



# Seabury MONTHLY

www.seaburylife.org

DECEMBER 2019



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## PRESIDENT'S POST — By: The Rev. Stanley C. Kemmerer



I'll confess it. I have a "hobby horse." In this column, this month, I intend to ride it: It's the facilitation of communication among those Seabury At Home Members who wish it, be it with other Seabury At Home Members and/or Seabury on-campus Residents. To my mind, the best tool to accomplish that is our profiles on the Portal. However,

what I think I'm discovering is a lack of awareness of how to access our own and others' profiles and how to flesh them out. I won't claim it's simple, at least for cyber-challenged me, but here are the steps I follow:

- Go to [www.seaburylife.org](http://www.seaburylife.org)
- Click on "Resources."
- From the drop-down menu, click on "Resident Portal."
- Provide your username and password (Marketing can help with this).
- Once on the Portal, select "Residents & Seabury At Home Members." That will take you to the directory.
- Click on "Me" and your profile page will come up.
- To add or change information, click on "Update" in the upper left-hand corner of the screen.
- Scroll to the bottom of the screen and click on "Submit."

Provide as much or as little information as you wish. My preference (as you can see from my own profile page) is "more is better." Participation in the Seabury community is not cheap. What it buys is worth every penny of it, if we milk it dry. Important among the resources it buys is the rich diversity represented by us, the Members, even if our only interaction is an exchange of e-mails or phone conversation with others with similar interests, our "go to" people on a given topic; the other who "knows stuff."

Cheers!



## Consecration of Chapel

On Thurs., Nov. 7, 2019, The Bishops' Chapel was officially consecrated, led by The Right Rev. Ian T. Douglas (Photo at left, third from right). One hundred and twenty-eight Residents, Members, Board Members, Seabury Staff and other constituents attended this historic day for Seabury.

See something on the calendar? Visit [www.seaburylife.org](http://www.seaburylife.org) and click the lifestyle tab to read the Independent Living Newsletter, for more information.



The next SAH Member Council Meeting will take place on **Fri., Jan. 10, 2020 at 10:30 a.m. in The Board Room.** SAH Members with questions or concerns are encouraged to attend the meeting or communicate with one of their SAH Member Council Officers. The easiest way to access The Board Room is by parking at Hilltop, walk through Door 15 and take your first left down the hallway. The Board Room will be on the left. The SAH Member Council Officers are: Stanley Kemmerer, President; 860-673-9137; Larry Smith, Vice President; 860-633-2697; Debra Pasquale, Secretary; 860-305-8712; Ranjana Chawla, At-Large; 860-561-4507; and Dexter Cheney, At-Large; 203-624-8937.

## SEABURY AT HOME BOOK CLUB — SAVE THE DATE

“Agent Running in the Field” by John le Carré is our next book. We will be meeting on **Thurs., Jan. 16, 2020 at 10:30 a.m. in The Atrium.** All SAH Members are welcome! Please call Lisa or Cindy at 860-243-4021 or -4030 if you are attending for the first time.



*Agent Running in the Field*

## NEW APARTMENT HOMES COMING TO SEABURY!

On behalf of the Board of Directors of Seabury, and the dynamic Executive Team led by President & CEO, Renée J. Bernasconi, we are proud to announce the plans for 24 new apartments at Seabury, with a planned opening of sometime in mid-2021.



*The Seabury campus, looking northwest*

The area of focus will be where the “100 cottages” currently stand on the southern tip of the Seabury campus. The timetable, still in its planning stages, calls for the razing of the five existing cottages sometime next spring or summer, which will allow land preparation and construction of two new buildings, comprised of 12 beautifully-designed apartments in each. The lone cottage that will remain — cottage 112 — will be turned into a community clubhouse.

With cottage-like amenities, the apartments will range in square feet from 1,072 to 1,264, a popular size that currently make up a significant percentage of Seabury’s independent living inventory. Living spaces will be designed to maximize views to the south, west and east, and all 24 apartments will come with one garage space. Other features will include a community lounge, storage space and fitness.



*The new apartment homes*

These new homes will qualify for the usual, Type A Life Care Contract offered by Seabury, to Seabury At Home Members as they transition from SAH, to Seabury’s campus. Your Membership fee will be used as a credit, per your current SAH plan type and, the benefit of the new construction will allow you to select all of your new finishes! It’s hard to believe that the South Wing is already two years old this month, but no rest for the weary! Seabury looks forward to following through with these plans to offer more well-appointed apartment homes in just under two years from now. More information will be forthcoming!

More information will be forthcoming!





# DECEMBER 2019

## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

<b>1</b> 10:30 Chapel CH 7:15 Movie: Inside Man 918	<b>2</b> 10:00 ALP CH 12:00 Connected Living Help Desk B 12:15 ALP: HH 1:00 Open Studio CAS 3:00 Meditation SP 3:00 MahJongg GR 6:45 Duplicate Bridge CAS <b>7:15 One-Man-Band: Dylan Verona CH</b>	<b>3</b> 9:00 -11:30 Encore Donations 10:00 ALP CH 1:00 NO Encore! Cmtee HP 2:00 Bereavement Support SP 2:00 VOCE Christmas Quartet CH 3:00 Knit' N Stitch HP 4:00 Action Forum CAS 4:30 Drop-In Social HP	<b>4</b> 7:45 Trip** Christmas in Newport 9:00 Hospitality Comm CAS 1:00 Fannie's Book Group TR 3:30 Critic's Circle MR 4:00 Seabury Artists' Group ATR 7:15 Movie: GoldFinger CH	<b>5</b> 9:00 Bank Opens 10:00 Community Hymns VLR 10:00 Encore! Unique Boutique CH 1:00 A Season of Preparation: Intro to Advent HP 4:30 Gallery Opening TOS 5:30 CHHI Board Party CH 6:30 UConn @ Seton Hall HH	<b>6</b> 12:00 Conversational French GR 1:00 ALP CH 2:15 Together to Music CAS 3:00 Poets & Writers HP 6:15 Trip ** HSO Masterworks 7:00 Bridge CAS	<b>7</b> 9:00 Men's Mug Club TR 10:30 ISOD Steering Comm.GV 4:30 Drop-In Social HP 6:15 Trip ** HSO Masterworks 7:15 Movie: The Imitation Game CH	
<b>8</b> 10:30 Chapel CH 4:00 UConn vs. Notre Dame Game HH 7:15 Movie: The Imitation Game 918	<b>9</b> 10:00 Health Comm. HH 10:00 ALP CH 12:00 Connected Living Help Desk B 12:30 Mall Trip ** West Farms 1:00 Open Studio CAS 1:00 ALP SWBR 3:00 MahJongg GR	<b>10</b> 9:00 Bank Opens 9:00 -11:30 Encore Donations 10:00 ALP: CANCELLED HH 12:30 Coin Club B 1:30 Conversations "Estate Planning Before and After Death" CH 2:00 Bereavement Support SP 3:00 Knit' N Stitch HP	<b>11</b> 1:00 McLean Presentation HH 2:00 Communications Committee BR 3:00 NO Low Vision Support Group HH 7:15 Movie: Shawshank Redemption CH	<b>12</b> 9:00 Bank Open 1:00 Jon Widing's 2nd Lecture SP 2:00 Newcomer's Group Meeting HP 3:00 Newcomer's Tree Trimming L	<b>13</b> 10:00 Ipad Class BC 11:00 NO Kelly Allen Lecture HH 1:45 Tea TOS 2:00 Catholic Mass w/ Monsignor CH 2:15 Together to Music CAS 3:00 Jewish Service CH 7:00 Bridge CAS 7:15 Seabury Winter Hol. CH	<b>14</b> 8:00 Food Drive Collection 9:00 Men's Mug Club TR 10:30 ISOD HH 4:30 Drop-In Social HP 5:30 Trip ** Boston Pops @ UConn 7:15 Movie: The Bicycle Thief CH	
<b>15</b> 10:30 Chapel CH 2:30 Seabury Authors Speak w/Carol Simpson CH 7:15 Movie: The Bicycle Thief 918	<b>16</b> 8:30 Men's Breakfast MDR 10:00 ALP CH 12:00 Connected Living Help Desk B 1:00 Open Studio CAS 3:00 Meditation SP 3:00 MahJongg GR 6:45 Duplicate Bridge CAS 8:00 UConn @ DePaul HH	<b>17</b> 9:00 Bank Opens 9:00 -11:30 Encore Donations 10:00 NO 2G's GV 11:00 Bishop's Christmas Service CH 2:00 Bereavement Support SP 3:00 Knit' N Stitch HP 4:30 Drop-In Social HP 7:15 Eclectica CH	<b>18</b> 11:00 Community Forum CH 2:00 Sports & Games Committee GV 7:15 Movie: Meet John Doe CH	<b>19</b> 9:00 Bank Opens 10:00 Encore Opens 10:00 Community Hymns w/Chaplain Jenn VLR 12:00 Seabury Havin' Fun Ukulele Band: Carol Sing TOS 12:30 Spiritual Life Committee Meeting SP 7:15 Movie: Meet John Doe 918	<b>20</b> 11:00 Dr. Coll's Lecture: Bladder Issues HH 2:15 Together to Music CAS 7:00 Bridge CAS	<b>21</b> 9:00 Men's Mug Club TR 4:30 Drop-In Social HP 7:15 Movie: Christmas in Connecticut CH	
<b>22</b> 10:30 Chapel CH 4:00 UConn vs. Oklahoma Lights - Candle Lighting Service Begins HH 7:15 Movie: Christmas in Connecticut 918	<b>23</b> 10:00 Library Committee L 12:00 Connected Living Help Desk B 1:00 Open Studio CAS 3:00 MahJongg GR 5:00 Hanukkah Candle Lighting Service TOS 6:45 Duplicate Bridge CAS 7:15 Vocalist and Guitarist, Pierce CH	<b>24</b> 9:00 -11:30 Encore Donations 9:00 Bank Opens 9:00 NO Buildings & Grounds CAS 2:00 Bereavement Support SP 3:00 Knit' N Stitch HP 4:30 Drop-In Social HP 5:00 Hanukkah Candle Lighting Service TOS	<b>25</b> 3:00 Movie: Saberina CH 5:00 Hanukkah Candle Lighting Service TOS	<b>26</b> 9:00 Bank Opens 1:00 It's Not Over Yet: The 12 Days of Christmas in Liturgical Traditions SP 3:00 Parkinsons Support Group GV 5:00 Hanukkah Candle Lighting Service TOS 7:15 Movie: TBD 918	<b>27</b> 1:00 Jewish Services CH 1:45 Tea TOS 2:15 Together to Music CAS 5:00 Hanukkah Candle Lighting Service TOS 7:00 Bridge CAS	<b>28</b> 9:00 Men's Mug Club TR 4:30 Drop-In Social HP 5:00 Hanukkah Candle Lighting Service TOS 7:15 Movie: Pavarotti CH	
<b>29</b> 10:30 Chapel CH 5:00 Hanukkah Candle Lighting Service TOS 7:15 Movie: Pavarotti 918	<b>30</b> 12:00 Connected Living Help Desk B 1:00 Open Studio CAS 3:00 MahJongg GR 6:45 Duplicate Bridge CAS	<b>31</b> 9:00 Bank Opens 9:00 -11:30 Encore Donations 2:00 Bereavement Support SP 3:00 Knit' N Stitch HP 4:30 Drop-In Social HP 7:30 Simply Swing Band	<div style="background-color: #003366; color: white; padding: 10px; text-align: center;"> <p><b>200 Seabury Drive Bloomfield, CT 06002</b></p> <p><b>(860) 286-0243</b></p> <p><b>www.seaburylife.org</b></p> </div>				

## Location Key

5TH	5th Flr across from Library
ATR	Atrium
B	Bistro
BL	Bistro Lounge
BC	Business Center
BR	Board Room
SP	Center of Spirituality
918	Channel 918
919	Channel 919
CH	Chapel
CAS	Community Activity Space
DS	Dance Studio
ES	Encore Shop
GR	Game Room
GV	Garden View
HP	Hearthside Parlor
HH	Heritage Hall
HT	Hilltop
L	Library
LB	Lobby
MDR	Main Dining Room
MR	Media Room
NAT	Natatorium
NL	North Lounge
OFF	Offsite
PS	Pilates Studio
SWBR	South Wing Britton Room
SWD	South Wing Dance Studio
TR	Terrace Room
TOS	Top of Stairs
AR	Views Activity Room
VDR	Views Dining Room
VFS	Views Fitness Studio
VL	Views Library
VP	Views Parlor
VTV	Views TV Area
VLR	Views Living Room