



Richard C. Heath Executive Vice President & CEO

"Several innovative programs are in the planning stage and others are incubating; we won't stand still."

Dear Friends of Seabury,

When an organization is successful, it is easy to become complacent and maintain status quo; fortunately, that has never been Seabury's style. At Seabury, growth has always been deliberate and designed to address needs or changes in the marketplace. The past year was filled with planning for the future while improving current systems and services. As the year came to a close, the Strategic Plan was in place, and the architects, designers, engineers and builders were working with staff to develop schematic drawings. Many improvements are planned, and we expect to see them begin in 2015 and continue for the next few years.

The Plan involves Phases A, B and C: Phase A expands the administrative offices, lobby, and kitchen, and creates a new informal dining venue. The resident post office boxes and bank, along with an improved Creative Arts Studio will be relocated, and a new spa/salon will be added. In addition, all areas in the Commons building will be redecorated.

Phase B will add sixty-five new independent living apartments similar to the apartments in our East Wing. The new wing will also include meeting rooms, an additional fitness room and studio, a new chapel, and underground parking.

Phase C expands and updates our health care areas and creates a new health care entrance. The clinic will expand and The Views assisted living will receive new dining and social spaces, several one-bedroom apartments, and a dedicated fitness area. Brewer and Davis skilled nursing units will also receive new dining and social spaces and an expanded physical, occupational and speech therapy suite. Phase C will also house our Community Outreach Services department and a clinic offering primary care and rehabilitative therapies for the greater Bloomfield community.

Other important planned enhancements include the addition of campus-wide generators and additional parking to accommodate new residents and visitors.

Seabury is well positioned to accomplish this project and to extend its mission. Several innovative programs are in the planning stage and others are incubating; we won't stand still. I hope you enjoy reading our annual report, and we look forward to keeping you informed about our progress.

Welcome to the future of Seabury!

Richard C. Heeth

Sincerely,

Richard C. Heath



A. Raymond Madorin President, Board of Directors

'Our Board never loses sight of the fact that we are charged with maintaining someone else's home — our residents — while at the same time making certain that this home will be one that future generations of residents will cherish as much as the current one."

Dear Friends of Seabury,

Looking back on my third year as President of the Board of Directors, it was finally a year when all of us, directors, staff and residents could finally breathe easier and not wonder, "what next?" There were no losses, major storms or outages to deal with.

Seabury has never been an institution to rest on its laurels while the competition passes it by. Our CEO, Richard (Rick) Heath, took remarkably little time in understanding the culture and vision of Seabury. In his initial interview, he strongly let it be known that he was not applying for the position to comfortably finish out his years before retirement by maintaining the status quo. Rather his desire was to come to a leading institution such as ours where he could help to imprint his vision of the type of Continuing Care Retirement Communities that would be leaders in the industry for years to come. He is certainly well on the way to accomplishing this here at Seabury by keeping staff on their toes, insuring proper education for all senior staff and their reports, taking advantage of new technologies, and championing the financing and soon-to-be construction of new residences and upgrades to the community buildings.

No institution's success should be measured solely on its past, but on its ability to meet present challenges and avoidance of future problems by proper planning. Seabury has and will continue to meet all three of those metrics. It has a dedicated staff, concerned and dedicated Board, and active and involved resident community. Seabury At Home is one of the first of its kind in the nation, and has met or exceeded the ambitious goals it set when first begun; Seabury Memory Care and the independent residences continue to maintain waiting lists while nearby competition has vacancies. Our Board never loses sight of the fact that we are charged with maintaining someone else's home — our residents — while at the same time making certain that this home will be one that future generations of residents will cherish as much as the current one.

At the annual meeting in November, we welcomed Richard Bridberg, MD, Paul Glover, and Hal Rives as new directors. As a physician, Corporate CEO, and CPA respectively, their talents are well received by all on the Board. I thank the staff, Board, and residents for their commitment to Seabury and faith in its future.

Respectfully,

A. Raymond Madorin

President, Board of Directors

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# Seabury 2013 Board of Directors



### THE RT. REV. IAN T. DOUGLAS

- · Bishop, Episcopal Diocese of CT, Overseeing 170+ Parishes & Affiliated Organizations
- · Chair, Board of Directors, Church Home of Hartford, Inc.



### A. Raymond Madorin

- Attorney in sole practice
- Treasurer, General Practice Section Connecticut Bar Association 1996
- · Chairman, Hartford County Bar Ethics Committee—1980-1985
- President, Hartford County Bar Association
- Chairman, Real Estate Committee
- Hartford County Bar Association 1990-1994 Member, Connecticut and Hartford County Bar Association
- Former Vestry Member and Sr. Warden, St. James's, West Hartford
- · Board of Trustees, Goodwin College (Chair of Finance Committee)
- Treasurer, Farmington Exchange Club
- Board of Directors, Seabury At Home, Inc. Past President, Board of Directors, Seabury Memory Care Center, Inc.
- President, Board of Directors, Church Home of Hartford, Inc.; Chair, Executive Committee



### Priscilla B.Viets

- Corporator, Hartford Hospital • Past President and Board Member,
- Hartford Hospital Auxiliary
   Member, Society of Daniel Wadsworth, Wadsworth Atheneum Museum of Art
- Member, Women's Committee of the Wadsworth Atheneum Museum of Art
- Past Member, Adult Christian Formation Committee, Trinity Episcopal Church, Hartford
- · Past Stewardship Chair, Trinity Episcopal Church, Hartford
- · Member, Hartford Chorale
- Board of Directors, Seabury Charitable Foundation
- Assistant Secretary, Board of Directors, Church Home of Hartford, Inc.



### GALE A. MATTISON

- · Retired Executive Financial Officer, State of Connecticut
- Past Chief Fiscal Officer, Connecticut Department of Correction
   Past Vestry Member, St. James's
- Episcopal Church, West Hartford
- Past Jr. Warden, St. James's Episcopal Church, West Hartford
- Past Member, Board of Directors, University of Connecticut Health Care Finance Corp.
- · Vice Chairman, Board of Directors,
- Connecticut Lottery Corporation Treasurer, Tibetan Terrier Club of America
- · Veteran, United States Army 1968-1971
- Vice President, Board of Directors, Church Home of Hartford, Inc.



### Thomas E. Andersen

- Director of Engineering, Bartlett Brainard Eacott, Incorporated
- Past Chairman, University of Hartford Construction Institute
- USGBC LEED Accredited Professional
- · Board of Directors, Church Home of Hartford, Inc.; Chair, Building & Grounds Committee



### William J. Thompson

- · Principal and Consulting Actuary, Milliman, Inc.
- Fellow, Society of Actuaries
- · Member, American Academy of Actuaries
- · Chairman, Insurance Board for Diocese of Connecticut
- Member, State of Connecticut Continuing Care Advisory Committee
- Former Vestry Member and Finance Committee Chair, St. James's Episcopal Church, West Hartford
- · Board of Directors, Seabury
- Charitable Foundation
   Treasurer, Board of Directors, Church Home of Hartford, Inc.; Chair, Finance & Audit Committee



### THE REVEREND CANON WILBORNE A. AUSTIN

- · Vicar, St. Stephen's Parish, Bloomfield, CT
- Member, Bloomfield Clergy Association
- · Board Member, Bloomfield Interfaith Community
- · Bishop's Representative, Board of Directors, Church Home of Hartford, Inc.



### Bette-Jane Hardersen

- Financial Secretary, St. John's Episcopal Church, West Hartford, Retired
- · Accounting Supervisor, bePuzzled
- · Past Vice President, Combined Health Appeal
- Member, Altar Guild, St. John's Episcopal Church, West Hartford
- · Member, Global Missions Committee, St. John's Episcopal Church, West Hartford
- · President, Board of Directors, Seabury Charitable Foundation
- · Assistant Treasurer, Board of
- Directors, Church Home of Hartford, Inc.



### Constance Bain

- Regional Teller, Bank of Boston/Retired
- · Parish Clerk, Christ Church Cathedral, Hartford, CT
- Member, Ushers Guild, Christ Church Cathedral, Hartford, CT
- Treasurer, Saint Barnabas Guild,
- Hartford Chapter
- · Secretary, National Executive Board, Saint Barnabas Guild
- · Board Member, Larrabee Fund Association
- Corporator, Village for Families & Children President, Seabury
- Auxiliary · Board of Directors,
- Church Home of Hartford, Inc.



### Dr. Laura D. Harckham

- · Assistant Dean of Instructional and Community Services, Rockland Community College, NY/Retired

  Retired Educator, Researcher, Evaluator
- Past President, Treasurer, Northeastern Educational Research Association
- Past President, Literacy Volunteers of Rockland County
- Past President, Treasurer, Association of Women Administrators of Westchester
- Past Treasurer, New City, NY Library
- · Past Treasurer, Seabury Residents Association
- · Past Treasurer, Church Home of Hartford Auxiliary Board of Directors, Seabury Memory

Hartford Inc.

Care Center, Inc.
• Secretary & Resident Director, Board of Directors, Church Home of



### Donald C. Berry, Jr.

- · Treasurer, Board of Directors, J.M. McDonald Foundation
- Treasurer, Connecticut Continuing Care Residents Association
- Sr.Vice President of Trusts & Investments, Fleet Bank, Retired
- Past Sr. Vice President of Trusts & Investments, Chase Manhattan Bank
- Past Chairman, Asylum Hill Congregational Church Investment Committee
- Resident Director, Board of Directors, Church Home of Hartford, Inc.; Chair, Investments Committee



### RICHARD C. HEATH

- Executive Vice President/C.E.O. Seabury
- Licensed Nursing Home Administrator FL and OH

  • Past Director, Armed Forces Retirement
- Home, Gulfport, MS
- Past Executive Director, North Florida Retirement Village, Gainesville, FL
- Past Vice President, New Business Development, Sears Methodist Retirement System, Abilene, TX Past President/Management Consultant, Rick Heath & Associates, LLC
- Past President/CEO, Gulf Coast Village
- Retirement Community, Cape Coral, FL
   Past President, Rotary Club of Cape Coral, FL
- Past member of American Association of Homes and Services for the Aging, House of Delegates
   Past member, AAHSA state affiliate boards in OH, MA, and FL
- Board of Directors, Seabury at Home, Inc.
   Board of Directors, Seabury Memory Care
- Board of Directors Church Home of Hartford, Inc.; Chair, Hospice and Strategic Planning Committees



- Paul R. Briggs II · Rector, St. Mary's Parish, Manchester, CT
- Church World Service CROP Walk Coordinator
- Dean, Hartford Deanery
- · Board of Directors, Manchester Area Conference of Churches Charities
- · Board of Directors, Seabury At Home, Inc.
- · Board of Directors, Church Home of Hartford, Inc.



### H. DAVID CROMBIE, M.D.

- Physician/Surgeon, Retired
- · Honorary Medical Staff Hartford Hospital
- Editor Emeritus, *Connecticut Medicine*, The Journal of the Connecticut State Medical Society
- Member, Board of Advisory Governors, Hartford Hospital
- Member, Board of Visitors, University Libraries, University of Hartford
- Past Board Member, Executive Committee Hartford Hospital
- Past President, New England Surgical Society
- Past President and Librarian, Hartford Medical Society
- · Board of Directors, Seabury At Home, Inc.
- President, Board of Directors, Seabury Memory Care Center, Inc.
- Board of Directors, Church Home of Hartford, Inc.; Chair, Health Care Services Committee



### Milton Lewis Howard

- Emeritus- Founder/President of Milton Lewis Howard Associates, Architects
- Registered Architect, CT, NY, MĂ, NJ, GA, IL, IN
- Certificate holder, National Council of Architectural Registration Board
- Member, American Institute
- Member, National Organization of Minority Architects
- Past Arbitrator, American Arbitration Association
- Past Chairman, Building & Properties Committee, Christ Church Cathedral,
- Board of Directors, Church Home of Hartford, Inc.

Hartford

(Milton Howard retired from the Church Home of Hartford, Inc. Board in November 2013)



### JONATHAN A. DIXON, M.D.

- Physician
- Assistant Clinical Professor of Medicine, University of Connecticut School of Medicine
- Past Major, U.S. Army Medical Corp. · Past Board of Directors, Hartford Healthcare
- Corporation Past President of the Medical Staff, Hartford Hospital
- · Past Chief, Division of Rheumatology, Hartford Hospital
- Past Board of Directors, Hartford County Medical Association
- Past Chairman, Physician Health Committee, Hartford County Medical Association
- Past Chairman, Hartford Physician-Hospital Organization ad hoc Committee on Medicare Risk Contracting
- Past President, Hartford Physician-Hospital Organization
- Past President, Hartford Physicians Association
- · Past Chairman, Medical Advisory Board of the Hartford Physicians Organization
- Past Board of Directors, Hartford Physicians
- Organization
  Past U.S. Army Europe, Consultant in
  Rheumatology and Immunology



### THOMAS MOORE III

- Executive Director of the Society of the Increase of the Ministry
- Senior Advisor to CEO for Episcopal Church Pension Fund
- Treasurer for the National Episcopal Church
- Executive Director of the Friends of Canterbury Cathedral in the U.S.
- Board of Directors, Church Home of Hartford, Inc.

(Thomas Moore III retired from the Church Home of Hartford, Inc. Board in November 2013)



### DAVID O. ELLIOTT

- Past Owners Representative/Construction Management, Connecticut Science Center
- Past Director of Engineering, State of CT, Department of Mental Retardation
- Past Acting Deputy Commissioner and Director Facilities Management and Engineering, State of CT, Department of Correction
- Chairman and Co-Founder, Construction and Maintenance Institute for Criminal Justice Agencies
- · Board of Directors, American Society for Health Care Engineering
- Board of Directors, New England Hospital Engineers' Society
- President, Connecticut Hospital Engineers Society
- Board of Directors, Seabury
- Memory Care Center, Inc.

   Board of Directors, Church Home of Hartford, Inc.



WILLIAM R. PEELLE, JR.

- Principal, Portfolio Manager, Bradley, Foster and Sargent
- · Board of Trustees, Bushnell Center for the Performing Arts
- Board of Trustees, Episcopal High School, Alexandria, VA
- Investment Committee, United Way of the Capitol Region
- · Board of Directors, Seabury Charitable Foundation
- · Board of Directors, Church Home of Hartford, Inc.

(William R. Peelle, Jr. retired from the Church Home of Hartford, Inc. Board in November 2013)



### Dr. Donna R. Galluzzo

- President & CEO, HMS Healthcare Management Solutions Inc.
- Past President and COO, ConnecticutVNA, Inc. Board of Trustees, Vice Chair and Executive Committee, Connecticut Business & Industry Association (CBIA)
- Association (CDA)
  Treasurer and Board of Directors, Women
  Organizing Women Political Action Committee
  Senatorial Inner Circle, Presidential Task
- Senatorial inner circle, Presidential Task Force participation Board of Directors and Audit Committee, Protein Sciences Corporation Board of Directors, Victims Right Center
- of Connecticut
- Corporator, Bristol Hospital Corporator, Connecticut Community Care, Inc.
- Past President, Board of Directors, Investment Committee Chair, Goodwin College Foundation
   Board of Trustees and Executive Committee,
- Board of Irtistees and Executive Committee, Goodwin College Past Treasurer and Board of Directors, Young Presidents Organization (YPO-CT) Board of Directors, Connecticut Association for Health Care at Home

- ricain Care at Home
  Past President and Board of Directors, National
  Association of Women Business Owners (CT)
  Past Board of Instees, Independent Day School
  Past Vice President, Board of Directors, Seabury
  At Home, Inc.

- Board of Directors, Seabury At Home, Inc.
   Board of Directors, Church Home of Hartford, Inc.



ROBERT STANWOOD

- Business Manager and Engineer, Pratt & Whitney, Retired
- Past Pilot, United States Air Force
- Cemeterian, Old St. Andrew's Church, Bloomfield
- · Computer and Web Page/Media Administrator Volunteer, New England Air Museum
- Past Treasurer, Newington Amateur Radio League
- Treasurer, Board of Directors, Seabury At Home, Inc.
- Treasurer, Board of Directors, Seabury Charitable Foundation
- Board of Directors, Church Home of Hartford, Inc.; Chair, Nominating Committee

DIRECTORS ELECTED IN **NOVEMBER** 2013



RICHARD M. BRIDBURG, M.D.

- Psychiatrist ACTT, Community Health Resources
- Past Clinical Director, Institute of Living
- Past President, CT Psychiatric Society
- · Past Speaker, American Psychiatric Association Assembly Past Member, Board of Trustees, APA
- · Senior Life Fellow, APA
- · Past Medical Director, CHR
- US Navy Psychiatrist, 1966-1968
- · Past Assistant Clinical Professor, UCONN Past Member, CT Medical Examining Board
- · Board of Directors, Church Home of Hartford, Inc.



# PAUL W. GLOVER III

- · Chairman and CEO, ISG Holdings, Inc.
- · Vestry Member and former Treasurer, St. John's, West Hartford
- Past Sr.Vice President, Travelers Corporation
- Past Board of Directors, Lovelace RRI • Past Member, CSCPA
- · Board of Directors, Seabury Charitable Foundation
- Board of Directors, Church Home of Hartford, Inc.



Harold L. Rives III

- · Certified Professional Accountant
- Co-founder New England Guild Wealth Advisors
   Past Officer, United States Navy
- · Member, St. John's Episcopal Church, West Hartford
- Board of Directors, New Britain Museum of Art
- · Board of Directors, Connecticut Health Foundation
- · Board of Directors, Nutmeg Big Brothers Big Sisters
- Board of Directors, VOCE, Inc. · Board of Directors, Church Home of Hartford, Inc.

# Seabury Year in Review

### What a year it has been!

Seabury kicked off 2013 with a strong focus on celebrating and programming around the seven Dimensions of Wellness – spiritual, physical, environmental, vocational, emotional, intellectual and social. The integration of these elements into your life promotes responsibility for health and wellbeing, and creates the optimal environment for active and engaged living at every stage.



In February, the always-popular resident and staff annual pool tournament brought spirited competition. This fun event provides a unique opportunity for the Seabury community to interact together and build camaraderie. The six-week program featured 14 teams in a round-robin 9-ball

tournament. Seabury resident Stuart Babcock and staff member Raymond Williams were crowned Billiards champions for 2013!

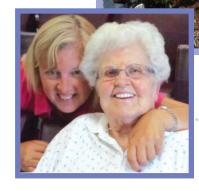
In March, Nobel Prize winning Economist and Environmental

Expert, Dr. Gary Yohe treated Seabury residents to a wonderful presentation. Yohe is Wesleyan University's Huffington Foundation Professor of Economics and Environmental Studies. Hosted at Seabury by the resident group In Search of Democracy (ISOD), Dr. Yohe provided the audience with the most current updates in the field of climate distortions that we call climate change. We thank ISOD and Earth Charter for arranging

Dr. Yohe's visit and this wonderful opportunity to focus on the Intellectual Dimension of Wellness.

March also brought focus on the Spiritual and Emotional Dimensions of Wellness. Current research shows that people who practice forgiveness and gratitude, and who give their time and resources

to others are happier and healthier and more likely to respond resiliently to life's inevitable challenges and changes. Those who consider themselves to be part of a larger



whole and surround themselves with supportive community, have positive self-esteem, healthy relationships, and find meaning and purpose for their lives. Equally, those who undertake regular meditative and mindfulness practices, like Seabury's twice-weekly breath meditation sessions, may experience positive effects that include decreased stress, lower blood pressure, increased immune







response, improved cognitive function and more stable moods. Furthermore, meditation seems to enhance neuronal connectivity in one

of the regions of the brain most affected by Alzheimer's disease. Eureka!

Volunteer recognition was the name is the game in April, which is National Volunteer Appreciation Month. Seabury benefits from the generosity of hundreds of volunteers' time and talents throughout the year. We enjoy volunteers from multiple civic groups and high schools, as well as our own residents. Highlighting the Vocational Dimension of wellness seemed a natural pairing with volunteer recognition.

Vocational Wellness allows you to serve others at the same time you grow as an individual. Many of our residents and members follow their calling by volunteering at Seabury and in the community. It is amazing to see the variety of interests and the passion with which you pursue them. Thank you to each and every one of you for sharing your unique gifts to make the world a better place!

The Yale University Whiffenpoofs, the nation's oldest and best known collegiate a cappella group, performed at Seabury for our residents. The highlight of May was by far the resident and staff show (see article on page 10).

Continuing with the importance of

volunteerism, Seabury's award-winning Balance Life Team introduced the "Give In All Directions campaign." The spring initiative focused on the Vocational Dimension of wellness, offering opportunities for the Seabury community to give to others during the months of May and June. Participants volunteered in the Greater Hartford







program in the active aging field.

of Seabury an Innovator Award for the second time, recognizing "Give In All Directions" as a Best Practices

# Seabury Year in Review continued

Warmer weather and great outdoor activity space means optimal opportunity to focus on and practice the Physical Dimension of Wellness! When it comes to physical activity at Seabury, we certainly have a variety! You can go for a walk, take a hike, do a little gardening, or participate in a vast array of outdoor gaming activities, including bocce,

lav lac or pu co pr ou tea

lawn bowling, croquet, ladderball, and putting on our new practice putting green. Of course, fitness is always a priority at Seabury, and our Fitness and Wellness team is kept in great

> shape teaching land and aquatic classes of all kinds and providing one-on-one sessions for personal training.

> The summer months also harkened the return of Seabury's popular Summer Concert Series

featuring the musical talents of students from the Hartt School of Music and the culinary talents of Chef Steve Acton. The four-concert series showcased viola selections played by Juliet Dawson, flute selections played by Mary Matthews, harp selections played by Marcie Swift, and guitar selections played by Sean Mulholland. Seabury continued spotlighting the



performing arts with the return of actor Stephen Collins bringing Shakespeare's words to life in a one-man show. From the evil machinations of Richard III, to the philosophical bantering of Falstaff, to the brilliant oratory of Brutus and Antony, Mr. Collins captured the essence of the characters and the admiration of his audience.



Before the dog days of summer completely disappeared, the entire Seabury community gathered for our annual Ice Cream Social (emphasis on the Social Dimension of Wellness). Entertained by musical magic the De 4 Ahwee steel drum band, residents and staff enjoyed hand-dipped ice cream and their choice of dozens of toppings.

Nothing quite says summer like good friends, good music, and ice cream on a beautiful day!

In September, we may say goodbye to the lazy days of summer, but we give a resounding hello! to ALP, the Adult Learning Program. ALP is a volunteer, non-profit organization, established over 20 years ago, offering fall, winter, and spring educational programs for older adults in the Greater Hartford area. Sponsored by UConn and Elderhostel and hosted by Seabury, ALP is a great way to focus on the Intellectual Dimension of Wellness! Presenters are ALP members, local university professors, and other professionals. Course topics included music, opera, global issues, health care and Medicare, informative presentations on Hartford, peacemaking, and world affairs. This popular program is open to our residents and welcomes participants from the local community.



Seabury hosted fall classes between September and December.

With a slight chill in the air and the glory of late fall sunshine, the Trails Committee & Resident Services





welcomed the Seabury community to celebrate the season at the third annual Autumn Harvest Fest, a celebration of the season's majesty and Seabury's way of bidding a fond farewell to the game season at Hilltop Pavilion. The morning of fun began at the Pavilion with a leisurely tour of the Trails and casual games of Bocce, Croquet, Shuffleboard, Horseshoes, Ladderball, and putting! What a great way to put the spotlight on the Environmental Dimension of Wellness!

Honoring the men and women who served our country is both our privilege and honor. Staff planned a very special night for our residents who served and those who kept the home fires burning with a return to that nostalgic period which favored music that

spoke to the heart and touched the soul. Heritage Hall was transformed into a USO dance hall and featured performances by Seabury's own Feelin' Good Jazz Band, as well as the world debut of the Havin' Fun Ukulele Band! Guests experienced that special feeling of "home" that United Service Organization (USO) clubs provided America's service personnel, no matter where they were serving.

The holiday season closed out the year with a little bit of hustle and bustle, a lot of sparkle, and many opportunities to recognize and experience holiday traditions and customs of all types. Seabury 'Elves' worked hard behind the scenes to deck our halls and keep us all in the holiday spirit. Beginning with Operation Sparkle, teams of employees and volunteers draped evergreen bunting, bows, lights

and statuary throughout the campus. The Flower and Decorating Committee was hard at work inside to lift our spirits with tinsel and trim! Other residents volunteered as Holiday Helpers, logging and distributing hundreds of holiday packages delivered to Seabury during the month of December. Residents

volunteered as elves at the Gingerbread Brunch for the children of Seabury staff: there was Hanukkah, The Festival of Lights, candle-lighting services on each of the eight nights at the Top of the Stairs, and then the Bishop's Annual Christmas Service.... whew! It's no wonder why we all need

that long

winter's nap!







# The Arts are Vibrantly Alive at Seabury

Seabury boasts many residents who are accomplished artists, as well as those who have not had formal training, but enjoy painting for relaxation and the intellectual challenges it presents. We have art classes here and have seen many who have never held a paint brush (except to paint walls of their home), but with excellent instruction in a casual setting, have become comfortable with their progress as a "Sunday" painter. Other artists have come to live at Seabury with a formal background in art through degrees from universities or other notable institutions. Art, of course, comes with many dimensions, from paint, to carving, to sculpture, and more.

It is always amazing to see what residents have accomplished over their lifetimes. So many times we do not know of their creative backgrounds until their work is displayed in our gallery of art. We discovered that one of our residents is a master carver of ducks and other birds, and has won national awards for his carvings; several specialize in collage; and one resident has a studio in Hartford and is well recognized in the region for this form of art. Another resident uses nature for his creative artwork and finds interesting pieces of wood, and the shape creates a theme that inspires him. The work that he does on these pieces takes him months and many times years. He lovingly and painstakingly strips them, sands and polishes them into beautiful works of art. The creative gifts that these residents enjoy are something that they have mastered during many years, and are still perfecting their skills.

Below are a few Seabury artists and their profiles:

### Ursula Korzenik

"Painting has given me a life. Through classes and workshops, I have made new friends, and have attended numerous art receptions at museums and galleries. Watercolors have been my favorite medium, but with age I have become more adventurous and am now able to do abstract collages, which seem to pique people's interest."

Ursula attended the Hartford Art School at the University of Hartford. She also studies with the West Hartford Art League and has

had many juried shows and won several prizes. She is a member of the Connecticut Watercolor Society, the Hartford Art School Alumni Committee, and the West Hartford Art League.

## Sally Foster

Sally Foster, born Sara Cruikshank in Washington, Connecticut, is a graduate of Vassar College. Sally first discovered the joy of watercolor painting twelve years ago while taking an introductory course. This training, combined with her enthusiasm for traveling, hiking, birding, and gardening, soon developed into

a passion for the creative art form.

From the artist —
"A whole new
world has opened up
for me. In both the
commonplace and
the exotic, I see
things I never saw
before in the way of
color and shape, light



and dark." When Sally visits a new country or continent, she pulls out her palette instead of trekking up a mountain. Painting on location, and from her own photographs, she captures impressions from around the world to preserve fond memories.

After joining the West Hartford Art League, Sally studied with many fine artists, and has had paintings accepted at several juried exhibitions.

# Betty J. Willis



"My love for drawing and painting started at a young age. I painted my first watercolor for my mother when she was very ill. It was called 'Roses of Cornwall Park.' I developed my art ability by working with teachers of art in Florida."

Betty graduated with a degree in Secondary

Education from the University of Hartford. She spent her career teaching both Junior-High and High School English in the Hartford area. Betty's paintings are enjoyed by people who own them worldwide.

# "As far as I am concerned, a painting speaks for itself. What is the use of giving explanations, when all is said and done? A painter has only one language." — PABLO PICASSO

# Joy Floyd

"It was my children and their creativity many years ago that inspired me to begin my art work. As a working collage artist for over 20 years, I maintain my studio in my home at Seabury and in the Arbor Art Center in Hartford. I was a member of Artworks Co-op for over 15 years and am currently a member of FMIZUS Collage Group and Connecticut Women Artists.

The "sacred search" (a descriptive phrase from the artist, Joseph Cornell) is the beginning of my collage and assemblage work. I collect discarded bits and pieces of cloth, wood, metal, paper, even feathers, leather, buttons and glass. The unique history of a found piece brings an element of beauty

that, in combination with other old materials, challenges me to offer its new form to the world.

Textures, shapes, and colors are my focus in working out the puzzle of pieces in each collage. The excitement is in the discovery of riches in



abandoned objects and honoring them with new life. Finding a beautiful fabric or discarded paper, some rusted metal, or sacred wood inspires the outcome of a collage more than my preconceived ideas."

Joy has had a one woman show at the Hartford Public Library, among other prestigious venues.

### Dick Martindale



Dick Martindale started carving as a child by making ducks from bars of Ivory Soap. As an adult, he learned to carve duck decoys from bass wood. Finally, he learned to carve and paint exquisitely detailed birds using tupelo wood. Occasionally first-time observers would think the feathers were real or that they were looking at a sample of taxidermy.

"My first bird carving took life when I had children of my own. After three consecutive days of rain while on summer

vacation at the shore, I imitated my mother who gave her four small children bars of Ivory Soap, a dull kitchen knife and an assortment of pictures of small animals. Instead of soap, I provided small blocks of balsa wood, files, sandpaper, and Peterson's Guide to Birds.

I still have that carving from the early 1960s. Many years later, I took a few courses in carving duck decoys in wood. The instructor was Steve Britell, who had won a world championship. I took several courses from two of the top carvers in the world. These were remarkably accurate and detailed. The painting of the carvings was the breakthrough. After retirement from the practice of dentistry, I entered several bird-carving tournaments and won several awards."

### Alice Turcotte

Alice's work has been shown locally in many exhibitions and her pictures hang in many areas, from upstate New York to Washington, D.C. and Tonbridge, England. She has also been featured on the cover of Parade Magazine. Alice is also the recipient of several awards.



"My interest in colored tissue paper for my collages began when I took collage classes at the West Hartford

Art League. I build from the first layer of the darkest shades throughout the collage, until I get the shapes, shadows, textures that are pleasing. It is a long process, but the final object has a certain 'glow' from all the translucent layers that have been applied. Land and seascapes, portraits and abstractions have been created."

Alice studied at the Rhode Island School of Design and was a Fine Arts major at the University of Connecticut.

# The Rev. Jeffrey S. Dugan

Rev. Dugan is a retired Episcopal priest. For twenty-five years he has collected driftwood, tree roots and old branches he finds on the forest



floor or near a lake or the ocean. He then brings to the surface the solid, pristine core of wood that remains even when the outside of the wood has been exposed to the elements for years.

To this end, Rev. Dugan has developed a process that gives an even treatment over an uneven surface, removing

whatever wood is rotten or weathered, while preserving the shape of the underlying solid wood. It is a painstaking labor of love, working a square centimeter at a time. After the surface is slowly sanded down through nine different abrasive grits, the polished wood is massaged by hand with pure, warm tung oil, which gives a richness and depth to the wood, and protects it from further decay.

Rev. Dugan's sculptures have been exhibited in New London, the University of Connecticut and the New Britain Museum of American Art.

# Marye Gail Harrison

Marye Gail Harrison on why she paints the universe —"I first fell in love with the universe doing a ninth grade science project on an eclipse of the moon. At the planetarium show at the Museum of Natural history in NYC in 2001, I first saw the marvelous images of our universe brought to us in the last 23 years by the Hubble Space Telescope. I began to paint these images, so



I could share with others their visual glory and my awe at the story.

My hope is that you come to be amazed as I have, by the incredible reality we live in, made of 13.7 billion year old stardust evolved to consciously see, know and choose how we impact it. Will we creatively work together to foster life in sustainable ways, or will the beautiful phenomena of life on earth continue to diminish on our watch? We have choices to make."

# Consolidated Balance Sheet Year Ended September 30, 2013

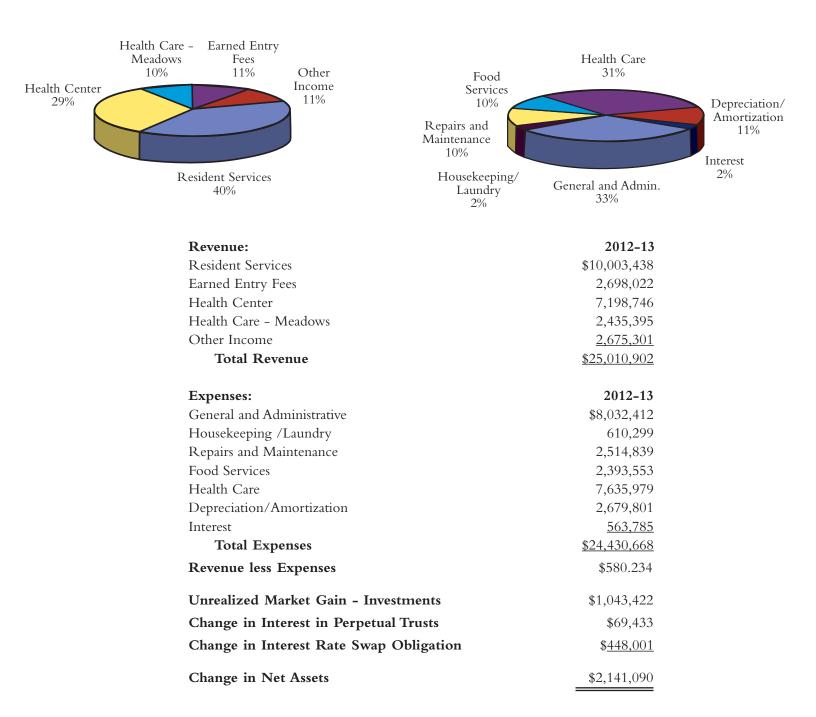
		Assets
Current Assets:		
Cash		\$6,438,613
Accounts Receivable		\$2,714,725
Inventory Food Service & Health Care		\$12,168
Prepaid Expenses & Tax Deposit		\$406,703
Total Current Assets		\$9,572,209
Loans Receivable		\$1,778,931
Endowment - Restricted	\$375,577	
Endowment - Unrestricted	11,648,655	
Endowment - Cost to Market Adjustment	1,123,782	
Total Endowment Funds		\$13,148,014
Land	\$4,429,495	
Buildings	59,196,968	
FF&E	4,332,195	
Accumulated Depreciation	(34,054,128)	
Total Land/Buildings/FF&E		\$33,904,530
Construction in Progress		\$171,664
Facility Development Costs		\$297,906
Deferred Compensation Plan		\$34,363
Beneficial Interest in Perpetual Trusts		\$1,937,638
Total Assets		\$60,845,255
C 7:17:	Liabilities and	d Fund Balance
Current Liabilities:	ф <b>П</b> Б 4 24 2	
Accounts Payable	\$754,312	
Accrued Interest Payable	43,911	
Escrow Deposits Held	435,276	
Other Current Liabilities	951,194	<b>#2</b> 404 602
Total Current Liabilities		\$2,184,693
Future Service Obligation		\$0
Liability Entry Fees:	\$40.440. <b>27</b> 2	
Liability Entry Fees - 50 Months	\$19,118,273	
Liability Entry Fees - 67%	17,240,310	
Liability Entry Fees – Plan 85	5,344,226	
Liability Entry Fees – Plan 95	10,917,003	
Amortization - Entry Fees	(20,780,038)	\$21 O2O 774
Total Liabilities Entry Fees		\$31,839,774
Long Term Debt		\$15,800,000
Bond Interest Rate Swap Obligation		\$622,037
Liability Garage Fees		\$77,419
Deferred Compensation Plan Payable		\$34,363
Total Liabilities Fund Balance:		\$50,558,286
	ф0 1 4E 070	
Retained Earnings	\$8,145,879 \$2,141,000	
Current Year Earnings Total Fund Balance	<u>\$2,141,090</u>	\$10 <b>2</b> 04 040
Total Liabilities and Fund Balance		\$10,286,969 \$60,845,255
Total Liabilities and Tund Dalance		\$60,845,255

Church Home of Hartford Incorporated year ending September 30, 2013 audited financial statements excluding The Seabury Charitable Foundation, Seabury Memory Care Center, Inc., and Seabury At Home Incorporated.

# Revenue and Expenses Year Ended September 30, 2013

### **REVENUE 2012-13**

### **EXPENSES 2012-13**



# Taking a Bite Out of 'The Big Apple'

2013 was a year for our bi-annual Seabury tradition: the Resident-Staff Show! Vice President of Finance, Chief Financial Officer, and playwright Steve Yanofsky outdid himself, yet again, by penning and seeing another creative masterpiece come to life on the Heritage Hall stage! Under the theatrical direction of the Director of Resident Services, Heather Stanton, who has a significant background in theater, over 80 residents and employees worked together for 4½ months to bring 'The Big Apple' story to life. The musical revolves around the age-old tale of wanting to make it big on Broadway while trying to save a family business. The show incorporates classic Broadway tunes, a budding romance, the best cheesecake in New York, and a few colorful characters thrown in for good measure.

Every show has new and exciting challenges. This year, an amazing chorus kick-line and tap dancing numbers, choreographed by General Accountant, Sheri Knowlton and Human Resources Generalist, Gwynne Deveau. Both have long histories and expertise in dancing, adding to the Broadway feel of the show. Resident musical directors Connie Dunham and accompanist Gerry Jones, both with rich careers in music, worked magic out of our voices. Residents and employees worked together on every aspect of the show, from song and dance routines, memorizing scripts, wardrobe wizardry, design and painting of the backdrops and scenery, to the behind-the-scenes technical staging! The show left everyone who saw it in an Empire State of mind!



# Steve Long — Hero of the Storm



Steven Long, Director of Safety and Security at Seabury, was honored by Leading Age Connecticut as a 'Hero of the Storm', at their Annual Meeting on October 8th in Plantsville, CT.

Less than half a year after super

storm Sandy, Connecticut faced a record-breaking blizzard in February 2013. Despite storm preparations, no one was prepared to deal with the magnitude of storm that arrived. Three feet of snow or more covered Connecticut's roadways, rendering them impassable. Many Seabury employees had already worked 16-hour shifts and needed relief. Steve utilized his personal vehicle to pick up employees at their homes and

drive them into work. He often had to shovel a path through multiple feet of drifting snow for nurses, nurses aids, security officers and culinary staff to exit their homes. He continued this service of shoveling and transporting employees safely to and from work for two days, until the State of Connecticut declared roads safe and passable.

LeadingAge Connecticut honored Mr. Long for his extraordinary effort, and his dedication and commitment to ensuring the health and safety of our residents. Scot Haney, meeting master of ceremony and WFSB Weatherman presented Steve his award. Seabury is proud to have Steve as a shining example of the teamwork at Seabury and the common goal of employees to take care of our residents, regardless of the conditions.

# Beyond Expectations!

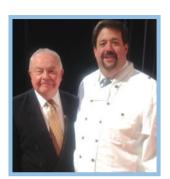
Across the Seabury campus, excelling is the name of the game. Seabury's culinary department is a prime example of exceeding expectations. The culinary team strategically designs dining experiences at Seabury to promote social interaction, healthy eating habits, and overall wellbeing. An inviting atmosphere and exciting conversations compliment outstanding food and superior service. In 2013, Seabury culinary worked to raise the level of

excellence and on-the-spot service. It comes as no surprise that the number of guests increased over the last few years in all of our dining experiences across campus.

# Beyond the Plate!

The success of Seabury's culinary is rooted in our staff. Director of Culinary Services and Executive Chef, Ken Casella's focus is not only food, but on those that produce the high quality dining experience. "A sustained focus on employee engagement not only boosts morale and builds a strong and skilled staff, but it is the key to cultivating fresh and innovative outcomes," says Chef Ken.

Selected by the Seabury culinary department, Bistro chef George Orgill will attend the American Culinary Federation conference this year, in Providence R.I. Chef Orgill will join the Director of Culinary Services for a day of learning, events, and team building with hundreds of America's finest chefs.



Representing Seabury, Chef Ken attended the American Culinary Federation Regional Conference held in NY. In addition to working to stay ahead of changing industry standards, Chef Ken Cassella was awarded a certificate of appreciation for 'Mentoring the Chefs of Tomorrow,' by

American Culinary Federation President, Michael Ty.

Collaborating with Lincoln Culinary has raised the bar of expectations and standards for our existing staff, and the process for acquiring new talent. Potential employees are coming to Seabury with an existing appreciation that Seabury culinary is an active, creative, and challenging atmosphere for a culinary employee at any level to join and grow.





# Beyond Seabury!

As summer gave way to fall, Seabury diners explored Auerfarm and the legacy of education that Beatrice Fox Auerbach started for local youth. The 4th Annual Farm to Plate trip brought residents to the source. Residents enjoyed a tour of the farm before settling in for a locally sourced and garden-fresh meal. From the dilled eggs with smoked salmon, to the braised country pork rib sliders with candied red onion jam, all the ingredients came from Auerfarm, North Ledge Farm in North Stonington, or Bright Yellow Farm in Bloomfield.

# Beyond Tradition!

The dining experiences in our health care areas are outside of the traditional. The culinary team kicked holiday menus up a notch with multiple courses, virgin cocktails, and homemade desserts. Families joined their loved ones to enjoy a fine dining experience and celebrate the holiday.

In addition to celebratory fare, special menus make their way into every month. Residents relished in Apple Day, Pumpkin Day, Earth Day, Jazz Night, and World Series Day. Fresh air was enjoyed with lunch on the deck every Thursday, and monthly BBQ menus brought residents outdoors and brought the outdoors in.



# The Meadowlarks — Connecting Through Song

2013 saw the unveiling of The Meadowlarks choir at The Meadows, Seabury's memory support center. Once a week, for the past year, our Chaplain, Bob Bergner, has been leading a group of 25 Meadows residents in song. During that time, The Meadowlarks have amassed a repertoire of 15 secular and non-secular, traditional and original songs in English, Spanish, and Hebrew (with more songs and languages to come).

Recently, it has become fairly common to observe that adults with substantial memory deficits are able to recall and sing songs from their youth, even though their ability to remember details of their adult life, and even their ability to speak, may have vanished. The Meadowlarks go far beyond that. They have been learning — even memorizing new songs, while developing exemplary choral singing

skills: following spoken and gestural musical instruction, singing in harmony and canon, varying dynamics, beginning and ending in

crisp unison, etc. The Meadowlarks enthusiastically support each other and display a unique sense of commitment and focus. They have become a hub of Seabury community involvement, generously welcoming the participation of members of the Seabury Singers choir and Seabury's Feelin' Good Band. The Meadowlarks sound great, and more importantly, they have fun!

Just before Thanksgiving, Chaplain Bob had the honor of presenting The Meadowlarks via a poster presentation and video at the annual conference of the International Council on Active Aging.

# Seabury Awarded Innovator Achievement Award for GIVE in All Directions



Seabury was awarded a 2013 ICAA Innovators Achievement Award by The International Council on Active Aging® (ICAA). Honored for our "GIVE in All Directions" campaign, members of the Balance Life Team accepted the award in San Diego on behalf of Seabury.



The Award specifically recognizes programs and concepts that advance active aging and target any or all of the seven

dimensions of wellness — social, emotional, vocational, spiritual, intellectual, physical and environmental. Seabury was honored for its ambitious, innovative, and pervasive GIVE campaign.

The GIVE campaign was an eight-week vocational wellness initiative, which provided formal volunteering opportunities for the residents and staff of our active life-care community. The GIVE campaign was an innovative solution to enhancing feelings of self-worth and sense of purpose on our campus. The Balance Life Team organized the campaign to include all members of the Seabury community in volunteerism: independent, assisted living, memory support, Seabury At Home and skilled nursing as well as employees. Programs focused on helping members of the Seabury community and reaching out to other organizations as well. We also recognized the efforts of those residents and staff that were committed to volunteering with other organizations.

# Seabury Resident Robert Bossler Received Honorary Fellow Award



The American Helicopter Society International (AHS) recognized Seabury resident and former Engineering Consultant, Robert Bossler, for contributions during his career that significantly advanced AHS and the vertical flight community. Mr. Bossler

holds 21 patents for his inventions, including the Kaflex Coupling, which was originally named the Bossler Coupling. Driveshaff's with Kaflex Couplings were retrofitted on all Army UH-1 and Cobra helicopters. Mr. Bossler's work continues to prosper at Kamatics with the Kaflex product line that has achieved millions of hours of flight time on thousands of helicopters.

While working with the ARMY/NASA Advanced Rotocraft Transmission Program, Bossler developed the split-torque transmission concept, for which he received three NASA awards. The latest production version of the Apache Helicopter uses one of his split-torque arrangements.

Dr. John Coy, former NASA Rotocraft Program Manager and former Chief of Mechanical Systems Technology Branch at NASA, wrote in his nomination: "Mr. Bossler has dedicated over 60 years to advancing the mechanical technology of helicopters. I have been fortunate enough to watch him do the work of a mechanical wizard and listen to his engaging explanations of how it all works."

Mr. Bossler was recognized in May 2013 at the AHS international's 69th Annual Forum & Technology Display at the Phoenix Convention Center in Phoenix, Arizona.

# Seabury Charitable Foundation

"The mission of the foundation is to promote the overall welfare and enhance the quality of life for persons served by Church Home of Hartford, Incorporated and to make every effort to furnish financial assistance when needed to enable the people served by Seabury to benefit from the care and services we offer."

### Celebrating the Past

The Seabury Charitable Foundation was established in 1996, with the foresight of a permanent endowment. Over the last 17 years, the Foundation has helped to support the welfare of the Seabury community through benevolent support, special programming, and community needs. The Foundation has provided over \$2.2 million in benevolent support to residents in financial need. Since its inception, the Foundation has been committed to providing assistance to any resident who runs out of funds through no fault of their own. Residents take comfort in knowing that their home at Seabury is secure.

The Foundation is honored to be the vehicle to receive memoriam and honorarium gifts made to commemorate or recognize the people we hold close in our hearts.

# Enhancing the Present

The Foundation supports special programming and initiatives that benefit all members of our community. Several restricted funds support amenities from the maintenance and enhancement of our spectacular trails system to the compassion and generosity of the Chaplain's discretionary fund. The Foundation's work is a reflection of the Seabury community. We care about our community and each other, and we give to ensure that we all enjoy the highest possible quality of life.

# Planning for the Future

Through the generosity of our donors, and the thoughtful oversight by our Board of Directors and dedicated financial advisors, the

Foundation has built an endowment in excess of \$5.5 million. Future contributors to the Foundation help to carry on the commitment of Seabury's founders to the health and wellness of the seniors in our community. Donor support is crucial to ensure the reliable source of income that allows us to continue the programming and financial support that sets Seabury apart.



### Annual Seabury Charitable Foundation Golf Tournament

We are looking forward to our 11th Annual Seabury Charitable Foundation Golf Tournament on Tuesday, August 26th. We are excited to be hosting the tournament at the private Golf Club of Avon, where we will celebrate the steadfast work of the Foundation, and have fun with the staff, residents, and community partners that make Seabury an amazing place to be!

The Seabury Charitable Foundation will continue to support and anticipate the needs of our dynamic community as directed and supported by our generous donors.

# Giving through the Village Store

In 2014, the Village Store at Seabury, previously operated by the Seabury Auxiliary, will continue its good work under the auspices of the Seabury Charitable Foundation. The Foundation assumed responsibility for operating the Store in January 2014, and will see



that the important functions the Auxiliary performed continue under the mission of the Foundation. All of the revenue generated by the Store will continue to support the well-being and enjoyment of our community.

The Seabury Community would like to extend its sincerest gratitude to the members of the Seabury

Auxiliary for their incredible dedication and service throughout the years. The Seabury Auxiliary was founded in 1876 and supported the residents of Seabury from 1993 to 2013 through a variety of activities and events. The Auxiliary further enriched the lives of our residents by funding 'wish list' items with proceeds from the Village Store. Whether hosting a special party, making a friendly visit, or volunteering at the Village Store, the contributions of the Auxiliary volunteers had a dramatic impact on our residents' daily lives.

# New Development Coordinator

Seabury Charitable Foundation welcomes Chelsea M. Ross, MPA as new Development Coordinator. Chelsea Ross joined Seabury as the Development and Volunteer Coordinator at Seabury in October 2013. She divides her time between managing Seabury's Volunteer Program and running the Seabury Charitable Foundation. Chelsea is committed to finding ways to enhance the quality of life for Seabury residents, staff, and the greater community. Chelsea holds a Bachelor's in Social Work from Western Connecticut State University and a Master's Degree in Public Administration and a Certificate in Nonprofit Management from the University of Connecticut.

C=Church Home of Hartford, Inc. Board Member S=Seabury Charitable Foundation, Inc. Board Member M=Seabury Memory Care Center, Inc. Board Member A=Seabury at Home, Inc. Board Member †=Deceased

††=Couple Deceased

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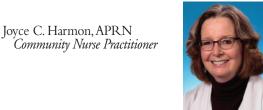
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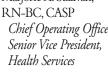


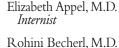


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