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Janet Srokowski, R.N., Receives Coveted Nightingale Award
Seabury Nurse Honored For Excellence In Nursing

BLOOMFIELD – July 16, 2018 – The goal to further recognize the nursing profession came to fruition in 2001 with the prestigious *Nightingale Awards For Excellence in Nursing*. Now, over 15 years later, it has become the largest state-wide nursing recognition program.

Janet Srokowski, R.N., a staff nurse for Seabury Visiting Nurses, was one of 72 nurses in Connecticut to be nominated and selected to win the Nightingale Award in its 16th year. “Our clients call in for Janet all the time because they love her,” said Diane Surret, R.N., Supervisor of Clinical Services of Seabury Visiting Nurses. “Janet is not only very hands on, but she is very good with clinical documentation and really, really dependable. She is very respected within the nursing profession.”

Srokowski received her B.S.N. from Mount Saint Mary College, Newburgh, N.Y., in 1980. For 35 years, she held various roles in nurse management and acute care at Hartford Hospital until 2015, when she joined Seabury as a visiting nurse. Her main focus as a home care nurse is to help patients continue to strive, or regain their independence. But, according to Surret, when the time comes for the very difficult and emotional conversations about end-of-life care with families, Srokowski has her own special and respectful way about her that puts families at ease.

Florence Nightingale, O.M., R.R.C., D.St.J., was born in the Tuscan capital of Florence, Italy, to which she was named. As the founder of modern nursing, her notoriety began during the Crimean War, where the “Lady with the Lamp” made evening rounds to wounded soldiers. Since 1965, International Nurses Day has been celebrated on her birthday, May 12.

In addition to providing above and beyond care to her patients, Srokowski has time and time again, helped co-workers after hours and on weekends with clinical guidance when she is not on the schedule. Surret feels that as her former mentor, Srokowski is a leader in the field and continuously goes well beyond the call at Seabury.

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Seabury is a not-for-profit interfaith Active Life Plan Community, sponsored by Seabury, Inc., an affiliate of the Episcopal Diocese of Connecticut, providing housing since 1876. Seabury, residing on 66 scenic acres in Bloomfield, opened in 1992.