30 Drop-In Social HP

11
11:00 Resident Council HH
2:00 Comm. Comm. BR
2:00 Great Decisions HH
7:00 Cribbage CAS
7:15 Movie: PRIZZI'S HONORS CH

12 Encore Opens 10AM
10:30 Catholic Communion Service w/ Deacon Tim Healy CH
10:30 ALP: Toni Morrison HH
1:00 Chimes Practice CAS
2:00 ALP: Travelogue HH
2:00 Caregiver Burnout** HP
7:15 The Blue River Jazz Band CH

13
9:00 "Why Build Multi-Use Greenways"? HH
1:00 Trip: Stop & Shop**
2:15 Together to Music CAS
3:00 Jewish Service CH
6:15 Trip HSO Masterworks**
7:00 Bridge CAS

14
8:00 Food Drive Collection
9:00 Men's Mug Club TR
10:30 ISOD HH
4:30 Drop-In Social HP
6:15 Trip HSO Masterworks**
7:15 Movie: JUDY CH

15
10:30 Chapel CH
7:15 NO MOVIE

16
8:30 Men's Breakfast MDR
10:00 No Dining Committee HH
11:00 HSO Small Ensemble CH
1:00 Open Studio CAS
1:00 ALP: Creative Writing GV
1:00 Chorus MS
1:30 Resident Shop MR
3:00 MahJongg GR
6:45 Bridge CAS
7:15 Irish Ballads CH

17 St. Patrick's Day
9:00 Bank Opens
9:30 ALP: Comedy, Comedians HH
10:00 2G's GV
2:00 Bereavement Support SP
3:00 Knit 'N' Stitch HP
4:30 Drop-In Social HP
7:15 Poetry Reading CH

18
9:30 Geissler's Trip:**
11:00 Trip: Lunch Bunch Rein's Deli**
2:00 Sports & Games GV
3:00 Low Vision Support HH
3:00 Board Game Day CAS
7:00 Cribbage CAS
7:15 Movie: NOW, VOYAGER CH

19
9:00 Bank Opens
10:15 Community Hymns VLR
10:30 ALP: Reading Beloved HH
12:30 Spiritual Life Meet SP
1:00 Chimes Practice CAS
3:00 Caregiver Support EWGV
3:00 Afternoon Musicale CH
4:45 Mixer Dinner MDR

20
1:00 Trip: Stop & Shop**
1:45 Tea TOS
2:15 Together to Music CAS
7:00 Bridge CAS

21
9:00 Men's Mug Club TR
10:15 Storytellers w/ HH
4:30 Drop-In Social HP
7:15 Movie: IT'S ALWAYS FAIR WEATHER CH

22
10:30 Chapel CH
7:15 NO MOVIE

23
10:00 Library Committee CAS
1:00 Open Studio CAS
1:00 ALP: Creative Writing GV
1:00 Chorus MS
3:00 MahJongg GR
6:45 Duplicate Bridge CAS

24
9:00 Bank Opens
9:00 Buildings & Grounds CAS
10:00 ALP: Mahler's 2nd HH
Symphony
1:00 ALP: Writing Your HH
Memoirs
2:00 Bereavement Support SP
3:00 Knit 'N' Stitch HP
4:30 Drop-In Social HP
7:15 Celtic Concert: CH

25
11:00 Community Forum CH
2:00 Great Decisions HH
4:00 Cat Owners' Group HP
7:00 Cribbage CAS
7:15 Movie: THE FAREWELL CH

26
9:00 Bank Opens
10:00 Encore Opens
10:30 ALP: Reading Beloved HH
Together
1:00 Chimes Practice CAS
2:00 Grief And Loss** HP
3:00 Parkinsons Support GV
Group

27
10:00 Flower Committee CAS
1:00 Trip: Stop & Shop**
1:00 ALP: Prudence HH
Crandall's Legacy
2:15 Together to Music CAS
3:00 Jewish Services CH
3:30 Better Hearing Group HH
7:00 Bridge CAS

28
9:00 Men's Mug Club TR
4:30 Drop-In Social HP
6:15 Trip: SLOCO 75th: Pirates of Penzance**
7:15 Movie: SWEET SMELL OF SUCCESS CH

29
10:30 Chapel CH
7:15 NO MOVIE

30
10:00 ALP: Ancestry Testing HH
1:00 Open Studio CAS
1:00 Chorus MS
3:00 MahJongg GR
3:00 Meditation SP
6:45 Duplicate Bridge CAS

31
9:00 Bank Opens
10:00 ALP: Mahler's 2nd HH
Symphony
1:00 ALP: Writing Your HH
Memoirs
2:00 Bereavement Support SP
3:00 Knit 'N' Stitch HP
4:30 Drop-In Social HP

200 Seabury Drive
Bloomfield, CT
06002

(860) 286-0243
www.seaburylife.org



Location Key

- 5TH 5th Flr across from Library
- ATR Atrium
- B Bistro
- BL Bistro Lounge
- BC Business Center
- BR Board Room
- SP Center of Spirituality
- 918 Channel 918
- 919 Channel 919
- CH Chapel
- CAS Community Activity Space
- DS Dance Studio
- ES Encore Shop
- GR Game Room
- GV Garden View
- HP Hearthside Parlor
- HH Heritage Hall
- HT Hilltop
- L Library
- LB Lobby
- MDR Main Dining Room
- MR Media Room
- NAT Natatorium
- NL North Lounge
- OFF Offsite
- PS Pilates Studio
- SWBR South Wing Britton Room
- SWD South Wing Dance Studio
- TR Terrace Room
- TOS Top of Stairs
- AR Views Activity Room
- VDR Views Dining Room
- VFS Views Fitness Studio
- VL Views Library
- VP Views Parlor
- VTV Views TV Area
- VLR Views Living Room