Seabury MONTHLY

www.seaburylife.org

AUGUST 2019

Seabury At Home

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SEABURY AT HOME ANNUAL MEETING ANNOUNCED

Ranjana Chawla; At-Large Nominee

K. Dexter Cheney; At-Large Nominee

As a Seabury At Home Member, you have a great opportunity to visit Seabury and to sit in on your Annual Meeting, which is coming up later this month! In this Newsletter, you'll be able to learn more about the current SAH Members up for new appointments for the Member-At-Large officer positions for the term of Oct. 1, 2019 - Sept. 30, 2020.

You'll also observe a presentation by the SAH Administration, which will include Renée J. Bernasconi, President & CEO of Seabury; Christine T. Dupont, VP of Marketing & Communications; and Nicholas C. Olear, Director of Community Outreach Services. This presentation will be followed by a Q & A session and the chance for you, our Membership, to ask any questions or voice any concerns. The schedule of events for our meeting, which will be held in The Bishops' Chapel on Level 3, will be as follows:

9:30 a.m.—10:00 a.m.: Registration & Coffee.
10:00 a.m.—11:15 a.m.: SAH Presentation with Renée, Christine & Nick.
11:15 a.m.—12:30 p.m.: SAH Member Council Presentation & Voting.
12:30 p.m.—1:30 p.m.: Complimentary lunch in Seabury's Main Dining Room.

To RSVP by Mon., Aug. 19, please contact Cherie Shaft, Community Outreach Services' administrative assistant, at 860-243-4023. We hope you all can make it to this exciting day, exclusively for you, our SAH membership!

Welcome to SAH, Cindy!

Cindy Harrigan, who previously worked for Seabury in Community Outreach Services, has returned and joined SAH as your new Personal Health Coordinator (PHC). A social worker, Cindy has been in healthcare and aging services most of her career and is "grateful" to be back at Seabury!

Seabury welcomes The Rev. Jenn Pilat as its new Chaplain! Coming to us from the Virginia Theological Seminary in Alexandria, Chaplain Jenn began on July 1, 2019.

The next SAH Member Council Meeting will take place on **Fri., Aug. 9, 2019 at 10:30 a.m. in The Board Room.** SAH Members with questions or concerns are encouraged to attend the meeting. The easiest way to access The Board Room is by parking at Hilltop, walking through Door 15 and taking your first left down the hallway. The Board Room will be on the left. If you have any questions, please contact Nancy Kramer, your SAH Member Director, at 860-243-8558 or SAH Council VPs Larry Smith at 860-633-2697 or Dexter Cheney at 203-624-8937. We look forward to seeing you at the Annual Meeting and of course at anytime, during our standing monthly Council Meetings on the second Friday of each month.

PRESIDENT'S POST — By: The Rev. Stanley C. Kemmerer

Please come to our Annual Meeting on Aug. 22, 2019! At last count, we are a Membership of 208. Twenty percent in attendance constitute a quorum to conduct business. There are changes to the By-Laws to approve, officers to elect, and reports from the Administration to receive (including — blush — fee changes and their justification!). In addition, Q & A time. And, likely, introductions followed by a well-appointed lunch. A Chaplain has begun her duties. A PHC has returned. A Director of the Seabury Charitable Foundation has been appointed. Remember — Seabury At Home Members have a tab in the Seabury Residents and Members area. Equal billing! It is now possible to access the profiles of Seabury At Home Members, and for us each to add to the information we are willing for all to see about our hobbies, our work and where we've lived. This access is, of course, password-protected for Members only. I look forward to seeing you on the 22nd of August!

RANJANA CHAWLA — NOMINEE FOR MEMBER-AT-LARGE

Ranjana and her husband, Surendra, moved to Bloomfield in Dec. 2017 from West Hartford, where they lived for 40 years. Ranjana has been a very active community volunteer for several different organizations including the Junior League of Hartford, the American Red Cross, Riverfront Recapture and Saint Francis Hospital and has held leadership positions in them. Her special interest has been fund raising. Ranjana and Surendra have been part of Seabury At Home since May of 2018 and have enjoyed the many available amenities and look forward to participating in more recreational and social activities that is offered. They both enjoy meeting new people and would love the opportunity to get to know the Staff and Residents of Seabury better. Ranjana also hopes that her experience working with non-profit organizations will be of value to the Members.

K. DEXTER CHENEY — NOMINEE FOR MEMBER-AT-LARGE

K. Dexter Cheney and his spouse, Barbara, live in Hamden. They have been Members of Seabury At Home since March of 2016. Although technically retired, they both actively continue to serve as priests in the Episcopal Church of Connecticut. Barbara is a competition ballroom dancer and jazz drummer. Dexter enjoys woodworking and all things railroad. He also holds BBA, MBA and Mdiv. degrees. He is finishing his first term on the Seabury At Home advisory Council. He also serves on the Patient-Family Advisory Council of the Northeast Medical Group, part of the Yale New Health System; and the board of a donor-advised fund administered by the Hartford Foundation for Public Giving. He believes that Seabury and Seabury At Home are well run, complementary service-centered organizations that will continue to grow in their collegial relationship through improved communication and cooperation.

AUGUST 2019

Seabury At Home

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
200 Seabury Drive Bloomfield, CT 06002 (860) 286-0243 www.seaburylife.org	***Register** for the Seabury Charitable Foundation Golf Tournament, Aug. 19, 2019 at the Golf Club of Avon! Play golf or just come for dinner!		**1** 9:00 Bank Opens 10:00 Encore Opens 7:15 Movie: Steve Jobs 921	**2** 10:00 Ipad Class BC **12:00 Bears Smoke House BBQ Food Truck HT** **1:00 Cil's on Wheels Ice Cream Truck HT** 2:15 Together to Music CAS 3:00 NO Poets & Writers 7:00 Bridge CAS	**3** 9:00 Men's Mug Club TR 10:30 ISOD Steering Comm. GV 4:30 Drop-In Social HP 7:15 Movie: The Apartment CH
4 2:30 Chapel CH 7:15 Movie: The Apartment 921	**5** 1:00 Open Studio CAS 3:00 MahJongg GR 3:00 Meditation SP 6:45 Duplicate Bridge CAS	**6** 9:00 Bank Opens 9:00 -11:30 Encore Donations 1:00 Encore Comm. CAS 3:00 Knit' N Stitch HP 4:00 No Action Forum CAS 4:30 Drop-In Social HP	**7** 9:00 Hospitality Comm CAS 1:00 Fannie's Book Group TR 1:30 Bereavement Support HP 3:30 Critic's Circle MR 7:00 Cribbage CAS 7:15 Movie: Temple Grandin CH	**8** 9:00 Bank Opens 7:15 Movie: Temple Grandin 921	**9** 10:00 Ipad Class BC 10:30 SAH Council Mtg. BR 11:00 Kelly Allen Lecture: Joint Replacement HH **12:00 Cousin's Lobster Food Truck HT** **1:00 Cil's on Wheels Ice Cream Truck HT** 2:15 Together to Music CAS 7:00 Bridge CAS	**10** 8:00 Food Drive Collection 9:00 Men's Mug Club TR 10:30 ISOD HH 4:30 Drop-In Social HP 7:15 Movie: Scent of a Woman CH
11 2:30 Chapel CH 7:15 Movie: Scent of a Woman 921	**12** NO Health Comm 1:00 Open Studio CAS 3:00 MahJongg GR 3:00 Spiritual Life Comm. SP 3:00 Meditation SP 3:30 Entertainment & Education GV 6:45 Duplicate Bridge CAS	**13** 9:00 Bank Opens 9:00 -11:30 Encore Donations 12:30 Coin Club B 3:00 Knit' N Stitch HP 4:30 Drop-In Social HP 7:15 Krieger and Chase: Cello & Double-bass Duo CH	**14** 1:30 Bereavement Support HP 2:00 Communications Comm. BR 3:00 Low Vision Support Group HH 7:00 Cribbage CAS 7:15 Movie: The Queen CH	**15** 9:00 Bank Opens 10:00 Encore Opens 3:00 Caregiver's Support Group GV 7:15 Movie: The Queen 921	**16** 10:00 Ipad Class BC **12:00 Greekin' Out Food Truck HT** 1:00 Judaic Service SP **1:00 Cil's on Wheels Ice Cream Truck HT** 2:15 Together to Music CAS 7:00 Bridge CAS	**17** 9:00 Men's Mug Club TR 4:30 Drop-In Social HP 7:15 Movie: An American in Paris CH
18 2:30 Chapel CH 7:15 Movie: An American in Paris 921	**19** 8:30 Men's Breakfast MDR 10:00 Dining Comm. - CANCELLED 11:00 SCF Golf Tourney 1:00 Open Studio CAS 3:00 MahJongg GR 3:00 Meditation SP 6:45 Duplicate Bridge CAS	**20** 9:00 Bank Opens 9:00 -11:30 Encore Donations 10:00 2G's GV 3:00 Knit' N Stitch HP 4:30 Drop-In Social HP	**21** 1:30 Bereavement Support HP 2:00 Sports & Games - CANCELLED GV 7:00 Cribbage CAS 7:15 Movie: Sense and Sensibility CH	**22** 9:00 Bank Opens 10:00 SAH Annual Meeting CH 3:00 Parkinsons Support Group GV 7:15 Movie: Sense and Sensibility 921	**23** 10:00 Ipad Class BC **2:00 Tea and Ted Johnson's Photograph Exhibit TR** 2:15 Together to Music CAS 7:00 Bridge CAS	**24** 9:00 Men's Mug Club TR 4:30 Drop-In Social HP 7:15 Movie: Woman at War CH
25 2:30 Chapel CH 7:15 Movie: Woman at War 921	**26** 10:00 Library Committee L 1:00 Open Studio CAS 3:00 MahJongg GR 3:00 Meditation SP 6:45 Duplicate Bridge CAS **7:15 Hypnotist: Melissa Shute HH**	**27** 9:00 Bank Opens 9:00 -11:30 Encore Donations 3:00 Knit' N Stitch HP 4:30 Drop-In Social HP	**28** 11:00 Community Forum CH 1:30 Bereavement Support HP 7:00 Cribbage CAS 7:15 Movie: Summertime CH	**29** 9:00 Bank Opens 10:00 Encore Opens 7:15 Movie: Summertime 921 **8:00 Teddy Bear Campfire Sing-a-long TR**	**30** 10:00 Ipad Class BC 2:15 Together to Music CAS 7:00 Bridge CAS	**31** 9:00 Men's Mug Club TR 4:30 Drop-In Social HP 7:15 Movie: Working Girl CH

All programs are subject to change

Location Key

5TH	5th Flr across from Library
ATR	Atrium
B	Bistro
BL	Bistro Lounge
BC	Business Center
BR	Board Room
SP	Center of Spirituality
918	Channel 918
919	Channel 919
CH	Chapel
CAS	Community Activity Space
DS	Dance Studio
ES	Encore Shop
GR	Game Room
GV	Garden View
HP	Hearthside Parlor
HH	Heritage Hall
HT	Hilltop
L	Library
LB	Lobby
MDR	Main Dining Room
MR	Media Room
NAT	Natatorium
NL	North Lounge
OFF	Offsite
PS	Pilates Studio
SWBR	South Wing Britton Room
SWD	South Wing Dance Studio
TR	Terrace Room
TOS	Top of Stairs
AR	Views Activity Room
VDR	Views Dining Room
VFS	Views Fitness Studio
VL	Views Library
VP	Views Parlor
VTV	Views TV Area
VLR	Views Living Room