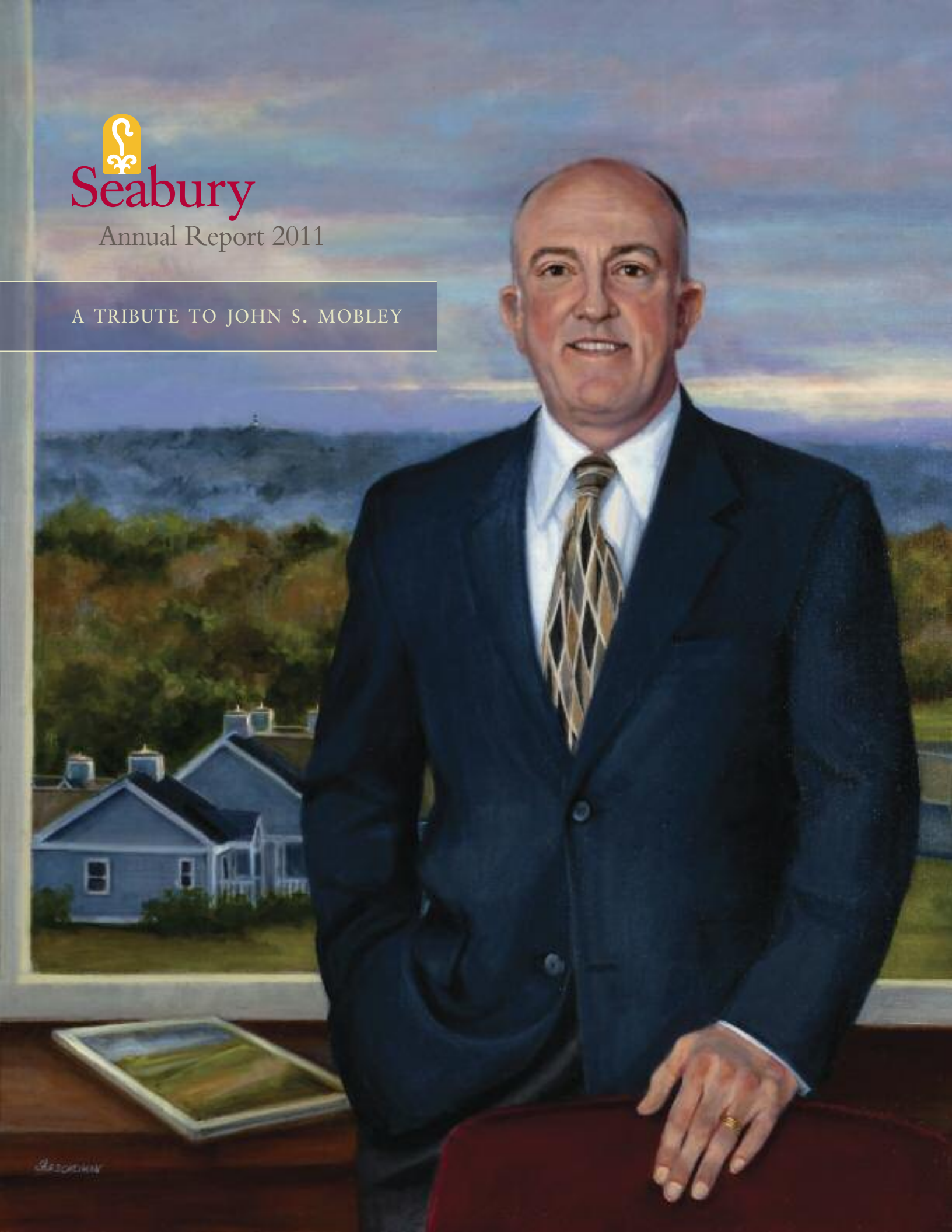


Seabury

Annual Report 2011

A TRIBUTE TO JOHN S. MOBLEY



A TRIBUTE TO JOHN S. MOBLEY



Leader, Visionary, Innovator

John Scott Mobley was all these things and more to the active-aging movement and to Seabury, the life care community, that he tirelessly served for 20 years until his recent death at age 58.

Seabury's first and only CEO, John was "not one to ever rest on his laurels," says A. Raymond Madorin, President of the Board of Directors. "Under his vision and unflagging enthusiasm, he not only built the finest continuing care retirement community in Connecticut," Madorin states, "but he saw to it that Seabury had one of the first freestanding memory care units in the nation and began the first 'CCRC without Walls' program in Connecticut Thanks in large part to John and the staff that he infused with his spirit and joy for life,"

he adds, "Seabury today is a place full of vibrant life and a community where residents and staff alike look forward with enthusiasm to the future."

As a sitting member of the International Council on Active Aging Advisory Board, John energetically contributed his knowledge and ideas to advance a vision of aging to which he was dedicated. Wellness consultant John Rude, a charter member of ICAA's Advisory Board, recalls recruiting his friend and colleague as a gerontology program graduate in the 1970s. "This was a time when the nursing home business was booming and the study of aging was focused on decline, degeneration, disease and death," explains Rude. "John, however, clearly had a larger vision about the human potential of older adults." According to Rude, John's work at Seabury "is a testament to his skillful knowledge and leadership. He set the bar very high by knowing that regardless of age, older adults have the capacity to grow, develop, modify and change."

Born in Pennsylvania, John earned a bachelor's degree in education from Pennsylvania State University. He then attended the University of North Texas, from which he graduated with a master's degree in gerontology and later received an Outstanding Alumnus Award. His career, which was filled with achievements, included coordinating the startup of four retirement communities.

A Certified Fellow of the American College of Health Care Administrators, John served on the Board of the Connecticut Association of Not-for-Profit Providers for the Aging (CANPFA), now called Leading Age CT, and received the association's Distinguished Service Award. He was also a member of Leading Age, House of Delegates.

Serving his local community, John was a member of Rotary International and past President of the Simsbury/Granby Rotary. He also served as a member of the Economic Development Commission of Bloomfield. He was also a past President of Hopbrook Tennis Club of Simsbury.

An avid golfer, tennis player, and scuba diver, John embodied the Seabury philosophy of "wellness, compassion and assistance." He also believed that Seabury's philosophy of wellness incorporating the seven areas of wellness into all the Seabury programs led to active aging into later years and keeps residents well and active.



Dear Friends of Seabury,

To quote Benjamin Disraeli, "There is no education like adversity." To say that I and the entire Board of Directors received a Seabury education this past year would be an understatement. It is personally tempting to devote my entire report for 2011 as a tribute to our deceased Chief Executive Officer, John S. Mobley, but to do so would certainly be remiss by failing to recognize the many members of the extended Seabury family who pulled together under John's legacy and kept the "Spirit of Seabury" alive and thriving.

John Mobley was the first and only CEO of Seabury. During his tenure, Seabury was built, expanded several times, and has historically enjoyed 97% occupancy. He saw to it that Seabury became a place of vibrant life and a community where residents and staff alike can look forward with enthusiasm to the future. John's untimely death left many in the Seabury family with a terrible sense of loss, but that loss was and is personal and not a fear for Seabury's future. John was more than a CEO, entrepreneur, and leader; he was also a mentor, advisor and coach, thus leaving Seabury in the capable hands of the entire staff. The extraordinary acts of the staff are too numerous to delineate here, but I do want to express a special measure of my gratitude to our Senior Vice President, Margie Sullivan who, as the interim acting CEO, performed magnificently in all areas, which was especially displayed by her leadership during the October storm and subsequent power outage. While we all hope never to have to go through a similar experience again, the staff's response to this crisis assured the resident community and the Board that Seabury remains as strong as ever.

During these continuing difficult economic times, the Board, through its various committees and with the able direction of our CFO, Steve Yanofsky, has been able to assure strong financials for Seabury. Our bonds were re-written at a lower interest rate assuring a savings of several hundred thousand dollars over the next 10 years and Seabury once again ended its year comfortably in the black. Our occupancy remains very strong, which is especially gratifying when one views our competition. Seabury At Home continues to grow in membership while the Meadows proceeds with its innovative programs to help those with memory problems.

At the annual meeting in November we welcomed three new directors: Thomas Andersen, David Elliott, and Donald Berry, as a resident director. Mark Hopper and Joe Walton retired from the Board at the end of their respective term limits. Mark's assistance as an architect on the Board was invaluable, and Joe, as a resident director, has been instrumental in keeping the Board up to date on the resident committees and general resident concerns. I would also like to express both my and the entire Board's gratitude for the work of Guy Cambria, Jr. and our sense of loss at his passing. Guy was the Secretary of Church Home of Hartford, Inc. and the Treasurer of Seabury At Home, Inc. Despite his illness which was often debilitating, Guy made every possible meeting and insisted on performing his duties which he did admirably. They will all be missed. Seabury has been, is, and will continue to be a special place that is blessed by God. I thank the staff, Board, and residents for their commitment to Seabury and faith in its future.

Respectfully,

A. Raymond Madorin
President, Board of Directors

2011 BOARD OF DIRECTORS



THE RT. REV. IAN T. DOUGLAS

- Bishop, Episcopal Diocese of CT, Overseeing 172 Congregations & Affiliated Organizations
- Chair, Board of Directors, Church Home of Hartford, Inc.



A. RAYMOND MADORIN

- Attorney in sole practice
- Treasurer, General Practice Section Connecticut Bar Association 1996 –
- Chairman, Hartford County Bar Ethics Committee — 1980-1985
- President, Hartford County Bar Association 1989-1990
- Chairman, Real Estate Committee Hartford County Bar Association 1990-1994
- Member, Connecticut and Hartford County Bar Association
- Former Vestry Member and Sr. Warden, St. James's, West Hartford
- Board of Trustees, Goodwin College (Chair of Finance Committee)
- Treasurer, Farmington Exchange Club
- Board of Directors, Seabury At Home, Inc.
- President, Board of Directors, Seabury Memory Care Center, Inc.
- President, Board of Directors, Church Home of Hartford, Inc.; Chair, Executive Committee



MARJORIE A. SULLIVAN

- Sr. Vice President Health Services, Seabury
- Licensed Registered Nurse, CT, NH
- Board Certified Gerontological Nurse
- Member, American Nurses Association
- Member, American Red Cross
- Retirement Housing Professional/Certified Aging Services Professional, University of North Texas
- Co-founder, St. Martin Mission Episcopal Outreach Church Certified Nurse Assistant Program
- Former Director of Nursing and Health Services, Evergreen Woods Life Care Community, North Branford, CT
- Interim Exec. Vice President, Bld of Directors, Church Home of Hartford, Inc.



GALE A. MATTISON

- Retired Executive Financial Officer, State of Connecticut
- Past Chief Fiscal Officer, Connecticut Department of Correction
- Member, Vestry, St. James's Episcopal Church, West Hartford
- Past Jr. Warden, St. James's Episcopal Church, West Hartford
- Past Member, Board of Directors, University of Connecticut Health Care Finance Corp.
- Vice Chairman, Board of Directors, Connecticut Lottery Corporation
- Treasurer, Tibetan Terrier Club of America
- Veteran, United States Army 1968-1971
- Vice President, Board of Directors, Church Home of Hartford, Inc.



PRISCILLA B. VIETS

- Corporator, Hartford Hospital
- Past President and Board Member, Hartford Hospital Auxiliary
- Elector, Wadsworth Atheneum Museum of Art
- Member, Society of Daniel Wadsworth, Wadsworth Atheneum Museum of Art
- Member, Women's Committee of the Wadsworth Atheneum Museum of Art
- Past Member, Adult Christian Formation Committee, Trinity Episcopal Church, Hartford
- Past Stewardship Chair, Trinity Episcopal Church, Hartford
- Member, Hartford Chorale
- Board of Directors, Seabury Charitable Foundation
- Assistant Secretary, Board of Directors, Church Home of Hartford, Inc.



WILLIAM J. THOMPSON

- Principal and Consulting Actuary, Milliman, Inc.
- Fellow, Society of Actuaries
- Member, American Academy of Actuaries
- Chairman, Insurance Board for Diocese of Connecticut
- Treasurer, Board of Directors, Church Home of Hartford, Inc.; Chair, Finance & Audit Committee



THE REVEREND CANON WILBORNE A. AUSTIN

- Vicar, St. Stephen's Parish, Bloomfield, CT
- Member, Bloomfield Clergy Association
- Board Member, Bloomfield Interfaith Community
- Bishop's Representative, Board of Directors, Church Home of Hartford, Inc.



BETTE-JANE HARDERSEN

- Financial Secretary, St. John's Episcopal Church, West Hartford, Retired
- Accounting Supervisor, *bePuzzled*
- Past Vice President, Combined Health Appeal
- Member, Altar Guild, St. John's Episcopal Church, West Hartford
- Member, Global Missions Committee, St. John's Episcopal Church, West Hartford
- President, Board of Directors, Seabury Charitable Foundation
- Assistant Treasurer, Board of Directors, Church Home of Hartford, Inc.



CONNIE BAIN

- Regional Teller, Bank of Boston/Retired
- Parish Clerk, Christ Church Cathedral, Hartford, CT
- Member, Ushers Guild, Christ Church Cathedral, Hartford, CT
- Treasurer, Saint Barnabas Guild, Hartford Chapter
- Secretary, National Executive Board, Saint Barnabas Guild
- Board Member, Larrabee Fund Association
- President, Seabury Auxiliary
- Board of Directors, Church Home of Hartford, Inc.; Chair, Nominating Committee



LAURA D. HARCKHAM, PH.D.

- Assistant Dean of Instructional and Community Services, Rockland Community College, NY/Retired
- Retired Educator, Researcher, Evaluator
- President, Treasurer, Northeastern Educational Research Association
- President, Literacy Volunteers of Rockland County
- President, Treasurer, Association of Women Administrators of Westchester
- Treasurer, Seabury Residents Association
- Treasurer, Church Home of Hartford Auxiliary
- Board of Directors, Seabury Memory Care Center, Inc.
- Secretary & Resident Director, Board of Directors, Church Home of Hartford, Inc.



PAUL R. BRIGGS II

- Rector, St. Mary's Parish, Manchester, CT
- Church World Service CROP Walk Coordinator
- Dean, Hartford Deanery
- Board of Directors, Seabury At Home, Inc.
- Board of Directors, Church Home of Hartford, Inc.



H. DAVID CROMBIE, M.D.

- Physician/Surgeon, Retired
- Honorary Medical Staff Hartford Hospital
- Editor Emeritus, *Connecticut Medicine*, The Journal of the Connecticut State Medical Society
- Member, Board of Advisory Governors, Hartford Hospital
- Member, Board of Visitors, University Libraries, University of Hartford
- Past Board Member, Executive Committee, Hartford Hospital
- Past President, New England Surgical Society
- Past President and Librarian, Hartford Medical Society
- Board of Directors, Seabury At Home, Inc.
- Board of Directors, Seabury Memory Care Center, Inc.
- Board of Directors, Church Home of Hartford, Inc.; Chair, Health Care Services Committee



ROBERT STANWOOD

- Business Manager and Engineer, Pratt & Whitney, Retired
- Past Pilot, United States Air Force
- Cemeterian, Old St. Andrew's Church, Bloomfield
- Computer and Web Page/Media Administrator Volunteer, New England Air Museum
- Past Treasurer, Newington Amateur Radio League
- Treasurer, Board of Directors, Seabury At Home, Inc.
- Treasurer, Board of Directors, Seabury Charitable Foundation
- Board of Directors, Church Home of Hartford, Inc.



DONNA R. GALLUZZO, Ph.D.

- President & CEO, HMS Healthcare Management Solutions, Inc.
- Past President and COO, Connecticut VNA, Inc.
- Board of Trustees and Executive Committee, Connecticut Business & Industry Association (CBIA)
- Treasurer and Board of Directors, Women Organizing Women Political Action Committee
- Senatorial Inner Circle, Presidential Task Force participation
- Board of Directors, Protein Sciences Corporation
- President, Board of Directors, Goodwin College Foundation
- Board of Trustees, Goodwin College
- Past Treasurer and Board of Directors, Young Presidents' Organization (YPO-CT)
- Past Board of Directors, Connecticut Association for Home Care and Hospice
- Past President and Board of Directors, National Association of Women Business Owners (CT)
- Past Board of Trustees, Independent Day School
- Past Vice President, Board of Directors, Seabury At Home, Inc.
- Board of Directors, Seabury At Home, Inc.
- Board of Directors, Church Home of Hartford, Inc.



JOSEPH H. WALTON

- Sales Management & Marketing Executive, CIGNA Corporation/Retired
- Consultant to Plan Administrators for healthcare benefits industry
- Past Chairman of the Board, American Heart Association, Hartford Chapter
- Executive Council, St. Ambrose University President's Club
- Vice President, Connecticut Continuing Care Residents Association
- Treasurer, National Continuing Care Residents Association
- Treasurer, Board of Directors, Seabury Memory Care Center, Inc.
- Resident Director (term ended November 2011), Board of Directors, Church Home of Hartford, Inc.

(Mark Hopper, and Joseph Walton retired from the Church Home of Hartford, Inc. Board in November 2011.)

Directors Elected in November 2011



MARK A. HOPPER

- Associate Principal, Fletcher Thompson
- Past Partner, Schoenhardt Architecture and Interior Design
- Registered Architect, Connecticut, New Hampshire, New Jersey, New York, Vermont
- Past Principal, Bostwick & Hopper
- Past Member, Jeter Cook & Jepson
- Member, Strategic Planning Committee, Emanuel Lutheran Church, Hartford
- Member, American Institute of Architects, Society of Marketing Professional Services, Clemson Architectural Foundation
- Church Council Member, Emanuel Lutheran Church, Hartford
- President, Board of Directors, Seabury Charitable Foundation
- Board of Directors (term ended November 2011), Church Home of Hartford, Inc., Chair, Buildings & Grounds Committee



THOMAS E. ANDERSEN

- Director of Engineering, Bartlett Brainard Eacott, Incorporated
- Past Chairman, University of Hartford Construction Institute
- USGBC LEED Accredited Professional
- Board of Directors, Church Home of Hartford, Inc.; Chair, Building & Grounds Committee



MILTON LEWIS HOWARD

- Emeritus- Founder/President of Milton Lewis Howard Associates, Architects
- Registered Architect, CT, NY, MA, NJ, GA, IL, IN
- Certificate holder, National Council of Architectural Registration Board
- Member, American Institute of Architects
- Member, National Organization of Minority Architects
- Past Arbitrator, American Arbitration Association
- Past Chairman, Building & Properties Committee, Christ Church Cathedral, Hartford
- Board of Directors, Church Home of Hartford, Inc.



DONALD C. BERRY, JR.

- Treasurer, Board of Directors, J.M. McDonald Foundation
- Board of Directors, Charter Oak State College Foundation
- Treasurer, Connecticut Continuing Care Residents Association
- Sr. Vice President of Trusts & Investments, Fleet Bank, Retired
- Past Sr. Vice President of Trusts & Investments, Chase Manhattan Bank
- Past Chairman, Asylum Hill Congregational Church Investment Committee
- Resident Director, Board of Directors, Church Home of Hartford, Inc.



JOSEPH P. MERRITT

- President/Owner, J.M. Metals, LLC
- Bloomfield Town Council, Minority Leader
- Past Chairman, West Hartford - Bloomfield Health District
- Choir Member, Bloomfield Congregational Church
- Treasurer, Board of Directors, Seabury Charitable Foundation
- Board of Directors, Church Home of Hartford, Inc.; Chair, Investments Committee



DAVID O. ELLIOTT

- Past Owners' Representative/Construction Management, Connecticut Science Center
- Past Director of Engineering, State of CT, Department of Mental Retardation
- Past Acting Deputy Commissioner and Director Facilities Management and Engineering, State of CT, Department of Correction
- Chairman and Co-Founder, Construction and Maintenance Institute for Criminal Justice Agencies
- Board of Directors, American Society for Health Care Engineering
- Board of Directors, New England Hospital Engineers' Society
- President, Connecticut Hospital Engineers Society
- Board of Directors, Church Home of Hartford, Inc.



THOMAS MOORE III

- Executive Director of the Society of the Increase of the Ministry
- Senior Advisor to CEO for Episcopal Church Pension Fund
- Treasurer for the National Episcopal Church
- Executive Director of the Friends of Canterbury Cathedral in the U.S.
- Board of Directors, Church Home of Hartford, Inc.



WILLIAM R. PEELE, JR.

- Principal, Portfolio Manager, Bradley, Foster and Sargent
- Board of Trustees, Bushnell Center for the Performing Arts
- Board of Trustees, Episcopal High School, Alexandria, VA
- Investment Committee, Trinity Church, Hartford
- Investment Committee, United Way of the Capitol Region
- Board of Directors, Seabury Charitable Foundation
- Board of Directors, Church Home of Hartford, Inc.



In Memoriam

JOHN S. MOBLEY

- Executive Vice President/C.E.O., Seabury
- Licensed Nursing Home Administrator CT
- Past Executive Director, ParkPlace Retirement Community, Denver, CO and Redstone Presbyterian Home, Greensburg, VA
- Past President, Simsbury/Granby Rotary Club
- Member ICAA Advisory Board
- President, Hopbrook Tennis Club
- Certified Fellow, American College of Health Care Associates
- Vice President of Operations, Board of Directors, Seabury At Home, Inc.
- Vice President of Operations, Board of Directors, Seabury Memory Care Center, Inc.
- Board of Directors, Church Home of Hartford, Inc.



GUY CAMBRIA, JR.

- Retired Chairman, President & CEO, Tolland Bank
- Retired Treasurer, The Episcopal Diocese of Connecticut
- Trustee, Donations and Bequests for Church Purposes, Inc. The Episcopal Diocese of Connecticut
- Past President, Greater Hartford Tourism District
- Treasurer, Board of Directors, Seabury At Home, Inc.
- Secretary, Board of Directors, Church Home of Hartford, Inc.

GO! GREEN: AN OUTDOOR WALKING CHALLENGE



*6 months - 26.2 miles - 200 participants -
73 marathoners - 3.5 miles of trails!*

What began in 2004 as a desire on the part of a group of residents to create an extensive series of walking and hiking trails around Seabury, a life care community, has since blossomed into a full-blown environmental wellness initiative. Events such as birding outings, nature walks and a Nordic Walking program increased activity and awareness of the trails among the residents. All this activity eventually led to “GO! Green: Moving Outdoors Towards 26.2,” a challenge program that encouraged participants to complete a marathon distance of 26.2 miles (42 K) over a six month period of time with one rule: the mileage had to be outdoors at Seabury.

With more than 200 participants, the initiative exemplifies the commitment of Seabury’s residents and staff to the environmental dimension of wellness.

First came the trails

Guided by the co-leadership of Seabury residents Jim (Mr. Trail) Trail and Jack Rich, an 11-member trails committee began to meet, discussing the possibility of establishing hiking trails on Seabury’s 66-acre campus. The property includes vast wetlands and acres of dense, wooded forests, which turn beautiful shades of red, orange and yellow in the splendid New England Fall foliage season.

Soon after Seabury’s earliest meetings with Bloomfield’s wetlands commission and the town parks and recreation department to gain approval of the trails project, committee members were out in the fields of shoulder-high grasses

forging their way through raspberry bushes, grape vines and brush, following a guiding philosophy that every tree was a destination and meandering is better than straight.

The first trail opened to Seabury residents in May of 2006 — but that was just the beginning. Work was already underway to create an even more physically challenging trail system. Today, Seabury boasts five elaborate and much-used hiking trails, providing a safe outdoor environment for residents and the Seabury community to use for physical activity, environmental awareness and to celebrate the impressive, spiritual beauty of nature.

Then came the challenge

When Heather Stanton, Director of Resident Services, attended the International Council on Active Aging Conference in 2010, and took part in discussions about the environmental dimension of wellness, the seed was planted for the “GO! Green: Moving Outdoors Towards 26.2” program.

The goal of the program was to motivate residents, along with staff members, to move outdoors to walk, hike or roll on Seabury’s trails. To make the goal of 26.2 miles attainable, participants had six months to complete the distance, logging their progress in increments of one quarter mile (.4 K).

The distance was tracked in one-quarter mile segments because this seemed attainable by everyone, even individuals in skilled care. To expand participation, staff members and able-bodied residents got credit for pushing residents in wheelchairs around the campus. Miles riding in chairs or on scooters all counted towards the 26.2 mile goal.



Next, staying motivated

The GO! Green program was designed to include as many of the dimensions of wellness as possible. “The reason so many residents participated is because we utilized all the dimensions of wellness and tried to pull in every aspect,” said Stanton.

The winter weather was a barrier for residents in completing the marathon. The GO! Green staff strongly encouraged everyone to keep on going even if they only went one-quarter or half a mile. The staff’s motto was “Find a way to ‘yes,’ instead of all the excuses to say ‘no.’”

As of September 2011, of the nearly 200 people who participated in the program, 73 have completed the marathon. Many of the people who completed their 26.2 miles are still walking and hiking, tracking many more miles to their goal.

The rewards of finishing

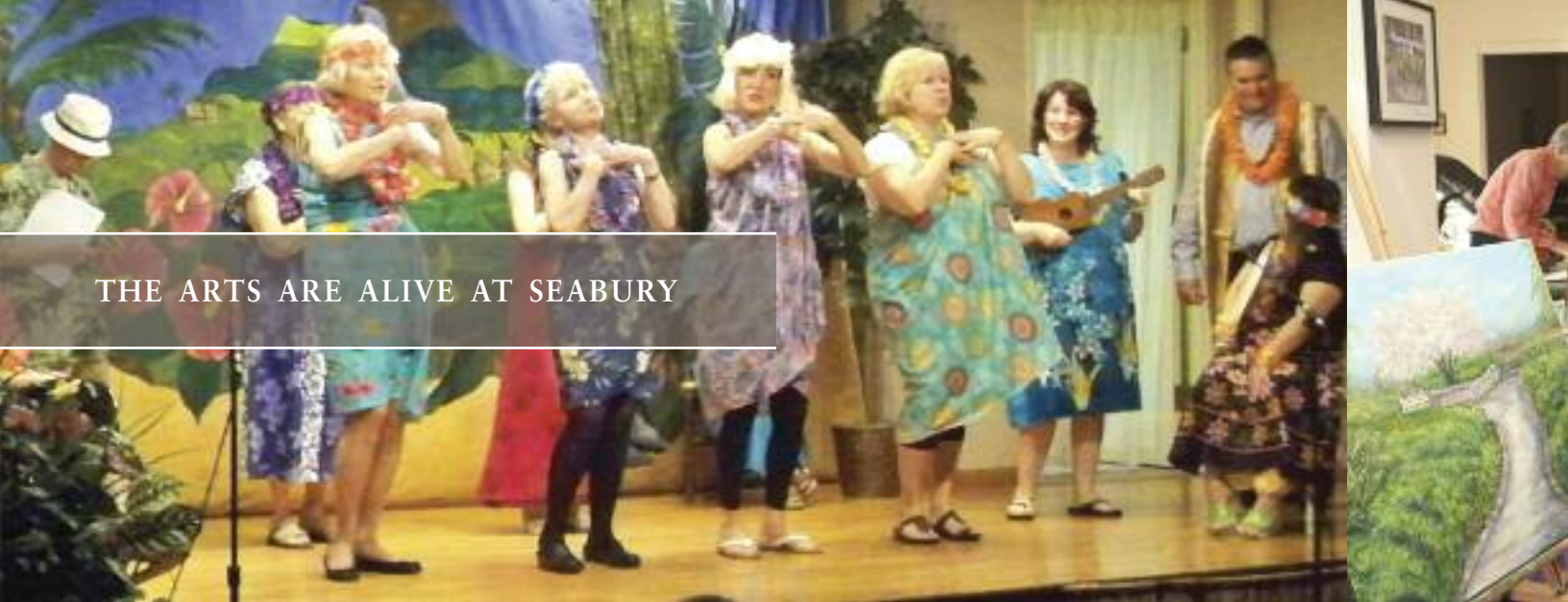
The original deadline to complete the marathon was June 4th, National Trails Day, and Seabury held an event to celebrate the day. Residents who took part in the GO! Green program and completed their marathon were rewarded with a certificate notating how many miles he/she had completed along with a T-shirt that proclaimed ‘I did 26.2’

One incidental benefit that came from the success of the GO! Green program was the social interaction and bonding that took place between not only residents, but also between residents and staff. In particular, residents of skilled nursing were brought out on the trails by Seabury staff members and on different trips to gardens, courtyards and the gazebo, all of which overlook the surrounding countryside.

Seabury is committed to being pioneers in the environmental wellness dimension. The GO! Green initiative is just the beginning of what we plan to accomplish in this area of wellness with the guidance of the Balanced Life Team.

An electronic document that was emailed to more than 5,000 ICAA subscribers – reproduced with permission of the International Council on Active Aging (ICAA).





THE ARTS ARE ALIVE AT SEABURY

In 2011, the Arts continued to be alive and well at Seabury! Our incredibly rich culture of arts was supported once again with visits to many local venues including the Hartford Symphony Masterworks presentations, Hartford Stage and Wadsworth Atheneum.

In January, residents, **Charles Marshall** and **John Passalacqua**, shared their knowledge and passion for photography in a gallery that focused on the world, their adventures in it and the acquaintances they've met along the way. Later in the month, resident and published author, **Bob McComb**, discussed his book, *The History of Old St. Andrews*, and what spurred his interest in the oldest golf course in the world. The **Senior Academy** presented **A Piacere String Quartet** of violins, viola and cello, exploring the connection between math and music.

We celebrated Valentine's Day in 2011 with *That's Amore! A Valentine's Dinner*, featuring fine Italian cuisine and table-side music provided by a student violinist from the Hartt School. Other musical highlights in February included **Cabaret Night**, featuring the piano playing of **Larry Batter**, and later in the month a jazz duo from the Hartt School entertained residents.

With the arrival of spring, we celebrated **Mardi Gras** with a mask making workshop followed by a "Fat Tuesday" social and dinner the following week. Residents enjoyed a performance of Oklahoma at Hartt School. Musical highlights included pianist **Bridget deMoura Castro & violinist Marcia Lehninger**, performing a program of Bach, Mozart and others. Seabury also welcomed the Hartt Young Artists piano Competition Winner in an outstanding evening's performance.

In April, Seabury resident and Author Margaret (Midge) Carson discussed "A Box of Old Letters" – the material and research she used to write her book, *Robert Dunning's Quest*, a historical novel built on family memoirs. Musical highlights included

The Beethoven Chorus – a delightful group of men who presented favorites and a popular Beethoven piece, and **Judy Handler and Mark Levesque** performing music from around the world on guitar and Mandolin.

The month of May got off to a swinging start, with the announcement of the Bi-Annual performance of the musical **BALI HAI**. As always, the production – with a cast and crew of more than 80 residents and staff members – was a huge hit and enjoyed a four performance run. The **Seabury Trails Meditation Guide**, a collection of resident's original artwork, photos, poetry and scripture, emphasizing the spirit of nature was published. Seabury and the Adult Learning Program presented actress **Sally Matson** in her portrayal of abolitionist, suffragist and women's rights activist, **Susan B. Anthony**, late in the month. We welcomed back **The Avery Ensemble**, who performed *Last Word: Late-style Testaments*, its hypothesis that the late (and last) works of many of the finest composers share unifying characteristics regardless of the time period in which they were created.

June brought the **Sound of New England Chorus** – featuring Seabury Staff member Chris Healy – here to entertain residents and families. The "Sweet Adelines," as they are also known, perform barbershop or a cappella style. A 17 year-old high school senior at Hartford Christian Academy, **Lydia Rose Jackson**, performed a voice and violin recital, entertaining with a variety of selections including opera, sacred songs and Broadway scores.

In July, we introduced the **Summer Concert Series**, four summer evenings filled with musical melodies, and offered gourmet delights served outdoors on the main dining deck, with a majestic view of Talcott Mountain Ridge. The musicians were all Hartt School students. We also traveled to the Hill Stead Museum to take part in the **Sunken Garden Poetry and Music Festival**, which featured artists Mark Doty and David Watts and the Chris Casey Ensemble.



August featured pianist **Jeff Wieselberg**, of Avon Old Farms Inn fame, as well as a sizzlin' summer sing-a-long with guitarist **Johnny P**, who performed classics from Nat King Cole, Dean Martin and Elvis! Speaking of heat, residents cooled down at the summer **Ice Cream Social** held under the gazebo. Residents brought along family and friends on this hot summer day, some dressing in calypso attire and jammed out to the sound of the steel drum band, De 4 Ahwee.

Residents took part in **Watercolor/acrylic classes with Dolores Howard** in September, exploring their hidden talents and learning the basic techniques of the mediums. The library committee presented resident author **Dr. Richard (Dick) Bagnall**, who shared his insights into his book *Cholera Fighters*. Late in the month, Seabury welcomed Maestra and Conductor Carolyn Kuan, the new music director of the **Hartford Symphony Orchestra**, who spoke to residents and to the Adult Learning Program (ALP) about the new HSO season.

October had some wonderful arts related events, including resident Joy Floyd, who displayed her artwork entitled *The Good Earth*, at the Artwalk Gallery at Hartford Public Library. The opening reception drew more than 200 friends, family and art lovers. Not to be outdone, Joy's husband, Roger, self-published his first novel, *The Hiddens*, a fictional account of several residents of a retirement community living under witness protection. The theme of this year's Halloween parade through the community was **The Spirit of Broadway**, and the evening concluded with a social revue of Broadway Theater entertainment.

November began with a **Mixer Dinner** and **Gallery Opening**, an opportunity to meet new faces and learn about new places, and to view the photographic art of Will Wohler, son of Seabury staff member, Lori Plude. Actress Karen Tracy portrayed **Katy**, the maid of Mark Twain, which views Twain's life, his wit, charm and emotions, through her eyes in this one woman show. And we were again treated to the music of Seabury favorites **The Alturas Duo**, the unconventional duo whose blend of classical guitar and charango goes well beyond the boundaries of traditional chamber music.

And finally, we were filled with the sound of holiday music in December. Four Seabury residents – Betsy Rich, Betsey Stevens, Joan Sereda and Joy Coughlin joined staff member Chris Healy – to perform as part of the **Sound of New England Choir** at the holiday glee performance. The Seabury Singers and Chimers presented **The Magic of Holiday Songs That Fill Your Heart and Soul**, their seventh annual performance. The Eight member choir **Charter Oak Flutes** – piccolo, C-Flute, alto and bass flutes entertained *Holiday Delights*, and The **Kleznotes Klezmer Band** got toes tapping and celebrated the Hanukkah spirit with uplifting music filled with the heritage of Jewish, Israeli and Russian traditions. Hartt school's prodigy Paul Bisaccia returned to perform **A Classic Christmas**.





REFLECTIONS OF THE YEAR

Go! Green; Can You Do 26.2? — The Trails Committee and the Balanced Life Team launched this initiative, an outdoor walking program highlighting environmental wellness for the entire Seabury community, across the continuum of care: staff and residents included. Participants signed a pledge to walk towards the end goal of a marathon (26.2 miles), whether on Seabury's 3.5 miles of wooded trails or campus walkways. Distance and progress were tracked via a mileage log, with tee shirts and bracelets provided to display a pledge to one's health. It all culminated at our third Annual National Trails Day celebration, June 4th.

'Batter Up' Baking Contest — Seabury sponsored this wonderful event held at the Windsor Senior Center, on February 23rd. Seabury Executive Chef Ken Cassella was a judge and Seabury's award winning pastry chef, Corinne Robar, put on an exquisite baking demonstration. Only Windsor residents were eligible to submit entries into the contest, but Seabury residents were there to cheer on our neighbors! The winner of the contest received dinner for 2 at Seabury, with their entry as the featured dessert.

Spring Travel — Spring tis the season for regional travel, and Seabury residents were going places! Trips included visits to the Culinary Institute of America and the FDR Home, Library & Museum, and a 2 hour cruise around Manhattan, and the Boston Museum of Fine Art for a tour of its new American Wing.

Volunteer Appreciation Event — Seabury's Volunteer Appreciation Celebration was held during National Volunteer Appreciation Week in April. This year we had 207 resident volunteers and 95 community volunteers contribute an estimated 35,000 volunteer hours to Seabury. This included student volunteers from 13 different schools in the area. Our volunteers enjoyed an afternoon of socializing and great food that was topped off by a stellar performance by comedian and vocal impersonator Mark Verselli.

Bishops 5K Walk — Team Seabury once again participated in the Bishop's 5K Walk through West Hartford on May 14th, with all proceeds going to the Bishop's Fund for Children. The Bishop's Fund was established in 1994 under the leadership of Bishop Clarence Coleridge (A Seabury Resident), to enhance awareness of the plight of children at risk throughout Connecticut, to give Episcopalians in Connecticut the opportunity to pray for children at risk, and to raise funds to underwrite social service programs that aid these children in our urban, suburban, and rural neighborhoods.

National Trails Day — Seabury celebrated National Trails Day and the 7th dimension of wellness; The Environment, on a beautiful Saturday afternoon in June. Festivities included short and long walks, hiking on Seabury's trails, and rides on the "Love Bug" for those who had difficulty walking but wanted to enjoy the trails. Seabury is a registered event site for National Trails Day, which is sponsored by the American Hiking Society. This is the 19th Annual National Trails Day, and Seabury is one of over 1,500 sites across the country that has registered to participate. Trails Day was also the culmination of our Go!Green Initiative! Prizes and accolades were awarded to everyone who completed their 26.2 mile Marathon!

Fitness & Wellness Day — A celebration of Seabury's 19th Anniversary was held on June 7, 2011, for adults 55 and over. A variety of seminars, workshops and fitness classes conducted by health and fitness professionals were conducted throughout the day. A record number attended.

From Farm To Plate — Residents headed out to Rose's Berry Farm in South Glastonbury on June 30th, to personally discover what is local and fresh. This excursion was designed for those of us in our community who want to know where our food is coming from, who want to support our local economy and maintain our environment. Eating sustainably is



all about understanding what you're eating. Chef Ken traveled ahead of our group to set the stage for our luncheon, preparing a meal from the fresh produce grown on the farm. We had an opportunity for a tour of the farm before sitting down to enjoy Chef's repast.

Ice Cream Social — Amidst the heat of summer, Seabury residents, family and friends cooled off under the gazebo with some sweet treats, and the breezy Calypso musical stylings of the De 4 Ahwee Steel Drum Band. The event took place on what turned out to be one of the most beautiful August days, and was one of the year's most well attended social events.

The 8th Annual Seabury Charitable Foundation Golf Tournament — This year's tournament took place in late September, at Blue Fox Run golf course, a new home for the event. The tournament was especially poignant in 2011, as it honored the memory of Seabury Executive Vice President and CEO John S. Mobley, the first and only CEO at Seabury during its twenty-year history. Our 8th Annual Tournament was a marvelous success, raising more than \$42,000 for the Seabury Charitable Foundation. Nearly 100 golfers and guests, community business partners, residents and staff members participated via golfing, sponsorships or by contributing items towards the silent auction. Golden ticket items and a live auction of the Personal Chef Dinner for eight, hosted by Seabury's executive Chef Ken Cassella was awarded to multiple bidders paying top dollar for the experience.

ALP Welcomed New HSO Conductor at Seabury — Maestra and Conductor Carolyn Kuan, the new music director of the Hartford Symphony Orchestra (HSO), spoke before members of the Adult Learning Program (ALP) and Seabury residents about her youth, education and the new HSO season. Ms. Kuan is the first female and first Asian conductor, and the youngest conductor in the orchestra's 68 year history.

Bloomfield Schools — Dr. James Thompson, Superintendent of Bloomfield Public Schools, spoke to a group of educators, members of the Bloomfield community and Seabury residents. His lecture highlighted his goal to transform the region into a high achieving school district through continuous improvements in curriculum and academic achievement. According to Dr. Thompson's research, Bloomfield elementary, middle and high school students are performing below their state peers, and it is his goal, through a system of accountability, resource alignment, professional development and stakeholder engagement to close that achievement gap. After he spoke, he answered a round of questions from concerned residents and educators in attendance.

Halloween Parade — The chill in the October air signals that it is once again time to celebrate ghosts and ghouls. Despite winter storm Alfred, AKA "Snowtober" which threatened to shut down Halloween, the show must go on as they say, and indeed it did at Seabury. Employees and residents dressed for the day with the theme being "The Spirit of Broadway," and paraded through Seabury Meadows, through skilled nursing, assisted living and then finally meeting at Heritage Hall in independent living for holiday sweets and refreshments and costume prizes.

A Gala Holiday Reception — Residents joined the Seabury Board of Directors at a gala Holiday Reception. This was a marvelous way to celebrate the warmth of the season.

Gingerbread Brunch — On Saturday, December 10th, Seabury residents enthusiastically participated in a holiday event for the children and grandchildren of Seabury's employees. A delicious brunch was served to all, followed by activities such as face painting, cookie decorating, a visit to The North Pole Store and photos with Santa.

CONSOLIDATED BALANCE SHEET *Year Ended September 30, 2011*

		Assets
Cash		\$7,603,468
Accounts Receivable		\$2,609,337
Inventory Food Service & Health Care		\$13,910
Prepaid Expenses & Tax Deposit		\$670,882
Total Current Assets		<u>\$10,897,597</u>
Loan Receivable from Seabury At Home		\$1,802,428
Endowment - Restricted	\$375,577	
Endowment - Unrestricted	10,056,785	
Endowment - Cost to Market Adjustment	<u>(587,035)</u>	
Total Endowment Funds		\$9,845,327
Land	\$4,471,759	
Buildings	56,671,896	
FF&E	4,435,298	
Accumulated Depreciation	<u>(30,192,382)</u>	
Total Land/Buildings/FF&E		\$35,386,571
Facility Development Costs		\$380,087
Deferred Compensation Plan		\$173,094
Beneficial Interest in Perpetual Trusts		<u>\$1,662,747</u>
Total Assets		<u><u>\$60,147,851</u></u>

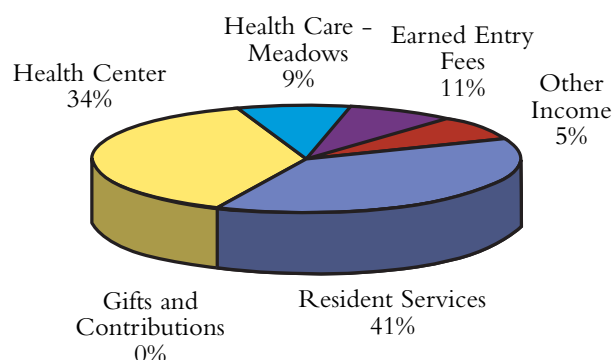
Liabilities and Fund Balance

Current Liabilities:		
Accounts Payable	\$657,048	
Accrued Interest Payable	54,249	
Escrow Deposits Held	676,289	
Other Current Liabilities	<u>747,798</u>	
Total Current Liabilities		\$2,135,384
Future Service Obligation		\$0
Liability Entry Fees:		
Liability Entry Fees - 50 Months	\$17,874,716	
Liability Entry Fees - 67%	18,352,787	
Liability Entry Fees - Plan 85	1,018,808	
Liability Entry Fees - Plan 95	12,578,617	
Amortization - Entry Fees	<u>(18,450,342)</u>	
Total Liabilities Entry Fees		\$31,374,586
Long Term Debt		\$19,520,000
Bond Interest Rate Swap Obligation		\$957,912
Liability Garage Fees		\$63,779
Deferred Compensation Plan Payable		\$173,094
Total Liabilities		\$54,224,755
Fund Balance:		
Retained Earnings	\$6,810,473	
Current Year Earnings	<u>(887,377)</u>	
Total Fund Balance		\$5,923,096
Total Liabilities and Fund Balance		<u><u>\$60,147,851</u></u>

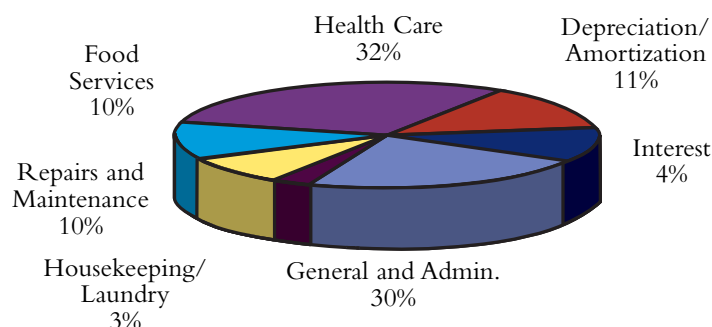
Church Home of Hartford Incorporated year ending September 30, 2011 audited financial statements excluding The Seabury Charitable Foundation, Seabury Memory Care Center, Inc., And Seabury At Home Incorporated.

REVENUE AND EXPENSES *Year Ended September 30, 2011*

REVENUE 2010-11



EXPENSES 2010-11



Revenue:

	2010-11
Resident Services	\$9,710,030
Earned Entry Fees	2,639,666
Health Center	8,120,531
Health Care - Meadows	2,256,066
Contributions and Gifts	45,049
Other Income	<u>1,177,508</u>
Total Revenue	<u>\$23,948,850</u>

Expenses:

	2010-11
General and Administrative	\$6,821,560
Housekeeping /Laundry	562,747
Repairs and Maintenance	2,280,602
Food Services	2,202,928
Health Care	7,183,166
Depreciation/Amortization	2,439,001
Interest	<u>901,719</u>
Total Expenses	<u>\$22,391,723</u>

Revenue less Expenses \$1,557,127

Unrealized Market Gain - Investments (\$442,208)

Change in Interest in Perpetual Trusts (\$83,236)

Loss on Early Extinguishment of Debt (\$961,148)

Change in Interest Rate Swap Obligation (\$957,912)

Change in Net Assets* (\$887,377)

**In connection with the December 2010 debt refinancing, Seabury entered into a swap agreement with TD Bank with a notional amount of \$21,000,000 to fix the variable rate debt at a rate of 3.335%. The resulting change in the fair market value of the swap agreement of (\$957,912) for the year ended September 30, 2011 is reflected in the above revenue and expenses as the Change in Interest Rate Swap Obligation. As part of our debt refinancing, a one-time loss on Early Extinguishment of Debt of (\$961,148) was reflected as well, contributing to the negative Change in Net Assets for this fiscal year.*

AWARDS ACCOLADES ACHIEVEMENTS



MANY THANKS to all our friends and families for voting Seabury “Best Retirement Community” in Hartford Magazine’s 4th Annual Readers’ Poll. **This is our 3rd year in a row in receiving top honors!** We *love* serving our residents, their families, and the greater Hartford community by providing the absolute best in services and programming for successful aging. *We’re glad you love us too!*

Jeanne Mozdzanowski, RN, BSN, Clinical Supervisor for the Visiting Nurses Agency, obtained **Certification as an Integrated Chronic Care Specialist**. This certification enables her to train agency nurses in Chronic Care Management. Patients with chronic diseases, such as COPD, depression, CHF and diabetes are often those with repeated hospitalizations. With Chronic Care Management, nurses will motivate patients through personalized goal-setting and better symptom management, thereby reducing the frequency of hospitalizations, and encourage ongoing wellness through wise choices and healthy behaviors.

Seabury staff members Cindy Harrigan and Heather Stanton, members of Seabury’s Balanced Life Team (BLT), were selected from more than 400 aging industry professionals who submitted perspective presentations, to present their **“Go! Green: - moving outdoors toward 26.2”** at the 2011 International Council on Active Aging (ICAA) conference in Orlando, Florida. The presentation focused on the environmental wellness program (Go! Green:) developed between the BLT and the Seabury Trails Committee. Both Cindy and Heather felt they provided many “useful tools” and informative guidance on how to incorporate an Environmental Wellness program into any curriculum.

Seabury’s pastry chef, Corinne Robar, took first prize in the **Perfect Pie Contest**. The event, sponsored by Karo Corn Syrup, was held at the Big E in Springfield, MA. Corinne’s Chocolatta Loca De Tortuga (Turtle in Spanish) was made with a flour and pretzel based crust, while the filling was caramel flavored, made with sugar water and Karo Corn Syrup and warm cream and butter, with melted chocolate and toasted pecans and walnuts. The pie was absolutely delectable.



Georgette Gregory, a CNA at Seabury Meadows and Louise Butts, a friend of a Seabury Meadows resident were honored by the Alzheimer's Association with an **Excellence in Caregiving Award**. They were selected based on their dedication and ability to go above and beyond in their respective roles, making a great difference in the lives of those affected with dementia.

Seabury Culinary Services department is extremely proud of our superb cuisine and food safety practices. We have far exceeded food service industry standards requiring the designation of a "Qualified Food Service Operator" on each shift. Currently nine employees have received this food safety distinction. Furthermore, Culinary Services Director, Chef Ken Cassella, designed and runs a two part Culinary Apprentice Program. Through written and on the job training, the program covers food safety, terminology, cost control, and culinary skills, culminating in a written exam. Alumni of the program include current culinary staff members Conley Francis and Donovan Lipscomb, and recent graduates include staff members Corinne Robar, Carla Domingo, and Felix Stewart.

Seabury was proud to give to the community by contributing to the opening of the Bloomfield United Methodist Church Soup Kitchen, the first of its kind in the town of Bloomfield. Seabury rallied to the cause and provided donations of a stove, cabinetry, counter tops, and labor from the Environmental Services Department. Seabury staff member Joe McCaulla generously donated his time and expertise to refurbish a commercial refrigerator, donated by the Culinary Services department.

Emily Lauder, Director of Operations and Services for Seabury Meadows, has been collaborating with Bloomfield High School on a project where students take a Life Span & Human Development class. This class helps the students learn about the process of aging and how they can enhance an older person's life. The students are receiving college credits for the academic year-long course which is being taught by UConn Adjunct faculty.





CENTER FOR SUCCESSFUL AGING AND REHABILITATION

Rehab Embraces The Wellness Philosophy

Promoting a philosophy of positive aging and staying well!

In 2011, the Seabury Fitness and Wellness Department and the Seabury Rehab Department merged, bringing together the staff and teams of each in order to better implement Seabury's "Wellness for Life" philosophy. The Department now provides services that include; Fitness Classes, Personal Fitness Training, Massage Therapy, Spa Services, Physical Therapy, Occupational Therapy, Speech Therapy, and Nutritional Counseling. Wellness services are provided to independent residents, members of Seabury At Home, residents in assisted living and skilled nursing, and participants through the Center for Successful Aging, Visiting Nurses, and Care Now. Whether living on or off campus, Seabury has the expertise to help people age successfully.

Sylvia DiBiasi, MSPT, is the Director of Rehabilitation, Fitness and Wellness and is responsible for the overall management and collaboration of the Rehabilitation and Fitness and Wellness teams. She has worked as a physical therapist for over 10 years in a spectrum of care including orthopedic sports medicine, acute care, neurorehabilitation, pediatrics, skilled nursing, home care, and has found her passion in geriatric rehabilitation.

Seabury's vision is a philosophy of staying well, achieved by engaging the participant in physical and educational programs and innovative care. The Rehabilitation staff includes physical therapists, occupational therapists who specialize in areas such as low vision rehabilitation, cognitive impairment, mental health, home care, and wheelchair and adaptive equipment evaluation, and primary speech therapists who help with the diagnosis and remediation of swallowing disorders.

Therapists may offer use of the Biodex Balance System, the latest device in balance technology, designed to improve balance and agility, develop muscle tone, and fall prevention, and/or the Hydroworx Aquatic Treadmill, offering accelerated surgical recoveries, relief from chronic pain and disease, proven weight loss and improved fitness and energy levels.

Residents and members may participate in a wide variety of group exercise classes, such as core essentials, functional strength, Tai Chi, or the latest yoga craze. An added benefit is access to one-on-one personal training sessions. The therapists also make suggestions and discuss the best type of massage technique provided by the massage therapist that may promote pain relief, circulation and relaxation.

After rehabilitation, Seabury therapists work together with the Fitness and Wellness staff to execute a "Wellness for Life" philosophy, which aims towards maintaining a healthy life style. Fitness staff includes three certified athletic trainers, two personal trainers, two massage therapists and a registered dietician.

Seabury's distinctive Center for Successful Aging utilizes resources, technology and programs that provide information, coordination and the motivation people need to age successfully. Programs include the Better Fit Academy, the Better Balance Academy, the Mind Vitality Academy and the Fall Safe/Secure academy, a Home Safety Assessment, and Nutritional Counseling.

The rehabilitation and fitness staff is now working together to meet the physical, spiritual, social, emotional, intellectual, vocational, and environmental needs of members, with an overall end goal of aging well. Wellness represents a balance in all of these areas for "life satisfaction" and "quality of life."



CULINARY



To Eat Is To Feast

We sometimes say ‘any excuse to throw a party’ in Seabury’s Culinary Services department, and 2011 was quite a year for celebration! Long time Director Roy Bauder retired in October and was sent off with a heartfelt farewell reception. Executive Chef Ken Cassella was tapped as Seabury’s new Director of Culinary Services.

Prior to assuming his new role, Chef Ken continued several initiatives, including the Culinary Apprentice Program (CAP) which offered current culinary staff members the opportunity to learn skills to advance their expertise in their profession. Three individuals completed Level One this year – Corrine Robar, Carla Domingo and Felix Stewart, bringing the total of CAP graduates to five.

Safety and sanitation are paramount in any culinary program, and Seabury’s is top notch. During recent inspections by the State of Connecticut, the culinary operation went deficiency-free, and we scored an impressive 98% on our most recent Department of Public Health inspection. To help to ensure that we continue to meet exceptionally rigorous standards for safety and sanitation, ten members of our culinary team, including all dining room managers, became ServSafe-certified in the past year. This industry standard three-year certification provides comprehensive education and testing on proper food handling and sanitation.

We also held our 2nd annual “Farm-to-Plate” luncheon where residents visit a local farm, and our culinary team prepared a sumptuous feast using locally grown products on site. This year Rose’s Berry Farm was kind enough to host our group of 30 who feasted on a smorgasbord of dishes with the distinction of being ‘Connecticut grown. The trip was a sellout for the second year, so Chef Ken and his culinary team planned a farm-to-plate luncheon at Seabury for those who missed the trip.

With a breathtaking view of Talcott Mountain and a spectacular outdoor living area, having a concert series only seemed natural. The four-concert series featured musicians from The Hartt School of Music. Each concert featured a different genre of music, along with a specialty menu to compliment the musical selection. Limited to 25 residents, the series was applauded by attendees for the intimate setting and personal exchanges the setting permitted between the guests and musicians.

The historic snowstorm and power outage that accompanied Winter Storm Alfred in 2011, provided Culinary Services with a unique opportunity to shine. Typical daily meal production at Seabury is 600 meals per day. Given the widespread impact of this storm, literally everyone within the larger Seabury family was either personally impacted or had family members impacted by the outage. Without hesitation, Seabury opened the dining room to everyone in need of a meal. Over the course of the nine-days that the Greater Hartford area was without power, the Culinary Services staff prepared and served over 16,000 meals that were much needed and welcomed by residents, families, friends and staff.





SEABURY CHARITABLE FOUNDATION

Welcome Friends, Old and New ...

For our old friends who have generously supported us through the years, Seabury Charitable Foundation will celebrate its *sixteenth year in 2012!*

For our new friends and supporters, the Foundation was established in 1996, as the philanthropic arm of Church Home of Hartford to receive gifts and manage the distribution of donated funds.

Since its inception in 1996, the Foundation has provided more than \$2 million dollars in benevolent support to individuals in need.

The primary mission of the Seabury Charitable Foundation is to provide financial assistance, known as Benevolent Support, to residents who have exhausted their financial resources through no fault of their own. With the support of the Foundation, no one has ever

been asked to leave Seabury due to an inability to meet their monthly fee.

The Foundation's secondary mission is to support and enhance the quality of life, programs, and services for all residents of the Seabury community. Meadows residents enjoy activities and programs funded by the Meadows Activities Fund, and many Seabury residents enjoy activities and programs made possible through the Therapeutic Technology Fund.

It is only because of the generosity of our donors that we are able to realize these extraordinary accomplishments.



A gift in *any* amount truly makes a difference for everyone in the Seabury community. We extend a heartfelt thank you to our many donors for supporting Seabury Charitable Foundation this year.

2011: A Year in Review

Since the Foundation's inception in 1996, we have provided more than \$2 million dollars in benevolent support. The generosity of our donors has permitted us to build an endowment with assets in excess of \$5 million dollars. This generosity permits us to ensure that benevolent support will be available to those who find themselves in need for many years to come.

Fundraising has been extremely challenging during this period of financial uncertainty for our country.

We truly appreciate the generosity of those people who have included Seabury among their philanthropic commitments. This support has been instrumental in securing the future for many, many people.

The Foundation's fundraising goal for FY11 was **\$466,964**. Thanks to prudent oversight by the Foundation Board who develops investment policies with Webster Financial Advisors, the endowment funds have been able to weather these turbulent market conditions fiscally sound. Additionally, a generous bequest from a Seabury resident (see article below) provided a significant boost in helping the Foundation meet its established goal. At the end of the fiscal year, the Foundation had raised **\$758,727**.

A Pioneer Secures the Future

In June, we were notified of a generous bequest from *The Estate of Barbara Crampton*. Barbara was one of Seabury's pioneers and felt a strong commitment to secure the future for her friends and neighbors in need.

Her daughter, Ann Crampton, personally presented a check for \$250,000 to Seabury's CEO, John Mobley. Ann shared with us that her mother was grateful for the many ways that Seabury and her fellow residents enriched her life.

By providing for Seabury in her will, Barbara helped build a secure legacy for her friends and neighbors.



“Drive it to the Green” Bus Delivers!

The theme of the 7th Annual Seabury Charitable Foundation Golf Tournament in 2010 was “Drive it to the Green” with the proceeds from the tournament pledged toward the purchase of a new 21-passenger bus to replace one that served us well, but was very tired!

The new bus, a Goshen Motor Coach with a GMC chassis, was delivered in February 2011, and immediately put in service for weekly shopping, trips and tours.

Heartfelt thanks to the many donors who made the purchase of our new bus a reality!

Resident Donation Keeps on Giving

When a resident makes the difficult decision to stop driving, it can be comforting to know their car can be a valuable tax deduction.

In July, resident Della Nolte donated her Mercedes E320 to the Foundation for auction. Proceeds from the auction were added to the Foundation’s permanent endowment.

As high bidder, Seabury staff member, Jane Ahlquist now rides in style!

8th Annual Golf Tournament Honors John Mobley

The 8th Annual Seabury Charitable Foundation Golf Tournament took place on Tuesday, September 27, at Blue Fox Run golf course. This year’s tournament was especially poignant as it honored the memory of Seabury Exec. VP and CEO, John S. Mobley, the first and only CEO at Seabury during its twenty-year history. Once again, NBC 30 meteorologist Bob Maxon, a close friend and neighbor of John, served as the guest emcee. By early afternoon, morning haze had lifted and provided a splendid day for golf.

Although the event was delayed for two weeks due to the historic flooding of September 2011, nearly 100 golfers and guests, community business partners, residents and staff members rallied to honor John’s memory and to ensure the tournament’s success. And what a success it was, raising more than \$42,000 for the Seabury Charitable Foundation. A portion of the proceeds from this year’s tournament have been dedicated to Seabury’s Therapeutic Technology Fund which funds programming for Seabury residents using advances in technologies to enhance quality of life and diversity of social, recreation, intellectual and educational opportunities.

2011 ANNUAL GIVING

C = CHHI Board Member
S = Seabury Charitable Foundation Board Member
M = Seabury Memory Support Board Member
A = Seabury At Home Board Member

Annual Appeal

Mr. Lawrence Albert
Mr. Thomas E. Andersen (Thomas-C)
Anonymous (9)
Miss Doris Armstrong (Doris-S)
The Seabury Auxiliary
Mr. & Mrs. Stuart Babcock
Maynard & Jeanette Bartram
Mr. & Mrs. Don Berry (Don-C)
Ms. Ingrid Boelhouwer
Mr. Robert B. Bossler
Reverend & Mrs. Paul Briggs (Paul-C, A)
The Anne & Kenneth Brock Fund of the Cape Cod Foundation (Ken-S)
Mrs. Anne Cook
Roberta Cosby
Reverend Clark & Joy Coughlin
Mrs. Asho Craine
Mrs. Mary Lou Dibble
Ms. Catherine E. Dondanville
Bishop Ian T. Douglas (Ian-C)
Mrs. Anne M. Eglinton
Mr. David Elliott (David-C)
Mr. Charles Ferguson
Mr. & Mrs. Elihu Fishman
Jackson W. Foley
Ruth Goldfarb
Mr. & Mrs. Charles Hardersen (Bette Jane-C, S)
Mrs. Madelyn Heiman
Mrs. Jeanne Hunciker
Mr. & Mrs. Richard Keefe
Mrs. Shirley Keezing
Mrs. Billie Levy
Mrs. Mary Lipman
Mrs. Mary Lowe
Mr. & Mrs. Gale A. Mattison (Gale-C)
Reverend & Mrs. Borden W. Painter, Jr. (Borden-M, A)
Mr. & Mrs. Raymond J. Payne (Ray-S, A, M)
Mrs. Helen Ross
Mrs. Lois Schmidt
Mrs. Joan Sereda
Mrs. Celeste Sheldon
Carol M. Sparhawk
The Women of St. James Episcopal Church
Mrs. Betty H. Stevens
Mr. & Mrs. Ralph Sundquist
Mrs. Betty-Lisle Swanson
Mr. & Mrs. William Thompson (Bill-C)
Mrs. Doris Toller
Mrs. Alice R. Turcotte
Mrs. Priscilla Viets (Priscilla-C, S)
Reverend Richard & Susan Watson
Mr. Richard Weiss
Mrs. Betty Willis
Mrs. Joan Wister

Benches

Linda P. Kulick
Maureen Price-Boreland

Bequest

The Estate of Mrs. Barbara Crampton
The Estate of Mrs. Alida Jewett
The Estate of Mrs. Carolyn Ziemien

Chaplaincy

Mrs. Joan Cox
Mr. & Mrs. Keith Hook
Mrs. Mary Lowe
Ms. Sylvia Van Sinderen

Charitable Gift Annuity

Anonymous (1)
Mr. David Swicker

Charitable Giving

GoodSearch
Mrs. Mary Lowe
Wintonbury Art League

Golf Tournament

Mr. Douglas Adams
Anonymous (1)
Mr. & Mrs. Stuart Babcock
Mr. & Mrs. Don Berry
Terry Boulton
The Anne & Kenneth Brock Fund of the Cape Cod Foundation (Ken-S)
Jean Broders
Myles Brown
Colin Burr
Mr. Richard Cohen
Bishop & Mrs. Clarence Coleridge
Reverend Clark & Joy Coughlin
Matt Coughlin
Mrs. Dorothy Dehm
Mrs. Margaret Donovan & Mr. William Pearse
Shirley Dudley
Mr. James Farrell
Nick Foligno
Dr. Donna Galluzzo (Donna-C)
Mr. & Mrs. Sid Garvais
Mr. Martin Geitz
Mr. Andy Glassman
Dr. Jerry Graham
Mr. Mark Grieco
Mr. & Mrs. Rus Hauswirth
Alan S. Hughes
Mrs. E. Jean Hughes
Mr. & Mrs. Richard Keefe
Mr. J. Michael King
Laura Knudson
Mary & Ed Kowalski
Mrs. Trudy Lovell
Mrs. Mary Lowe
A. Raymond & Lori Madorin (Ray-C, S, A, M)
Marcie Maffeo
Mr. David Martino
Fred McClafferty
Mr. & Mrs. Frank McNulty
Mr. Allen Molin
Ms. Mag Morelli & CANFPA
Michael O'Brien
Mrs. Marye Gail Harrison & Mr. John Passalacqua
Mr. Darrell Pataska
Christopher Porter
Douglas Reed
Mrs. Bernie Robertson
Mr. Michael Robertson
Mr. Greg Servidio
Frank Santa-Donato
Pat Singer
William Sodal
Robin Stanwick
Mr. & Mrs. Robert Stanwood (Bob-C, S, A)
Dan Sullivan
Mr. & Mrs. David Sullivan
Mr. David Swicker
Mrs. Estelle Taylor & Lynette A. Grande
John A. Taylor
Dr. Jeffrey Tencer
Mr. & Mrs. Joseph Walton (Joe-C, M)
Mr. Michael Walton

Honorariums

Peter Deckers, MD
In Honor of Margaret Madden
Mrs. Sally Foster
Mrs. Dorothy Smith,
In Honor of Grace Richter

continued on next page

2011 ANNUAL GIVING *(continued)*

Love Thy Neighbor

Mr. Doug Adams
Anonymous (18)
The Seabury Auxiliary
Mr. & Mrs. James W. Bain (*Connie-C*)
Mr. & Mrs. James Ballard
Mr. Torvald Bertinussen
Mr. Robert B. Bossler
Mr. & Mrs. Dave Bradley
Mr. & Mrs. Kenneth S. Brock
Mr. & Mrs. Harold Buckingham
Miriam Butterworth
Mr. Guy Cambria (*Guy-C*)
Mrs. Frances Carpenter
Bernice Carr
Mrs. Margaret Carson
Mrs. Louise Chase
Bishop & Mrs. Clarence Coleridge
Mrs. Anne Cook
Reverend Clark & Joy Coughlin
Mr. & Mrs. David H. Crombie (*David-M,A*)
Mr. & Mrs. Pete Cruikshank
Miss Lorna Daniels
Peter Deckers, MD
Mrs. Dorothy Dehm
Anne Desrosiers and Elaine Lamothe
Mr. & Mrs. Hans Deutsch
Mrs. Mary Lou Dibble
Ms. Catherine E. Dondanville
Mr. & Mrs. Thomas E. Dunham
Mr. Jim Eacott
Mrs. Sally Emmel
Mr. James Farrell
Jean F. Filer
Mrs. Donna Galluzzo
Mr. & Mrs. Sid Garvais
Ms. Jean M. Gould
Mrs. Winifred Granger (*Winnie-S*)
Mrs. Florence Grieb
Charles & Prudence Griffin
Timothy Griffin
Mr. & Mrs. Charles Hardersen (*Bette-Jane-C,S*)
Mr. & Mrs. Arthur Harckham (*Laura-C,M*)
Mrs. Dorothy Hassett
Mrs. Lillian Hilbert
Mr. & Mrs. Charles Holmes
Mrs. Jeanne Hunciker
Mr. Barton Jenks
Mrs. Rita Jepsen
Mr. & Mrs. Evan R. Johnson
Mrs. Ethel Larus
W. H. Lindsay, Jr.
Mrs. Mary Lipman
Mrs. Elaine Luckey
Mr. Robert McComb
Mrs. Matilda Meyer
Mr. & Mrs. J. Thomas Montgomery
Ms. Alberta Morris
John M. Olson
Mrs. Mayre Gail Harrison & John Passalacqua
Mr. & Mrs. Raymond J. Payne
William & Agnes Peelle, Jr. (*Bill-C,S*)
Mrs. J. Grace Richter
Mrs. Lois Schmidt
Mrs. Betty H. Stevens
Eleanor Sulston
Mr. & Mrs. William Taylor
John A. Taylor
Linda Taylor
Gertrude Thompson
Mrs. Patricia Walker
Ms. Margery Weed
Estelle Wilson
Mrs. Beverly Wood

Resident Activities

Anonymous
Mr. Sydney Barnett
Mrs. Shirley Keezing
Mr. & Mrs. Seth Leacock
Darolyn Gimbrone & Robert Bowsza
June Lockhart
Merilee Vanduzer
Lorraine & Donald Perkins
Marshall & Lila Cohen
Beth Chapdelaine
Jean Paterwic
Isabelle & John Van Duzer
Richard Whipple

Tithe

Reverend Clark & Joy Coughlin

Vehicle Donation

Mrs. Della Nolte

2011 Memorials

In Memory of Robert Berman
Mr. Al Tager

In Memory of David Buffum
Barbara & Ed Prasse

In Memory of Barbara Clements
Mr. Al Tager

In Memory of Barbara Crampton
Patricia Carr & Edward Dunn
Mrs. Jane Doble
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Bruce & Leona Opp
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Mr. James Trail & Mrs. Nancy Kline
Linda Tobey

In Memory of George Damato
Mr. & Mrs. Elihu Fishman

In Memory of James B. Dibble
Mrs. Mary Lou Dibble

In Memory of Thomas Dunham
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Mr. & Mrs. Joseph Walton
Reverend Jervis Zimmerman

MISSION STATEMENT



Seabury feels a strong moral commitment to those it has admitted into its care. To help fulfill this commitment, the Seabury Charitable Foundation was inaugurated in 1996.

The Seabury Charitable Foundation's mission is to:

- Promote the overall welfare and enhance the quality of life of persons served by Church Home of Hartford, Incorporated (CHHI), d/b/a Seabury.
- To solicit, receive, and accept public and private gifts, grants, and other funds in furtherance of the charitable purposes and mission of Seabury.
- To make every effort to furnish financial assistance when needed to enable the people served by Seabury to become or remain a resident.
- To promote education, enhance communications, and develop innovative programs to maintain a high quality of life and promote a diverse population of older people served by Seabury.
- To assist Seabury with the development, acquisition, improvement, and support of residential and health care facilities.

In Memory of Ilse Freiburger
Mrs. Carol Fine

In Memory of Jane Gimbrone
Beth Chapdelaine
Marshall & Lila Cohen
Darolyn Gimbrone & Robert Bowsza
Theodore & Anne Haveles
June Lockhart
Joseph Milton
Jean Paterwic
Lorraine & Donald Perkins
Isabelle & John Van Duzer
Merilee Van Duzer

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Mr. Al Tager

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Mrs. Ruth Goldfarb

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COMMUNITY OUTREACH SERVICES

Experienced Positive Growth in 2011

Seabury is pleased to offer the options that allow people to remain successfully at home, knowing that 80-90% of older adults prefer to stay in the comfort of their own home as they age.

Seabury At Home (SAH) is Life Care at Home. SAH members have Life Care contracts with Seabury, the same as residents living on campus. Members receive coverage of future long-term care in their home or on the Seabury campus, and can participate in the fitness and wellness programs as well as in other activities. Some members may plan to transfer to campus, while others prefer to remain in their own home with peace of mind knowing that Life Care with SAH will assist them if needed in the future.

Seabury Visiting Nurses (SVN) is a home health care agency licensed by the CT Department of Public Health and provides services based on physician orders such as Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Medical Social Worker, and Home Health Aide. Services are typically short-term and paid by Medicare, Medicaid, or private insurance. SVN serves residents on campus, SAH members and clients in the greater community.

Seabury Care Now (SCN) is a non-medical, homemaker/companion agency that provides private duty home care services including personal care, homemaker/companion, and transportation services. Private nursing services such as case management and medication management are also available. Clients can receive services on short-term or long-term basis. Services are paid on a private pay basis. Similar to SVN, SCN services are provided to residents on campus, SAH members and clients in the greater community.

For more information about Seabury's Community Outreach Services, please call 860-243-6077.



MISSION STATEMENT

We are committed to meeting the physical, spiritual and emotional needs of the people we serve by providing services, accommodations, and resources that will assure the highest quality of life for residents, clients and employees through a philosophy of "Wellness, Compassion and Assistance." We are committed to enabling people to lead their lives fully with dignity and joy by the use of resources available to us according to the highest level of good stewardship. We shall make every effort to furnish financial assistance when needed to assure use of our facilities and services. We are committed to carrying out our purpose, by fully accepting God's love and all that means both for us and all whom we serve.

MANAGEMENT TEAM & MEDICAL STAFF

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Lavern Wright, M.D.
Internist

 **Seabury** **OPERATING
STATEMENT**

*We are dedicated to providing
the highest quality of life
to the people we serve
through excellence in
personalized service.*

Seabury's Continuum of Services


Seabury 860-286-0243
An Active Life Care Community

**BEST OF
Hartford
MAGAZINE
2009
2010
2011**

- Life Care
- Future Long Term Care Covered at Essentially No Additional Cost
- 18 Residence Styles (apartments, cottages and villas)
- Fitness & Wellness Programs
- Intellectual, Social & Cultural Events and College Level Courses


Seabury
At Home 860-286-0243
your life. your future. your choice. www.seaburyathome.org

- Life Care At Home (in your own home)
- A Personal Health Coordinator (available via phone 24/7)
- Access to Seabury's Fitness Center, Social, and Wellness Programs
- Future Long Term Care Covered at Essentially No Additional Cost


Seabury
Assisted Living 860-286-0243
The Views

- Social, Intellectual, Fitness and Recreational Programs
- Assistance with Personal Care
- Transportation Services


Seabury Meadows 860-286-0243
MEMORY SUPPORT CENTER

- Memory Support Assisted Living
- Licensed Nurse on site 24-hours per day
- Assistance with Personal Care
- Respite Care Available


Seabury
Skilled Nursing
The Brewer And Davis Centers 860-286-0243

- 24-Hour Skilled Nursing & Support Staff
- Resident Centered Care
- Short-term Rehabilitative Services
- Long-term Care


Seabury
Visiting Nurses 860-243-6077

- Skilled Nursing Services
- Rehabilitative Services
- Home Health Aides/ CNAs
- Homemakers/ Companions


Seabury
care now 860-243-6077
for your immediate needs at home

- Personal Care • Care Coordinated Services
- Companionship • Meal Preparation
- Transportation • Assistive Technology


Seabury
Rehabilitation 860-286-0243

- In-patient Services
- Out-patient & Home Care Services
- Physical Therapy – Including Aquatic Therapy
- Occupational Therapy & Speech/Language Pathology


Seabury
Center for Successful Aging 860-243-6091

- Better Fit Academy
- Mind Vitality Academy
- Better Balance Academy
- Biodex Fall Risk Assessments

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