

ESCO customers: All movies will play on Channel 919 in rotation. Please check CAS movie listings for the dates



Routine medical transportation is available. Please fill out a transportation request form (found at the kiosk in CAS and at the Clinic Desk), then bring it to the Clinic.

Medical Transportation on Mon/Wed/Fri in Bloomfield, Hartford and West Hartford

and on

Tues/Thurs in Avon, Farmington, Simsbury and Windsor

Questions? Please contact Maura Mazur at (860) 243-6058

Pianist/Vocalist/Senior Entertainer



Paul Shlien

On Monday, October 7th at 7:15 p.m. in our Chapel, Paul Shlien will bring his versatile repertoire of piano/ vocals to Seabury Paul has been entertaining crowds for many years performing all over the state of CT including Mohegan Sun, Water's Edge and the Max Restaurant Group. Paul's

selections cover Doo-Wop from the 50's, popular movie and theatre scores, patriotic music, sing a long songs and much more.

On Friday, October 11th at 9:00 a.m., we welcome the Seabury community to celebrate the season at our annual Autumn Harvest Festival. Fun begins at 9:00 a.m. on the Fitness Deck with refreshments and guided hikes on the trails. At 10:00 join us on the Deck for Pumpkin Decorating, The Sport and Games Committee will facilitate games such as Horseshoes, Pickle ball, Chip and Put and Bocce. ALL are welcome!

On, Tuesday, October 15th at 1:30 p.m. in the Chapel, Russ Tonkin and Jeffrey Dugan are starting their "Conversations" series again, this one on Death and Dying. They will be talking about issues related to our preparing for a good death.

On Wednesday, October 16th at 7:15 p.m. in the Chapel, David Neill and Dixieland Stomp presents a Louis Armstrong tribute! Nobody has ever heard anything like Louie's music and his impact on society cannot be put into words. The program will include the history of Louis Armstrong from birth in 1901 to his passing in 1971. Much of the music performed by Dixieland Stomp is transcribed from the Armstrong recordings of 1927. Some of the music you will hear: Coal Cart Blues, When The Saints Go Marchin' In, Working Man Blues and more!

On Friday, October 18th at the Top of the Stairs at 1:45 p.m., our usual Tea will be a "Think Pink" Tea. October is Breast Cancer Awareness Month and we're encouraging all to attend wearing Pink to show your support for our sisters, mothers, grandmothers and friends in recognition of the fight against Breast cancer.

On Sunday, October 20th in the Chapel at 2:30 p.m., Seabury's Authors Speak will present Rennie McQuilkin reviewing his new book, *Seabury Seasons*.

On Thursday, October 31st from 2:00 p.m. - 5:00 p.m., come join in on the fun for our annual Halloween Parade by dressing in your most fun, scariest or creative costume. Let's meet in the main lobby and march throughout the building, spreading laughter and cheer to residents in the Brewer & Davis Centers, the Views and ending in Chapel for refreshments and prizes. If dressing up isn't your thing, still come on down and help us judge!



Seabury MONTHLY

www.seaburylife.org

OCTOBER 2019



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200 Seabury Drive
Bloomfield, CT 06002

Resident Services Department (860) 286-0243

Heather Stanton
VP Resident & Member Srvc.
860-243-6040

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860-243-6065

Director of Resident Svcs.

TaMalon "Molly" Rhodd
Events & Program Coord.
860-286-4285

Jodi Morrissey
Activity & Trip Coord.
860-243-6035

Important Phone Numbers

Maura Mazur
Transportation Coordinator
860-243-6058

Security
860-243-6045

Clinic
860-243-6080

Guest Speaker: UCONN Assistant Coach



Jasmine Lister

In anticipation of UCONN Womens Basketball's upcoming season, come out and show your team spirit by wearing the team gear/colors on Tuesday, October 1st at 7:15 p.m. in our Chapel. UConn Assitant Coach, Jasmine Lister will be our Guest Speaker. As former graduate assistant for the Huskies, Jasmine

Lister begins her second season as an assistant coach for the UConn women's basketball team in 2019-2020. Lister works primarily with guards while assisting in all facets of recruiting and player development.

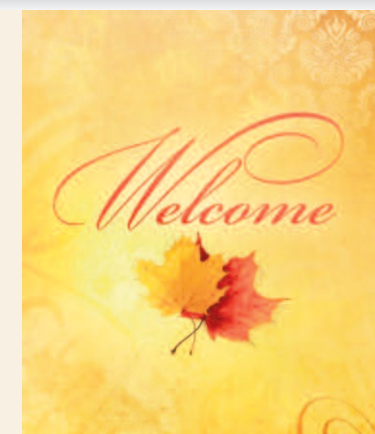
Prior to returning to Storrs, Lister helped DePaul to a 27-8 overall record in 2017-18, including the BIG EAST regular season and tournament titles and an NCAA Tournament appearance. The Blue Demons led the nation in three-point field goals per game. Before her time with the Blue Demons, Lister spent the 2016-17 as an assistant coach at Washington. The West Coast Huskies went 29-6 and advanced to the Sweet 16.

Lister was a graduate assistant for UConn women's basketball from 2014-16 as the Huskies won the 2015 and 2016 NCAA Championships. She earned her Master's Degree in sport management in 2016. A native of Corona, California, Lister competed collegiately at Vanderbilt, earning a Bachelor of Arts degree in women's and gender studies in 2014. She started every game of her career (129) and broke Vanderbilt's record for minutes played (4,626). Lister was named All-SEC all four years and earned WBCA Honorable Mention All-American honors in 2014. The Commodores made the NCAA Tournament in each of her four seasons.

Lister spent the 2014 WNBA preseason in the Seattle Storm training camp before coming to Storrs. She saw action in seven games for the Los Angeles Sparks in 2015.

New Residents

Lee Salzberg - Apt.4205
PH: (203) 377-2858





Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Flu CLinic: Please refer to bulletin boards for dates and times

6
10:30 Chapel CH
11:30 Trip Village Players: Steel Magnolias**
7:15 Movie: An Education 921

13
10:30 Chapel CH
7:15 Movie: The Professional 921

20
10:30 Chapel CH
2:30 Seabury Authors Speak w/Rennie McQuilkenCH
7:15 Movie: Marty 921

27
10:30 Chapel CH
7:15 Movie: The In-Laws 921

7
10:00 ALP CH
1:00 Chorus CH
1:00 Open Studio CAS
3:00 Meditation SP
3:00 MahJongg GR
6:45 Duplicate Bridge CAS
7:15 Pianist and Vocalist Paul Shlien CH

14
10:00 ALP CH
1:00 Chorus CH
1:00 Open Studio CAS
3:00 Spiritual Life Comm. SP
3:00 Meditation SP
3:00 MahJongg GR
3:30 Entertainment & Education GV
6:45 Duplicate Bridge CAS

21
8:30 Men's Breakfast MDR
10:00 ALP CH
10:00 Dining Committee HH
1:00 Chorus CH
1:00 Open Studio CAS
1:30 Resident Shop MR
3:00 Meditation SP
3:00 MahJongg GR

28
10:00 Library Committee L
10:00 ALP CH
1:00 Chorus MS
1:00 Open Studio CAS
3:00 Meditation SP
3:00 MahJongg GR
6:45 Duplicate Bridge CAS

1 Bank Open 9:00
9:00 -11:30 Encore Donations
2:00 Bereavement Support SP
3:00 Knit' N Stitch HP
4:00 Action Forum CAS
4:30 Drop-In Social HP
5:00 Rosh Hashanah MDR
Dinner**
7:15 Guest Speaker: UCONN Asst. Coach CH

8
9:00 Encore Donations
10:00 ALP HH
11:00 Trails Comm. GV
11:30 TripLunch Bunch to Rein's Deli**
12:30 Coin Club B
1:00 ALP HH
2:00 Bereavement Support SP
3:00 Knit & Stitch HP
4:30 Drop In Social HP

15
9:00 Bank Opens
9:00 Encore Donations
10:00 2G's GV
10:00 Health Comm HH
10:00 ALP CH
1:00 ALP HH
1:30 Conversations: D&D CH
2:00 Bereavement Support SP
3:00 Knit & Sitch HP
4:30 Drop-In Social HP

22
9:00 Bank Opens
9:00 -11:30 Encore Donations
9:00 B & G Comm. CAS
10:00 ALP CH
1:00 ALP HH
2:00 Bereavement Support SP
3:00 Knit' N Stitch HP
4:30 Drop-In Social HP

29
9:00 Bank Opens
9:00 -11:30 Encore Donations
1:00 ALP HH
2:00 Bereavement Support SP
2:00 Newcomers CAS
3:00 Knit' N Stitch HP
4:30 Drop-In Social HP

2
9:00 Hospitality Comm CAS
12:00 Food Truck: Cousin's Lobster Truck HT
1:00 Fannie's Book Group TR
1:15 Trip Hartford Stage**
1:30 Painting without FearCAS
3:30 Critic's Circle MR
7:15 Movie: Breakfast at Tiffany's CH

9
11:00 Resident Council HH
1:30 Painting without FearCAS
2:00 Comm. Comm. BR
3:00 Low Vision Support Group HH
7:15 Movie: Porgy and Bess CH

16
12:30 Mall Trip Shoppes at Buckland Hills**
1:00 ALP HH
1:30 Painting without Fear CAS
7:15 NO Movie
7:15 Louis Armstrong Tribute CH

23
10:00 ALP HH
1:00 ALP HH
1:30 Painting without Fear CAS
4:30 Mixer Dinner (Reception) BP
5:30 Mixer Dinner MDR
7:15 Movie: Bisbee 17 CH

30
10:00 ALP HH
1:00 ALP HH
1:30 Painting without Fear CAS
7:15 Movie: The Awakening CH

3
8:30 Trip Wonders of Vermont**
9:00 Bank Opens
10:00 Hymns w/Jenn VLR
10:15 ALP CH
1:00 Chimes CAS
1:00 ALP HH
3:00 ALP Social TR
7:15 Movie: Brkft at Tiffany's 921

10
9:00 Bank Opens
10:00 Encore Opens
10:00 ALP CH
1:00 Chimes CAS
1:00 ALP HH
7:15 Movie: Porgy and Bess 918

17
9:00 Bank Opens
10:00 Community Hymns w Chaplain Jenn VLR
10:00 ALP CH
1:00 Chimes CAS
1:00 ALP HH
7:15 NO Movie 918

24
9:00 Bank Opens
10:00 Encore Opens
10:00 ALP CH
1:00 Chimes CAS
1:00 ALP HH
3:00 Parkinson's Support Group GV
7:15 Movie: Bisbee 17 918

31
9:00 Bank Opens
1:00 Chimes CAS
1:00 ALP HH
2:00 Halloween Parade Meet in front Lobby
7:15 Movie: The Awakening 921

4
10:00 ALP HH
11:00 Greenhouse Info Session CAS
12:00 Conversational French GR
1:00 Trip:Stop & Shop**
1:45 Tea TOS
2:15 Together to Music CAS
4:30 Gallery Opening TOS
7:00 Bridge CAS

11
9:00 Autumn Fest HT
11:00 Kelly Allen Lecture: You & Your Home, a Guide to a Perfect Fit
1:00 Trip:Stop & Shop** HH
2:15 Together to Music CAS
3:00 Jewish Service CH
6:30 Trip** HSO Masterworks
7:00 Bridge CAS

18
11:00 Community Forum CH
1:00 Trip:Stop & Shop**
1:45 "Think Pink" Tea TOS
2:15 Together to Music CAS
7:00 Bridge CAS

25
11:00 Dr. Coll's Lecture: Vaccinations (Special Time) HH
1:00 Trip:Stop & Shop**
1:00 Jewish Services CH
2:15 Together to Music CAS
7:00 Bridge CAS
7:15 Seabury on Display CH

Clinic Nurse is available on weekends for emergencies and by appt. only. Blood Pressure Screenings on Weds. at 10am-12pm in Clinic

5
9:00 Men's Mug Club TR
10:30 ISOD Steering Comm.GV
4:30 Drop-In Social HP
7:15 Movie: An Education

12
8:00 Food Drive Collection
9:00 Men's Mug Club TR
10:30 ISOD HH
4:30 Drop-In Social HP
6:30 Trip** HSO Masterworks
7:15 Movie: The Professionals

19
9:00 Men's Mug Club TR
10:15 Storytellers w/Louise Fisher "Out of Step"
4:30 Drop-In Social HP
7:15 Movie: Marty

26
9:00 Men's Mug Club TR
4:30 Drop-In Social HP
7:15 Movie: The In-Laws

Location Key

- 5TH 5th Flr across from Library
- ATR Atrium
- B Bistro
- BL Bistro Lounge
- BC Business Center
- BR Board Room
- SP Center of Spirituality
- 918 Channel 918
- 919 Channel 919
- CH Chapel
- CAS Community Activity Space
- DS Dance Studio
- ES Encore Shop
- GR Game Room
- GV Garden View
- HP Hearthiside Parlor
- HH Heritage Hall
- HT Hilltop
- L Library
- LB Lobby
- MDR Main Dining Room
- MR Media Room
- NAT Natatorium
- NL North Lounge
- OFF Offsite
- PS Pilates Studio
- SWBR South Wing Britton Room
- SWD South Wing Dance Studio
- TR Terrace Room
- TOS Top of Stairs
- AR Views Activity Room
- VDR Views Dining Room
- VFS Views Fitness Studio
- VL Views Library
- VP Views Parlor
- VTV Views TV Area
- VLR Views Living Room