



Seabury MONTHLY

www.seaburylife.org

OCTOBER 2019



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STRONG YEAR FOR NEW MEMBERSHIP; SAH CONTINUES GROWTH



As fiscal year 2019 closed out on Mon., Sept. 30, a total of 44 new Members joined SAH — two on the last day before the scheduled rate increases — marking the goal of 44 set by Seabury's marketing department. It was an unusually busy first quarter of the new fiscal year, last Fall, when six became new Members.

The first quarter — Oct. 1 - Dec. 31 — is historically slower as the rush to join SAH before the rate increase, typically occurs in mid to late September. But a busy Fall yielded unprecedented growth, even as existing Members made the transition to Seabury, as new Residents.

Three of the 44 new Members reside in the service area for SAH New Haven, as these communities for the first time, joined the web of home towns from Tolland to the D.C. beltway. An individual put Fairfield County on the map for the first time, becoming the first Member of 2019 — Jan. 3 — and another couple, residing in Guilford, joined in mid-August.

The busiest months of new Closings were in May and of course, September, with each welcoming 10 new Members.

To continue the effort of generating more interest and ultimately new Members down-state, Miri Citron and Jeanne Hughes established a series of lunch & learn programs that began in late September and will go through just before Columbus Day. The five programs in Greenwich, Madison, New Haven, Ridgefield and Southport will combined, welcome over 300 guests who will be learning about Seabury At Home, for the first time.

At the start of fiscal year 2020, Seabury At Home has 222 active Members and a historical total of 344. Toward the end of October however, four active Members will be accepting keys to their new home — at Seabury!



2% Increase On Oct. 1, 2019

As a friendly reminder, the SAH Monthly Fees will increase 2% beginning Tues., Oct. 1. If you have an automatic withdrawal or a payment arrangement with your bank, and you'd like to know your new fee, please contact Samantha, Sheri or Lorry in Accounting at 860-243-6030, -6029 or -6022, respectively.

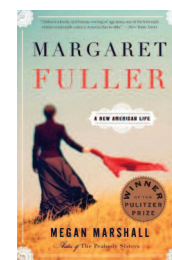
See something on the calendar? Visit www.seaburylife.org and click the lifestyle tab to read the Independent Living Newsletter, for more information.



As a reminder, the next SAH Member Council Meeting will take place on Fri., Oct. 11, 2019 at 10:30 a.m. in the Board Room. SAH Members with questions or concerns are encouraged to attend the meeting or communicate with one of their SAH Member Council Officers. The easiest way to access the Board Room is by parking at Hilltop, walk through Door 15 and take your first left down the hallway. The Board Room will be on the left. Coffee, tea and water will be served. In addition, if you have a story or idea to share in the SAH Newsletter, please share them with Marc Zirolli at marczirolli@seaburylife.org or with a SAH Member Council Officer. We hope to see you all there!

SEABURY AT HOME BOOK CLUB — SAVE THE DATE

“Margaret Fuller: A New American Life” by Megan Marshall is our next book. We will be meeting on **Thurs., Nov. 21, 2019 at 10:30 a.m. in The Atrium.** All SAH Members are welcome! Please call Lisa or Cindy at 860-243-4021 or -4030 if you are attending for the first time.

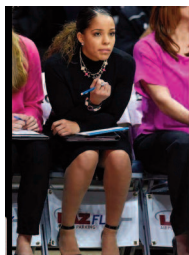


Margaret Fuller: A New American Life

SEABURY GUEST SPEAKER: UConn's Assistant, Jasmine Lister

In anticipation of UConn's upcoming basketball season, show your team spirit by coming to Seabury on **Tues., Oct. 1 at 7:15 p.m.** in The Bishops' Chapel. UConn Assistant Coach, Jasmine Lister, will be our Guest Speaker.

A former graduate assistant for the Huskies, Lister begins her second season as an assistant coach for the UConn women's basketball team in 2019-20. Lister works primarily with guards while assisting in all facets of recruiting and player development.



Jasmine Lister

Prior to returning to Storrs, Lister helped DePaul to a 27-8 overall record in 201-18, including the Big

East regular season and tournament titles and an NCAA Tournament appearance. The Blue Demons led the nation in three-point field goals per game. Before her time with the Blue Demons, Lister spent the 2016-17 season as an assistant coach at Washington. The [West Coast] Huskies went 29-6 and advanced to the Sweet 16. Lister was a graduate assistant for UConn women's basketball team from 2014-16 as the Huskies won the 2015 and 2016 NCAA Championships.

She earned her Master's Degree in sports management in 2016. A native of Corona, Calif., Lister competed collegiately at Vanderbilt, earning a Bachelor of Arts degree in women's and gender studies in 2014. She started every game of her career (129) and broke Vanderbilt's record for



Lister with the Los Angeles Sparks

minutes played (4,626). Lister was named All-SEC all four years and earned WBCA Honorable Mention All-American honors in 2014. The Commodores made the NCAA Tournament in each of her four seasons. Prior to arriving in Storrs, Lister spent some time in the WNBA with the Seattle Storm and the Los Angeles Sparks.





Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Happy Halloween



<p>6 10:30 Chapel CH 7:15 Movie: An Education 921</p>	<p>7 10:00 ALP CH 1:00 Open Studio CAS 3:00 Meditation SP 3:00 MahJongg GR 6:45 Duplicate Bridge CAS 7:15 Pianist and Vocalist Paul Shlien CH</p>	<p>1 9:00 Bank Opens 9:00 -11:30 Encore Donations 2:00 Bereavement Support SP 3:00 Knit' N Stitch HP 4:00 Action Forum CAS 4:30 Drop-In Social HP 7:15 Guest Speaker: UCONN Assistant Coach, Jasmine Lister CH</p>	<p>2 9:00 Hospitality Comm CAS 12:00 Food Truck: Cousin's Lobster Truck HT 1:00 Fannie's Book Group TR 1:15 Trip** Hartford Stage 1:30 Painting without Fear 3:30 Critic's Circle MR 7:15 Movie: Breakfast at Tiffany's CH</p>	<p>3 9:00 Bank Opens 10:00 Community Hymns w Chaplain Jenn VLR 10:15 ALP CH 1:00 ALP HH 3:00 ALP Social TR</p>	<p>4 10:00 ALP HH 12:00 Conversational French GR 1:45 Tea TOS 2:15 Together to Music CAS 4:30 Gallery Opening TOS 7:00 Bridge CAS</p>	<p>5 9:00 Men's Mug Club TR 10:30 ISOD Steering Comm.GV 4:30 Drop-In Social HP 7:15 Movie: An Education CH</p>
<p>13 10:30 Chapel CH 7:15 Movie: The Professional 921</p>	<p>14 10:00 ALP CH 1:00 Open Studio CAS 3:00 Spiritual Life Comm. SP 3:00 Meditation SP 3:00 MahJongg GR 3:30 Entertainment & Education GV 6:45 Duplicate Bridge CAS</p>	<p>8 9:00 Bank Opens 9:00 -11:30 Encore Donations 10:00 ALP HH 11:30 Trip**Lunch Bunch to Rein's Deli 12:30 Coin Club B 1:00 ALP HH 2:00 Bereavement Support SP 3:00 Knit' N Stitch HP</p>	<p>9 1:30 Painting without FearCAS 2:00 Communications Comm. BR 3:00 Low Vision Support HH Group 7:15 Movie: Porgy and BessCH</p>	<p>10 9:00 Bank Opens 10:00 Encore Opens 10:00 ALP CH 1:00 ALP HH</p>	<p>11 9:00 Autumn Fest HT 10:30 SAH Council Mtg. BR 11:00 Kelly Allen Lecture: You & Your Home, a Guide to a Perfect Fit HH 2:15 Together to Music CAS 3:00 Jewish Service CH 6:30 Trip** HSO Masterworks 7:00 Bridge CAS</p>	<p>12 8:00 Food Drive Collection 9:00 Men's Mug Club TR 10:30 ISOD HH 4:30 Drop-In Social HP 6:30 Trip** HSO Masterworks 7:15 Movie: The Professionals CH</p>
<p>20 10:30 Chapel CH 2:30 Seabury Authors Speak w/Rennie McQuilken CH 7:15 Movie: Marty 921</p>	<p>21 8:30 Men's Breakfast MDR 10:00 ALP CH 1:00 Open Studio CAS 1:30 Resident Shop MR 3:00 Meditation SP 3:00 MahJongg GR 6:45 Duplicate Bridge CAS</p>	<p>15 9:00 Bank Opens 9:00 -11:30 Encore Donations 10:00 2G's GV 10:00 Health Comm HH 10:00 ALP CH 1:00 ALP HH 1:30 Conversations: Death and Dying CH 2:00 Bereavement Support SP</p>	<p>16 1:00 ALP HH 1:30 Painting without FearCAS 7:15 NO Movie CH 7:15 Louis Armstrong Tribute CH</p>	<p>17 9:00 Bank Opens 10:00 Community Hymns w Chaplain Jenn VLR 10:00 ALP CH 1:00 ALP HH</p>	<p>18 11:00 Community Forum CH 1:45 "Think Pink" Tea TOS 2:15 Together to Music CAS 7:00 Bridge CAS</p>	<p>19 9:00 Men's Mug Club TR 4:30 Drop-In Social HP 7:15 Movie: Marty CH</p>
<p>27 10:30 Chapel CH 7:15 Movie: The In-Laws 921</p>	<p>28 10:00 Library Committee L 10:00 ALP CH 1:00 Open Studio CAS 3:00 Meditation SP 3:00 MahJongg GR 6:45 Duplicate Bridge CAS</p>	<p>22 9:00 Bank Opens 9:00 -11:30 Encore Donations 9:00 Buildings & Grounds 10:00 ALP CAS 1:00 ALP CH 2:00 Bereavement Support SP 3:00 Knit' N Stitch HP 4:30 Drop-In Social HP</p>	<p>23 10:00 ALP HH 1:00 ALP HH 1:30 Painting without FearCAS 4:30 Mixer Dinner (Reception) BP 5:30 Mixer Dinner MDR 7:15 Movie: Bisbee 17 CH</p>	<p>24 9:00 Bank Opens 10:00 Encore Opens 10:00 ALP CH 1:00 ALP HH 3:00 Parkinsons Support Group GV</p>	<p>25 11:00 Dr. Coll's Lecture: Vaccinations (Special Time) HH 1:00 Jewish Services CH 2:15 Together to Music CAS 7:00 Bridge CAS</p>	<p>26 9:00 Men's Mug Club TR 4:30 Drop-In Social HP 7:15 Movie: The In-Laws CH</p>
<p>27 10:30 Chapel CH 7:15 Movie: The In-Laws 921</p>	<p>28 10:00 Library Committee L 10:00 ALP CH 1:00 Open Studio CAS 3:00 Meditation SP 3:00 MahJongg GR 6:45 Duplicate Bridge CAS</p>	<p>29 9:00 Bank Opens 9:00 -11:30 Encore Donations 1:00 ALP HH 2:00 Bereavement Support SP 3:00 Knit' N Stitch HP 4:30 Drop-In Social HP</p>	<p>30 10:00 ALP HH 1:00 ALP HH 1:30 Painting without Fear CAS 7:15 Movie: The Awakening CH</p>	<p>31 9:00 Bank Opens 1:00 ALP HH 2:00 Halloween Parade CH</p>		

Location Key

- 5TH 5th Flr across from Library
- ATR Atrium
- B Bistro
- BL Bistro Lounge
- BC Business Center
- BR Board Room
- SP Center of Spirituality
- 918 Channel 918
- 919 Channel 919
- CH Chapel
- CAS Community Activity Space
- DS Dance Studio
- ES Encore Shop
- GR Game Room
- GV Garden View
- HP Hearthside Parlor
- HH Heritage Hall
- HT Hilltop
- L Library
- LB Lobby
- MDR Main Dining Room
- MR Media Room
- NAT Natatorium
- NL North Lounge
- OFF Offsite
- PS Pilates Studio
- SWBR South Wing Britton Room
- SWD South Wing Dance Studio
- TR Terrace Room
- TOS Top of Stairs
- AR Views Activity Room
- VDR Views Dining Room
- VFS Views Fitness Studio
- VL Views Library
- VP Views Parlor
- VTV Views TV Area
- VLR Views Living Room