



# Seabury MONTHLY

www.seaburylife.org

MARCH 2020



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## SEABURY CHARITABLE GOLF TOURNAMENT ANNOUNCED



The 17th Annual Seabury Charitable “Golf With Purpose” Tournament has a new date and a new venue! On **Mon., June 22, 2020**, golfers will descend to **Wampanoag Country Club in West Hartford**. Members, Residents, Staff, friends and sponsors take part on this very

important day for Seabury. Not only is it a day of golf, excellent fare and memories to last a lifetime, but it’s an opportunity to support the organization and its ability to further enhance the lives of the Residents, Members and greater community that it serves.

Last year, the tournament earned net proceeds of \$69,000 which contributed toward the purchase of a new van for Resident transportation to medical

appointments. Ninety-three golfers participated in 2019, an increase of 11 from the year prior. Registration is open for the 2020 event and all of the details, including sponsorship and golfer registration can be accessed by visiting the Seabury Charitable Foundation website, [www.seaburycares.org](http://www.seaburycares.org).



Only want to come for the dinner reception? No problem! Dinner-only tickets are available, and payment is kindly due by **Mon., June 8**. Thank you in advance of your support and we look forward to seeing you at Wampanoag!

—  
SAH Member, **Baker Salsbury**, was named Member Council Vice President, effective **Fri., Feb. 14, 2020**. The vote took place that morning, at the monthly Member Council Meeting. Welcome, Baker!



## Pickleball and Other Activities

Are you interested in playing Pickleball? What about other games? As we approach Spring, activities abound are at Seabury! Resident, **Russ Tonkin**, is the main contact to sign up or to ask any questions. For more information, please contact Russ at: [rtonks@aol.com](mailto:rtonks@aol.com) or 860-463-0107. See you out there!

See something on the calendar? Visit [www.seaburylife.org](http://www.seaburylife.org) and click the lifestyle tab to read the Independent Living Newsletter, for more information.



As a reminder, the next SAH Member Council Meeting will take place on Fri., March 13, 2020 at 10:30 a.m. in The Board Room. SAH Members with questions or concerns are encouraged to attend the meeting or communicate with one of their SAH Member Council Officers. The easiest way to access The Board Room is by parking at Hilltop, walk through Door 15 and take your first left down the hallway. The Board Room will be on the left. Coffee, tea and water will be served. The SAH Member Council Officers are: Stanley Kemmerer, President; 860-673-9137; Baker Salsbury, Vice President; 860-454-4267; Debra Pasquale, Secretary; 860-305-8712; Ranjana Chawla, At-Large; 860-561-4507; and Dexter Cheney, At-Large; 203-624-8937. We hope to see you there!

## THIS MONTH — SEABURY AT HOME BOOK CLUB

“The Most Fun We Ever Had” by Claire Lombardo is our next book, which is a fictional selection! We will be meeting on **Thurs., March 19, 2020 at 10:30 a.m. in The Atrium**. All SAH Members are welcome! Please call Lisa or Cindy at 860-243-4021 or -4030 if you are attending for the first time.



*The Most Fun We Ever Had*

## TAX DEDUCTION NOTICE FOR 2019 HAS BEEN RELEASED

Just a reminder — the prepaid medical tax deduction letter for 2019 was mailed with your February billing statement, to be used for your tax filings this Spring. Membership fees were deductible at 100% and monthly fees were calculated at 70%. Should you have any questions regarding this deduction, please consult your accountant or advisor.

## SOME UPCOMING EVENTS AT SEABURY!

On Tues., March 3 at 7:15 p.m. in the Chapel, solo guitarist/vocalist Jeffrey Folmer will be performing live for our enjoyment.

On Fri., March 6 at 11:00 a.m. in Heritage Hall, the Dr. Coll lecture series will continue with a talk on Remaining Independent “Staying Out Of The Circle”. This talk will include gems on keeping yourself going and developing new self sustaining habits.

On Thurs., March 12 at 7:15 p.m. in the Chapel, the Blue River Jazz Band will be performing America’s traditional, classic, “hot” jazz and swing music from the early 20th century.

On Fri., March 13 at 9:00 a.m. in Heritage Hall, “Why Build Multi-Use Greenways? Implications for Connecticut and Beyond,” Bruce Donald will explain comprehensive research that investing in bicycle/pedestrian infrastructure has numerous benefits including public health, reduced transportation costs, increased access to reliable transportation, tourism, improved local economy, reduced user mortality rates, and environmental benefits.

On Mon., March 16 at 11:00 a.m. in the Chapel, Hartford Symphony Orchestra small ensemble will be performing live. Please come enjoy the beautiful sounds of strings on a Monday morning!

On Tues., March 17 at 7:15 p.m. in the Chapel, welcome a St. Patrick’s Day-theme poetry reading about Irish ideals and values!

On March 24th at 7:15 p.m. in the Chapel; Celtic Concert: Peregrine Road joins us for a musical performance like no other!







# MARCH 2020

## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

**1**  
10:30 Chapel CH  
7:15 NO MOVIE

**2**  
1:00 Open Studio CAS  
1:00 ALP: Creative Writing GV  
3:00 MahJongg GR  
6:45 Duplicate Bridge CAS  
7:00 UConn vs. South Fla. HH

**3**  
9:00 Bank Opens  
10:00 ALP: Hartford's Restaurant Scene HH  
1:00 Encore Comm. HP  
2:00 Bereavement Support SP  
3:00 Knit 'N' Stitch HP  
4:30 Drop-In Social HP  
7:15 Solo CH  
Guitarist/Vocalist: Jeffrey Folmer

**4**  
9:00 Hospitality Comm CAS  
1:00 Fannie's Book Group TR  
3:30 Critic's Circle MR  
4:00 Seabury Artists' Group ATR  
7:00 Cribbage CAS  
7:15 Movie: Manchester ByCH The Sea

**5**  
9:00 Bank Opens  
10:00 ALP: Industrial Revolution II CH  
10:15 Community Hymns VLR w/Chaplain Jenn  
1:00 Trip: Conard High Musical\*\*

**6**  
11:00 Dr. Coll's Lecture: (Special Time) HH  
12:00 Conversational French GR  
1:45 Tea TOS  
2:15 Together to Music CAS  
3:00 Poets & Writers HP  
7:00 Bridge CAS

**7**  
9:00 Men's Mug Club TR  
10:30 ISOD Steering Comm.GV  
2:00 AAC Quarters: UConnHH  
4:30 Drop-In Social HP  
7:15 Movie:

**8**  
2:00 Daylight Savings Begins!  
10:30 Chapel CH  
4:00 AAC Semis: UConn HH  
7:15 NO MOVIE

**9**  
10:00 Health Comm. HH  
1:00 Open Studio CAS  
1:00 ALP: Creative Writing GV  
3:00 MahJongg GR  
6:45 Duplicate Bridge CAS  
7:00 AAC Championship: UConn HH

**10**  
9:00 Bank Opens  
12:30 Coin Club B  
2:00 Bereavement Support SP  
3:00 Knit 'N' Stitch HP  
4:30 Drop-In Social HP

**11**  
2:00 Communications Committee BR  
2:00 Great Decisions HH  
7:00 Cribbage CAS  
7:15 Movie: Manchester ByCH The Sea

**12**  
9:00 Bank Opens  
10:00 Encore Opens  
10:30 Catholic Communion CH Service w/Tim Healy  
10:30 ALP: Toni Morrison HH  
2:00 ALP: Health & Travelogue HH  
7:15 The Blue River Jazz CH Band

**13**  
10:30 SAH Council Mtg. BR  
2:15 Together to Music CAS  
3:00 Jewish Service CH  
6:15 Trip\*\* HSO Masterworks  
7:00 Bridge CAS

**14**  
8:00 Food Drive Collection  
9:00 Men's Mug Club TR  
10:30 ISOD HH  
4:30 Drop-In Social HP  
6:15 Trip\*\* HSO Masterworks  
7:15 Movie:

**15**  
10:30 Chapel CH  
7:15 NO MOVIE

**16**  
8:30 Men's Breakfast MDR  
11:00 HSO Small Ensemble CH Performance  
1:00 Open Studio CAS  
1:00 ALP: Creative Writing GV  
1:30 Resident Shop MR Committee  
3:00 MahJongg GR  
6:45 Duplicate Bridge CAS  
7:15 Vocalist and CH

**17**  
9:00 Bank Opens  
9:30 ALP: Comedy, Comedians & Comics HH  
10:00 2G's GV  
2:00 Bereavement Support SP  
3:00 Knit 'N' Stitch HP  
4:30 Drop-In Social HP

**18**  
2:00 Sports & Games Committee GV  
3:00 Low Vision Support HH Group  
7:00 Cribbage CAS  
7:15 Movie: Manchester ByCH The Sea

**19**  
9:00 Bank Opens  
10:15 Community Hymns VLR w/Chaplain Jenn  
10:30 SAH Book Club ATR  
10:30 ALP: Reading BelovedHH Together  
12:30 Spiritual Life SP Committee Meeting  
4:30 Mixer Dinner MDR

**20**  
1:45 Tea TOS  
2:15 Together to Music CAS  
7:00 Bridge CAS

**21**  
9:00 Men's Mug Club TR  
10:15 Storytellers w/ HH  
4:30 Drop-In Social HP  
7:15 Movie:

**22**  
10:30 Chapel CH  
7:15 NO MOVIE

**23**  
10:00 Library Committee CAS  
1:00 Open Studio CAS  
1:00 ALP: Creative Writing GV  
3:00 MahJongg GR  
6:45 Duplicate Bridge CAS

**24**  
9:00 Bank Opens  
9:00 Buildings & GroundsCAS  
10:00 ALP: Mahler's 2nd HH Symphony  
1:00 ALP: Writing Your HH Memoirs  
2:00 Bereavement Support SP  
3:00 Knit 'N' Stitch HP  
4:30 Drop-In Social HP  
7:15 Celtic Concert: CH

**25**  
11:00 Community Forum CH  
2:00 Great Decisions HH  
4:00 Cat Owners' Group HP  
7:00 Cribbage CAS  
7:15 Movie: Manchester ByCH The Sea

**26**  
9:00 Bank Opens  
10:00 Encore Opens  
10:30 ALP: Reading BelovedHH Together  
3:00 Parkinsons Support GV Group

**27**  
10:00 Flower Committee CAS  
1:00 ALP: Prudence HH Crandall's Legacy  
2:15 Together to Music CAS  
3:00 Jewish Services CH  
3:30 Better Hearing Group HH  
7:00 Bridge CAS

**28**  
9:00 Men's Mug Club TR  
4:30 Drop-In Social HP  
6:15 Trip: SLOCO 75th: Pirates of Penzance\*\*  
7:15 Movie:

**29**  
10:30 Chapel CH  
7:15 NO MOVIE

**30**  
10:00 ALP: Ancestry TestingHH  
1:00 Open Studio CAS  
3:00 MahJongg GR  
6:45 Duplicate Bridge CAS

**31**  
9:00 Bank Opens  
10:00 ALP: Mahler's 2nd HH Symphony  
1:00 ALP: Writing Your HH Memoirs  
2:00 Bereavement Support SP  
3:00 Knit 'N' Stitch HP  
4:30 Drop-In Social HP

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## Location Key

- 5TH 5th Flr across from Library
- ATR Atrium
- B Bistro
- BL Bistro Lounge
- BC Business Center
- BR Board Room
- SP Center of Spirituality
- 918 Channel 918
- 919 Channel 919
- CH Chapel
- CAS Community Activity Space
- DS Dance Studio
- ES Encore Shop
- GR Game Room
- GV Garden View
- HP Hearthside Parlor
- HH Heritage Hall
- HT Hilltop
- L Library
- LB Lobby
- MDR Main Dining Room
- MR Media Room
- NAT Natatorium
- NL North Lounge
- OFF Offsite
- PS Pilates Studio
- SWBR South Wing Britton Room
- SWD South Wing Dance Studio
- TR Terrace Room
- TOS Top of Stairs
- AR Views Activity Room
- VDR Views Dining Room
- VFS Views Fitness Studio
- VL Views Library
- VP Views Parlor
- VTV Views TV Area
- VLR Views Living Room