



Seabury MONTHLY

www.seaburylife.org

NOVEMBER 2019



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PRESIDENT'S POST — By: The Rev. Stanley C. Kemmerer

I hope all are enjoying the fall season with its leaf peeping, football games, political yard signs (?)...



But fall is not just about these things. It's also about health insurance open enrollment for the coming year. The corridor for making changes is October 14 – December 6. We in the Seabury Community have in the Personal Health Coordinators a tremendous resource to help us navigate the ever changing labyrinth of plans and combinations of plans. Do contact them for assistance.

If you want to keep informed on the actions of your Member Council, you will find its meeting minutes on the Portal, arranged in chronological order. At this writing the minutes from February 23, 2018 thru last month's meeting have been uploaded and are available for view. Minutes yet to receive Council approval appear as draft minutes, to be replaced once approval has taken place at the next Council meeting, as permanent minutes. Once on the Portal, click on the SAH Members Council tab, then on the Minutes of the Council Meetings Tab.

I commend the reports of the various committees which I find to be a treasure trove of information on activities and resources available to us all, whether we are Residents or Seabury At Home Members.

Finally, there are three very helpful documents pertaining to the Seabury Ervin Library, from which we are eligible to borrow: one document is an overview, a second is 23 FAQs, and the third is a guide to donating materials. These documents can be found on the Portal, by clicking on the "Resident Committees" tab, then "Library" and finally, "News." Here is where you will find the historical Minutes from past meetings, as well as the aforementioned documents. Enjoy the fall. And these wonderful resources for all of us!



Main Dining Room Is Open!

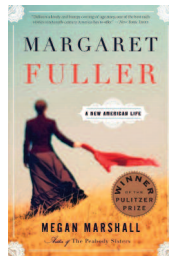
The two week renovation process is complete, and the MDR is once again, open for business! Come by and enjoy a wonderfully-prepared meal in the dining room, where new wallpaper was applied and carpet installed, along with a complete overhaul of the Private Dining Room, seen at left! Bon Appétit!

See something on the calendar? Visit www.seaburylife.org and click the lifestyle tab to read the Independent Living Newsletter, for more information.



Unless a special session is called by the Council, there will be NO meetings in November or December. Therefore, the next SAH Member Council Meeting will take place on Fri., Jan. 10, 2020 at 10:30 a.m. in The Board Room. SAH Members with questions or concerns are encouraged to attend the meeting or communicate with one of their SAH Member Council Officers. The easiest way to access the Board Room is by parking at Hilltop, walk through Door 15 and take your first left down the hallway. The Board Room will be on the left. Coffee, tea and water will be served. In addition, if you have a story or idea to share in the SAH Newsletter, please share them with Marc Zirolli at marczirolli@seaburylife.org or with a SAH Member Council Officer. We hope to see you there!

SEABURY AT HOME BOOK CLUB – REMINDER



Margaret Fuller: A New American Life

“Margaret Fuller: A New American Life” by Megan Marshall is our next book. We will be meeting on **Thurs., Nov. 21, 2019 at 10:30 a.m. in The Atrium.** All SAH Members are welcome! Please call Lisa or Cindy at 860-243-4021 or -4030 if you are attending for the first time.

NEW & HELPFUL INFORMATION ON THE PORTAL

As an extension to Stan’s note about helpful documents on the Portal, during last month’s SAH Member Council Meeting, it was discussed that it would be beneficial to post Seabury’s list of resources for downsizing, decluttering, moving and donating items as you prepare to move.

For SAH Members, this could be ideal so those of you who are planning to move in the future, can get a head start on reaching out and interviewing these professionals so the process can perhaps, be a bit less daunting when you do decide to move.

From the home page of the Portal, please start by clicking on the “Seabury Info” tab, then click on the “Administration” tab and finally, the “Downsizing Kit” tab. On this page, please find two documents and click “Open” to load either of the two documents.

SEABURY AT HOME MEMBER COUNCIL OFFICERS

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* — Nancy Kramer, once the Member Director of the SAH Member Council, is now an Independent Living Resident at Seabury, and has resigned her role. The SAH Member Council and the Nominating Committee are working diligently to replace Nancy with a new Member Director. If you have any questions or concerns, please contact one of the Officers, listed above.





Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

200 Seabury Drive
Bloomfield, CT
06002

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**** The consecration of The Bishops' Chapel will take place on Thurs., Nov. 7 at 1:30 p.m., following the Seabury, Inc. Board Meeting.**

3
10:30 Chapel CH
7:15 Movie:Wadjda 918

4
11:00 Bea Smith Clothing CAS
11:00 HSO Small Ensemble Performance CH
1:00 ALP GV
1:00 NO Open Studio CAS
3:00 Meditation SP
3:00 MahJongg GR
6:45 Duplicate Bridge CAS

5
9:00 Bank Opens
9:00 -11:30 Encore Donations
10:00 ALP MR
1:00 Encore Comm. HP
1:00 ALP HH
2:00 Bereavement Support SP
3:00 Knit' N Stitch HP
4:00 Action Forum CAS
4:30 Drop-In Social HP

6
9:00 Hospitality Comm CAS
10:00 ALP HH
1:00 Fannie's Book Group TR
1:00 ALP HH
1:15 Trip** Hartford Stage
3:30 Critic's Circle MR
4:00 Seabury Artists Group ATR
7:15 Movie: Cinema Paradiso CH

7
9:00 Bank Opens
10:00 Encore Opens
10:00 ALP HH
10:30 Annual Meeting w/CHHI Board CH
1:00 ALP HH
1:30 Consecration of Chapel CH

8
1:00 ALP HH
2:15 Together to Music CAS
3:00 Jewish Service CH
7:00 Bridge CAS

9
8:00 Food Drive Collection
9:00 Men's Mug Club TR
10:30 ISOD: Guest Speaker, Christine Palm HH
4:30 Drop-In Social HP
7:15 Movie: Sand of Iwo Jimo CH

10
10:30 Chapel CH
1:00 UConn vs. California HH
2:00 Trip New Britain Symphony**
3:00 Author: Dorje Dolma TR
7:15 Movie: Sand of Iwo Jimo 918

11 HAPPY VETERANS DAY
10:00 Health Comm. HH
1:00 Open Studio CAS
1:00 ALP GV
3:00 MahJongg GR
3:00 Spiritual Life Comm. SP
6:45 Duplicate Bridge CAS

12
9:00 Bank Opens
9:00 -11:30 Encore Donations
10:00 ALP MR
12:30 Coin Club B
1:00 ALP HH
2:00 Bereavement Support SP
3:00 Knit' N Stitch HP
4:30 Drop-In Social HP

13
2:00 Communications Comm. BR
3:00 Low Vision Support HH
7:00 UConn @ Vanderbilt HH
7:15 NO Movie CH
7:15 Pianist Fred Moyer CH

14
9:00 Bank Opens
10:00 ALP HH
10:00 Community Hymns w/Chaplain Jenn (Special Day) VLR
1:00 Chaplain Jenn SP

15
1:45 Tea TOS
2:15 Together to Music CAS
6:30 Trip HSO Masterworks**
7:00 Bridge CAS

16
9:00 Men's Mug Club TR
4:30 Drop-In Social HP
6:30 Trip HSO Masterworks**
7:15 Movie: The Heiress CH

17
10:30 Chapel CH
1:00 UConn @ Temple HH
7:15 Movie: The Heiress 918

18
8:30 Men's Breakfast MDR
1:00 Open Studio CAS
1:00 ALP SWBR
1:30 Resident Shop Committee MR
3:00 Meditation SP
3:00 MahJongg GR
6:45 Duplicate Bridge CAS

19
9:00 Bank Opens
9:00 -11:30 Encore Donations
10:00 2G's GV
10:00 ALP MR
2:00 Bereavement Support SP
3:00 Knit' N Stitch HP
4:30 Drop-In Social HP
7:00 UConn vs. Virginia HH

20
2:00 Sports & Games Comm GV
3:30 Scholarship Committee BR
7:15 Movie: Catch Me If You Can CH

21
9:00 Bank Opens
10:00 Encore Opens
10:00 Community Hymns w/Chaplain Jenn VLR
10:00 ALP HH
10:30 SAH Book Club ATR

22
2:15 Together to Music CAS
3:00 Better Hearing Group HH
3:00 Jewish Services CH
7:00 Bridge CAS

23
9:00 Men's Mug Club TR
4:30 Drop-In Social HP
7:15 Movie: Nebraska

24
10:30 Chapel CH
3:00 UConn @ Ohio State HH
7:15 Movie: Nebraska 918

25
10:00 Library Committee L
10:00 ALP CH
1:00 Open Studio CAS
1:00 ALP SWBR
3:00 MahJongg GR
6:45 Duplicate Bridge CAS
7:15 Storytelling with Tellabration! CH

26
9:00 Bank Opens
9:00 -11:30 Encore Donations
9:00 Buildings & Grounds CAS
2:00 Bereavement Support SP
3:00 Knit' N Stitch HP
4:30 Drop-In Social HP
7:00 UConn @ Dayton HH

27
11:00 Community Forum CH
4:00 Cat Owners' Group HP
7:15 Movie: Hannah and Her Sister CH

28 HAPPY THANKSGIVING
Bank CLOSED
NO Parkinsons Support Group

29
1:45 Tea TOS
2:15 Together to Music CAS
7:00 Bridge CAS

30
9:00 Men's Mug Club TR
4:30 Drop-In Social HP
7:15 Movie: Inside Man

Location Key

5TH	5th Flr across from Library
ATR	Atrium
B	Bistro
BL	Bistro Lounge
BC	Business Center
BR	Board Room
SP	Center of Spirituality
918	Channel 918
919	Channel 919
CH	Chapel
CAS	Community Activity Space
DS	Dance Studio
ES	Encore Shop
GR	Game Room
GV	Garden View
HP	Hearthside Parlor
HH	Heritage Hall
HT	Hilltop
L	Library
LB	Lobby
MDR	Main Dining Room
MR	Media Room
NAT	Natatorium
NL	North Lounge
OFF	Offsite
PS	Pilates Studio
SWBR	South Wing Britton Room
SWD	South Wing Dance Studio
TR	Terrace Room
TOS	Top of Stairs
AR	Views Activity Room
VDR	Views Dining Room
VFS	Views Fitness Studio
VL	Views Library
VP	Views Parlor
VTV	Views TV Area
VLR	Views Living Room